
NEW JERSEY AGE-FRIENDLY VIRTUAL FAIR 2022 TABLE DESCRIPTIONS

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TABLES AT A GLANCE

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DETAILED TABLE DESCRIPTIONS

*TIP: CLICK ON THE TITLE OF A SESSION IN THE
TABLES AT A GLANCE TO GO TO ITS DETAILED DESCRIPTION!*

Links to individual video recordings are provided on each session's page. The event's entire playlist is available [here](#).

September 15, 2022 | 9:30 AM | Zoom

A showcase of age-friendly community work
across the Garden State

<https://agefriendlynj.org/nj-age-friendly-virtual-fair-2022>

Session 1: 9:45-10:10 (See pages 5-13)	Presenting Organization(s)	Tags
<u>1.1 The Careers in Aging Exploration Internship: Building the workforce for an aging society</u>	Age-Friendly Teaneck; Brightside Family	Age-Friendly Community Initiative (AFCI) Intergenerational Building Awareness
<u>1.2 Creative Aging with the New Jersey State Council on the Arts</u>	New Jersey State Council on the Arts	Arts
<u>1.3 Generations for Garfield: 2017</u>	Generations for Garfield; The Harpour Group	AARP Community Challenge Grant AFCI Community Engagement Health and Wellness
<u>1.4 Jersey Roots, Global Reach: How Engaged Research on Age-Friendly Communities in New Jersey Is Bolstering the Movement</u>	Rutgers University School of Social Work	Research Building Awareness
<u>1.5 LeadingAge NJ & DE: A Network of Mission-Driven Senior Care Organizations Advancing Quality Aging Services</u>	LeadingAge New Jersey and Delaware	Networks and Coalitions Home- and Community- Based Services Advocacy and Policy
<u>1.6 LGBT Aging with Pride - A Group for Older Adults who Identify as LGBT</u>	Jewish Family & Children's Service of Southern New Jersey; Elders For Equality	Community Engagement LGBTQ+ Diversity and Inclusion
<u>1.7 Preliminary Steps to Forming an Age Friendly Initiative in your Community</u>	Age-Friendly Ridgewood	AFCI Community Engagement
<u>1.8 RU Aging Friendly? The Rutgers Aging Initiative</u>	Rutgers University School of Social Work; Rutgers School of Health Professions	Age-Friendly Universities Networks and Coalitions
<u>1.9 The NJ Care Workforce Crisis: What It Is and Highlights of a State-wide Effort to Address It</u>	PHI: Quality Care Through Quality Jobs; New Jersey Advocates for Aging Well	Home- and Community- Based Services Advocacy and Policy

Session 2: 10:15-10:40 (See pages 14-21)	Presenting Organization(s)	Tags
<u>2.1 Age-Friendly North Jersey: An Alliance of Leaders Strengthening Communities for All Ages</u>	Rutgers University School of Social Work; Age-Friendly North Jersey; Age-Friendly Teaneck	Networks and Coalitions Leadership Development
<u>2.2 Aging in Place: Empowering Community Participation</u>	Rutgers Occupational Therapy Doctoral Program	Research Community Engagement
<u>2.3 Becoming a Dementia Friendly Community: Insights from the National Movement and Experiences at the Local Level in New Jersey</u>	Rutgers University School of Social Work; Bergen County Division of Senior Services; Alzheimer's Association	Dementia Diversity and Inclusion
<u>2.4 Becoming LGBTQ+ Welcoming & Inclusive Age Friendly Communities</u>	Elders For Equality	LGBTQ+ Advocacy and Policy Diversity and Inclusion Building Awareness
<u>2.5 Best Practices Gleaned from Age-Friendly Communities in Bergen County, focusing on Collaboration, Communications, and Events.</u>	Age-Friendly Englewood; Generations for Garfield	AFCI Networks and Coalitions Community Engagement
<u>2.6 Senior Citizen Advisory Committees: A Municipal Resource toward Age-Friendly Communities</u>	Borough of Glen Rock; Glen Rock Senior Citizen Advisory Committee	AFCI Community Engagement
<u>2.7 Snapshot of Supportive Housing for Seniors</u>	Supportive Housing Association of New Jersey; The Corporation for Supportive Housing	Home- and Community-Based Services Housing
<u>2.8 The Master Plan for Aging: Progress in New York and Potential for New Jersey</u>	The New York Academy of Medicine	Advocacy and Policy

Session 3: 10:45-11:10 (See pages 22-29)	Presenting Organization(s)	Tags
<u>3.1 Age-Friendly Bergen County Model – Addressing the Needs of Older Adults in Bergen County</u>	Bergen County Division of Senior Services	AFCI
<u>3.2 Making Lemonade out of Lemons: Understanding the Mobility Options in your Community, Lessons Learned from Creating Age Friendly Community Mobility Guides</u>	New Jersey Travel Independence Program at Rutgers University	Transportation Community Engagement Building Awareness
<u>3.3 Meet and Greet with the New Age Friendly Statewide Collaborative</u>	AARP New Jersey; New Jersey Advocates for Aging Well; Community Foundation of South Jersey	Building Awareness Advocacy and Policy
<u>3.4 Opportunities for Innovation within New Jersey’s Home and Community-Based Services Infrastructure</u>	Justice in Aging; Capital Impact Partners	Home- and Community-Based Services Advocacy and Policy
<u>3.5 Reducing Social Isolation through Digital Inclusion: Digital Equity Projects for Seniors at the Jersey City Housing Authority</u>	Jersey City Housing Authority; Hudson County Community College	AARP Community Challenge Grant Diversity and Inclusion Community Engagement
<u>3.6 The Importance of Coalition Building as Part of the Innovative Collaborative Policing Model.</u>	City of Garfield; Generations for Garfield; The Harpour Group	AFCI Networks and Coalitions Community Engagement
<u>3.7 The Role of a Funder Partnership in Advancing Age-Friendly Community Development</u>	The Grotta Fund; The Henry and Marilyn Taub Foundation	Leadership Development Funding Partnerships
<u>3.8 The Value of Community Collaboration</u>	Township of West Orange, Livingston For All Ages/Township of Livingston	Networks and Coalitions Community Engagement

Session 4: 11:20-11:45 (See pages 30-38)	Presenting Organization(s)	Tags
<u>4.1 Advancing Community Design for All Ages Through Municipal Action: A Mechanism for Local Age-Friendly Policy and Planning Across New Jersey</u>	Sustainable Jersey; New Jersey Future	Built Environment Community Engagement Advocacy and Policy
<u>4.2 The NJ Age-Friendly State Advisory Council: A Public Sector Initiative</u>	Age-Friendly Englewood; Rutgers University School of Social Work	Advocacy and Policy
<u>4.3 Creating a Culture of Giving Back: How to Empower Youth Volunteers</u>	Fair Lawn for All Ages	AFCI Intergenerational Building Awareness
<u>4.4 Fostering a Home-Grown Innovation - Expansion of the Assisted Living Program in NJ</u>	Brightside Family; Capital Impact Partners	Home- and Community-Based Services Networks and Coalitions Health and Wellness
<u>4.5 How to Start the Age Friendly Process in your Community?</u>	Livingston For All Ages/Township of Livingston	AFCI Community Engagement
<u>4.6 Incorporating Age Friendly into the Municipal Master Plan</u>	South Orange Village	AFCI Advocacy and Policy Building Awareness
<u>4.7 Age-Friendly Health Systems: Join the Movement</u>	The John A. Hartford Foundation	Health and Wellness
<u>4.8 The AARP Network of Age Friendly States and Communities- New Jersey Network Updates, and How You Can Get Involved</u>	AARP New Jersey	Networks and Coalitions Building Awareness
<u>4.9 The New Jersey Inclusive Healthy Communities Grant Program</u>	Rutgers University School of Social Work; New Jersey Travel Independence Program at Rutgers	Research Diversity and Inclusion Community Engagement Disability

Table 1.1 (9:45-10:10) [Click Here for Video](#)

Title: The Careers in Aging Exploration Internship: Building the Workforce for an Aging Society

Tags: Age-Friendly Community Initiative; Intergenerational; Building Awareness

Presenter:

EJ Vizzi, Director of Senior Programs; Age-Friendly Teaneck (The Bright Side Family);
ejvizzi@brightsidemanor.org

Description:

The demand for professionals with experience and expertise in aging is growing rapidly as people continue to live longer lives. Age-Friendly Teaneck has been offering a summer internship program to high school students to explore the realm of career opportunities with older adults. Through the internship, we offer a look at the kinds of social services and businesses that are expected to grow in the coming years as our population ages. We connect the interns with professionals who affect the lives of older adults, including nurses, pharmacists, and geriatricians, as well as lesser-expected ones, like architects for universal design, elder law attorneys for end-of-life planning, and technology experts for assistance with seniors' ADLs. We also have the students work with older adults, such as those in independent- and assisted-living communities and those who are volunteering after retirement. Join us to learn how to bring this program to your community.

Join this session to learn about:

- Program building and curriculum planning.
- Coordinating with local partners.
- Intergenerational collaboration and fighting ageism.

Handouts:

- N/A

Table 1.2 (9:45-10:10) [Click Here for Video](#)

Title: Creative Aging with the New Jersey State Council on the Arts

Tags: Arts

Presenters:

- Mary Eileen Fouratt, Program Officer, Access & Community Arts; New Jersey State Council on the Arts; maryeileen.fouratt@sos.nj.gov
- Samantha Clarke, Program Officer, Arts Education & Lifelong Learning, New Jersey State Council on the Arts; samantha.clarke@sos.nj.gov

Description:

The New Jersey State Council on the Arts has expanded our work in Creative Aging with a grant program for arts organizations, libraries, veterans homes, and senior and community centers to hold artist residencies for New Jersey adults 55 and older. For older adults, research has shown the benefits of lifelong learning in the arts include bringing joy, strengthening social engagement, and improving quality of life. When teaching artists work with older adults in any discipline—music, drama, visual arts, creative writing, or movement—participants can expand their skills and confidence, as well as build community with others in the class. Through a variety of programs, the Council provides resources that help older adults fully engage in the arts in New Jersey.

Join this session to learn about:

- The Creative Aging Initiative Grant.
- The Senior Art Show, Local Arts Programs, Families First Discovery Pass.
- Folk Arts for Homebound, Cultural Access Network.

Handouts:

- <https://www.nj.gov/state/njsca/index.html>
- <https://www.nj.gov/state/njsca/discoverypass/index.shtml>

Table 1.3 (9:45-10:10) [Click Here for Video](#)

Title: Generations for Garfield: 2017 Challenge Grant Awardee

Tags: AARP Community Challenge Grant; Age-Friendly Community Initiative, Community Engagement, Health and Wellness

Presenters:

- Shannon Lyons, Research Scientist; Generations for Garfield; The Harpour Group, LLC; shannond.lyons18@gmail.com
- Darleen Reveille, Public Health Nurse (retired) & VP, Business Development; The Harpour Group, LLC; Reveilledarleen@gmail.com

Description:

The City of Garfield was awarded an AARP Challenge Grant in September of 2017. With the award, Generations for Garfield hosted four Pop-up Wellness Centers on consecutive Wednesdays in October through November of 2017. The events were held at the Garfield VFW Hall, and included cooking, exercise, art and technology classes. Attendees also enjoyed a hot catered lunch and full bag of produce on the way out each week. The success of the Pop-up Wellness Centers demonstrated the need for a gathering space and wellness programming for Garfield's older residents. In January of 2018, the Garfield Housing Authority began renovations on a 3-bedroom apartment that was designated as the Garfield Community Engagement Center. The Center was made possible by the Garfield Housing Authority, Garfield Police Department Community Affairs Division, and Generations for Garfield as a result of Garfield's remarkable cross-agency collaborations. The creation of this additional place that is not home, and not work, fills a void for residents who need this particular kind of support in their community.

Join this session to learn about:

- An overview of Garfield's AARP Challenge Grant project.
- How the success of a pilot project demonstrated the need for a permanent change.

Handouts:

- N/A

Table 1.4 (9:45-10:10) [Click Here for Video](#)

Title: Jersey Roots, Global Reach: How Engaged Research on Age-Friendly Communities in New Jersey Is Bolstering the Movement

Tags: Research; Building Awareness

Presenters:

- Emily A. Greenfield, PhD, Professor; Rutgers Social Work; egreenf@ssw.rutgers.edu
- Natalie Pope, MBA, MSSW, CSW, Doctoral Student; Rutgers Social Work; nep48@ssw.rutgers.edu

Description:

In 2015, the Rutgers School of Social Work began collaborating with two private philanthropies and local leaders to spur the development of age-friendly community initiatives in municipalities throughout northern New Jersey. What started as a relatively small evaluation project has evolved into a multi-faceted and long-term program of research, teaching, and engagement on the development, implementation, and impact of age-friendly community initiatives. This table will provide an overview of key insights from the team's years of research and practice with other age-friendly actors throughout New Jersey. We will explain how this collaborative work is uniquely addressing critical knowledge gaps in the global age-friendly movement, while also immediately supporting age-friendly efforts throughout the Garden State.

Join this session to learn about:

- How collaborative research in New Jersey on age-friendly community work has addressed critical knowledge gaps within the global movement.
- How through years of research and practice on age-friendly communities, the Rutgers Social Work team has articulated a community-building approach as program theory for age-friendly community initiatives.
- Key reports about guiding principles and best practices for organizing comprehensive and long-term age-friendly community change efforts.

Handouts:

- <https://agefriendlynj.org/publications-resources/>

Table 1.5 (9:45-10:10) [Click Here for Video](#)

Title: LeadingAge NJ & DE: A Network of Mission-Driven Senior Care Organizations Advancing Quality Aging Services

Tags: Networks and Coalitions; Home- and Community-Based Services; Advocacy and Policy

Presenters:

- Meagan Glaser, Vice President; LeadingAge NJ & DE; mglaser@leadingagenjde.org
- Ivy Beck, Communications & Events Manager; LeadingAge NJ & DE; ibeck@leadingagenjde.org

Description:

Among those currently reaching retirement age, 52% will require long-term services and supports at some point, and for an average of two years. Are you or a loved one seeking or receiving these services? Planning for the future? LeadingAge New Jersey & Delaware (LANJDE) is an association of more than 145 mission-driven, primarily non-profit, senior care organizations advancing quality aging services in NJ and DE through advocacy, education and fellowship. Together with our national partner, LeadingAge, we advance policies, promote practices, and conduct research that supports, enables and empowers people to live fully as they age. Come to our table to learn about how our network—that spans the aging services continuum, including skilled nursing, assisted living, affordable housing, life plan communities, adult day, Program of All-Inclusive Care for the Elderly (PACE), Assisted Living Programs (ALP), hospice, and home-based services—are all working together to build an equitable and inclusive aging services sector with opportunities for all to thrive.

Join this session to learn about:

- The types of senior care organizations across the aging services spectrum that are part of the LANJDE network and how to get connected with providers in your region of the State.
- The mission-driven and not-for-profit difference within the aging services sector.
- How LANJDE offers professional tools and resources to aging services providers to help strengthen the long-term services and supports infrastructure and improve quality of life for older adults in New Jersey.

Handouts:

- <https://leadingagenjde.org/>
- <https://leadingage.org/>

Table 1.6 (9:45-10:10) [Click Here for Video](#)

Title: LGBT Aging with Pride - A Group for Older Adults who Identify as LGBT

Tags: Community Engagement; LGBTQ+; Diversity and Inclusion

Presenters:

- Reva Farenback-Brateman, MSW, CDP, Geriatric Case Manager and Community Educator; Jewish Family & Children's Service of Southern New Jersey; rbrateman@jfedsnj.org
- Richard Hinchman, B.A., M.Div., LGBTQ+ diversity specialist; Elders For Equality, G.S.E.; rikhinch@msn.com

Description:

Living in the suburbs? Not into the bar scene? Older LGBT adults experience many of the same challenges as other older adults such as isolation, loneliness, feeling invisible, anxiety, depression, and the loss of a spouse or life partner. This may be coupled with the added layer of years of discrimination in employment, housing, medical care, bullying, and even violence. By providing a welcoming, friendly environment, this group provides a safe space where individuals can be their authentic selves without fear of judgment or rejection, and meet other older LGBT adults.

Join this session to learn about:

- Issues/concerns of the older LGBT population.
- History of LGBT Aging with Pride beginning in April 2018.
- What we have learned along the way and how others can replicate our success.

Handouts:

- N/A

Table 1.7 (9:45-10:10) [Click Here for Video](#)

Title: Preliminary Steps to Forming an Age-Friendly Initiative in your Community

Tags: Age-Friendly Community Initiative; Community Engagement

Presenters:

- Beth Abbott, Co-chair; Age Friendly Ridgewood; agefriendlyridgewood@gmail.com
- Sheila Brogan, Co-chair; Age Friendly Ridgewood; smbrogan@aol.com
- Danielle Pagani, Infection Disease Preparedness Generalist; Ridgewood Health Department; dpagani@ridgewoodnj.net

Description:

Learn how to launch an Age-Friendly Initiative in your community. The presentation will include information on conducting community assessments and engaging key stakeholders in conversations on aging. Based on our experiences of leading Age Friendly Ridgewood, we will discuss how to develop a community needs survey, processes and questions for interviews and focus groups with stakeholders, and how to solidify connections with key municipal and community departments/organizations.

Join this session to learn about:

- Developing survey and focus group questions.
- How AF Ridgewood was initiated by a volunteer grassroots group.
- A team willing to share information and consult.

Handouts:

- N/A

Table 1.8 (9:45-10:10) [Click Here for Video](#)

Title: RU Aging Friendly? The Rutgers Aging Initiative

Tags: Age-Friendly Universities; Networks and Coalitions

Presenters:

- Dr. Lauren Snedeker, Assistant Professor of Teaching, Coordinator of the Master of Social Work Certificate in Aging and Health; Rutgers School of Social Work; laursned@ssw.rutgers.edu
- Dr. Tracy Davis, Assistant Professor of Teaching; Rutgers School of Health Professions; ted58@shp.rutgers.edu

Description:

The Age-Friendly University (AFU) network consists of institutions of higher education around the globe who have endorsed the 10 AFU principles and committed themselves to becoming more age-friendly in their programs and policies. Faculty from the Rutgers School of Social Work and the School of Health Professions are partnering to advance age inclusivity at Rutgers New Brunswick through an internal grant. The grant will support efforts to infuse anti-ageist content across the university.

Join this session to learn about:

- The Age-Friendly University Global Network.
- The “RU Age Friendly? The Aging Initiative Project.”

Handouts:

- N/A

Table 1.9 (9:45-10:10) [Click Here for Video](#)

Title: The NJ Care Workforce Crisis: What It Is and Highlights of a Statewide Effort to Address It

Tags: Home- and Community-Based Services; Advocacy and Policy

Presenters:

- Amy Robins, Director of Advocacy; PHI; arobins@phinational.org
- Cathy Rowe, Executive Director; New Jersey Advocates for Aging Well; CRowe@njaaw.org

Description:

New Jersey, like other states, is facing a care workforce crisis. In this session, connect with PHI, the leading national organization focused on the paid caregiving workforce, to learn about the care challenges facing New Jersey. Then, hear from NJAAW about a statewide effort to bring together advocates, policy makers, providers, and others to influence positive change. Find out how you can get involved to help build a stronger care infrastructure in the state.

Join this session to learn about:

- An overview of the direct care workforce and key challenges.
- Highlights of a statewide policy advocacy effort to address the workforce challenges.
- Next steps for the coalition and ways to get involved.

Handouts:

- [Essential Job, Essential Care: New Jersey Brochure](#)

Table 2.1 (10:15-10:40) [Click Here for Video](#)

Title: Age-Friendly North Jersey: An Alliance of Leaders Strengthening Communities for All Ages

Tags: Networks and Coalitions; Leadership Development

Presenters:

- Althea Pestine-Stevens, PhD, Research Project Coordinator; Rutgers School of Social Work; althea.ps@rutgers.edu
- Colleen Diskin, Communications Consultant; Age-Friendly North Jersey and Age-Friendly Teaneck; cmdiskin@gmail.com

Description:

A community seeking to become as great a place to grow old as it is to grow up doesn't have to start from scratch. Age-Friendly North Jersey brings local leaders together to learn about best practices and policies, share successes and challenges with each other, and strengthen each other's advocacy efforts to support aging in community. This alliance is a collaboration among private philanthropy (The Henry and Marilyn Taub Foundation and The Grotta Fund for Senior Care at The Jewish Community Foundation of Greater MetroWest New Jersey), higher education (Rutgers School of Social Work), and leaders from 18+ communities in six counties. Come to our table to learn about how this regional "superstructure" supports and amplifies local efforts at all stages of their age-friendly community development.

Join this session to learn about:

- Communications platforms and strategies we use to keep connected and informed, including a listserv, enewsletter, virtual bulletin board, and monthly meetings.
- How our alliance brings together resources from multiple sectors.
- How to get connected with AFNJ – for people in any "region" and stage of age-friendly development

Handouts:

- <https://agefriendlynj.org/>
- <https://padlet.com/agefriendlynj/NJAFVirtualFair2022/wish/2293122476>

Table 2.2 (10:15-10:40) [Click Here for Video](#)

Title: Aging in Place: Empowering Community Participation

Tags: Research; Community Engagement

Presenters:

- Emily Balog, PhD, OTR/L, ECHM, Assistant Professor; Rutgers Occupational Therapy Doctoral Program; emily.balog@rutgers.edu

Description:

Older adults in moderate income suburban communities are increasingly at higher risk for institutionalization, should their health or finances decline, as for many homeowners, the access to their wealth is within the home in which they dwell. This process forces many suburban-dwelling older adults to liquidate their assets to access supports, negating the vision of aging in place. Aging-in-place services are not only preferred by older adults, but they also are shown to be a more cost-effective solution to institutionalization. Older adult participation in community life is shown to enhance aging in place and enrich communities. In collaboration with older adults and community organizations across three municipalities in southern New Jersey, a theory of change was developed to initiate processes to support aging in place. The findings demonstrate a process that utilizes person-centered planning toward consumer leadership in system development and recognizes that aging in place is impacted by health factors as well as social determinants of health.

Join this session to learn about:

- Local communities must first begin to develop an evidence-based understanding of strategies for engaging older adults in the planning development processes.
- The theory of change developed in this study explains that older adults are empowered to participate in one's community when there is support for basic and home living needs, when options for participation match one's level of ability, interest, and values, and when one is invited and knows where to find information about programs, services, or events.
- The next step is to use the theory of change to develop a theory of action with community members.

Handouts:

- N/A

Table 2.3 (10:15-10:40) [Click Here for Video](#)

Title: Becoming a Dementia Friendly Community: Insights from the National Movement and Experiences at the Local Level in New Jersey

Tags: Dementia; Diversity and Inclusion

Presenters:

- Clara Scher, PhD Student; Rutgers School of Social Work; cjs415@ssw.rutgers.edu
- Lauren Snedeker, Assistant Professor of Teaching; Rutgers School of Social Work; laursned@ssw.rutgers.edu
- Kerri Sherer, Deputy Director; Bergen County Division of Senior Services; ksherer@co.bergen.nj.us
- Robyn Kohn, Director of Programs and Services; Alzheimer's Association; rmkohn@alz.org

Description:

This table aims to describe the dementia-friendly communities movement nationally, and to provide an example of local uptake in New Jersey. We will begin with a brief overview of the history of the dementia-friendly movement in the United States. Next, we will explain the potential benefits of residing in a dementia-friendly community among individuals living with dementia and their care partners. We also will describe the process of developing a dementia-friendly community in Bergen County, New Jersey. The Deputy Director of the Bergen County Division of Senior Services, Kerri Sherer, will share how she convened community leaders from different sectors of the community and developed a dementia-friendly action plan.

Join this session to learn about:

- How local leaders in New Jersey can develop dementia-friendly communities in their respective localities.
- How the development of a dementia-friendly community in Bergen County can serve as an example for other counties or towns in New Jersey interested in becoming dementia-friendly.
- How dementia-friendly communities can support individuals living with dementia and their care partners through raising awareness about dementia, enhancing local services, and making improvements to the built environment.

Handouts:

- N/A

Table 2.4 (10:15-10:40) [Click Here for Video](#)

Title: Becoming LGBTQ+ Welcoming & Inclusive Age Friendly Communities

Tags: LGBTQ+; Advocacy and Policy; Diversity and Inclusion; Building Awareness

Presenter:

- Richard Hinchman, LGBTQ+ Diversity Specialist; Elders For Equality, G.S.E.; rikhinch@msn.com

Description:

Are our Age Friendly Communities safe and welcoming to LGBTQ+ elders in our communities? We will talk about who are LGBTQ+ individuals. We will describe the challenges that they experience in life, plus how they bring greater diversity to a group.

Join this session to learn about:

- Defining who are LGBTQ+ elders.
- Unique challenges of LGBTQ+ elders.
- Fabulous inclusion in Age Friendly Groups.

Handouts:

- N/A

Table 2.5 (10:15-10:40) [Click Here for Video](#)

Title: Best Practices Gleaned from Age-Friendly Communities in Bergen County, Focusing on Collaboration, Communications, and Events

Tags: Age-Friendly Community Initiative; Networks and Coalitions; Community Engagement

Presenters:

- Janet Sharma, Coordinator; Age-Friendly Englewood; janet.sharma44@gmail.com
- Shannon Doherty-Lyons, Research Scientist; Generations for Garfield; shannond.lyons18@gmail.com

Description:

Over the past six years, six towns in Bergen County (Englewood, Fair Lawn, Garfield, Glen Rock, Ridgewood, Teaneck, and Westwood) have received philanthropic grant funding to form community collaborations, conduct assessments, gather and analyze data, develop comprehensive goals and plans, and implement strategies to help these communities become "age-friendly." Best practices have evolved, and they demonstrate similarities across the five communities in the areas of community collaborations and coalitions, communications, and community events. Presenters will articulate how these practices are enhancing the age-friendliness of these towns.

Join this session to learn about:

- Why broad-based community coalitions are essential to developing and maintaining age-friendly initiatives.
- How to utilize a variety of communications vehicles to disseminate information.
- How community events can garner credibility and participation.

Handouts:

- N/A

Table 2.6 (10:15-10:40) [Click Here for Video](#)

Title: Senior Citizen Advisory Committees: A Municipal Resource toward Age-Friendly Communities

Tags: Age-Friendly Community Initiative; Community Engagement

Presenters:

- Mary Barchetto, Councilmember; Borough of Glen Rock; mbarchetto@glenrocknj.net
- Donna Feigenbaum, SCAC Chairperson; Glen Rock SCAC; donna.feigenbaum@gmail.com

Description:

Senior Citizen Advisory Committees (SCACs) are an important connection between municipal government and residents as they age in community--two sectors whose involvement are central to improving environments and systems for aging well. But not every municipality in New Jersey has a SCAC, nor are SCACs broadly understood and utilized throughout New Jersey. This table will present on the development of the Glen Rock SCAC, which consists of older adult residents and a Council member liaison. Presenters will share how the SCAC was started, the role of SCAC members, and how the SCAC engages residents and other community leaders toward a more age-friendly municipality.

Join this session to learn about:

- How Senior Citizen Advisory Committees (SCACs) serve in advisory capacity to municipal leaders on matters pertaining to older residents, including housing, transportation, activities, social welfare, and more.
- How SCACs benefit from strong, collaborative leadership shared between resident volunteers and an elected official formally designated as liaison to the Council.
- How Glen Rock's SCAC is an important source of information for older adults through its newsletter and various social and informational events.

Handouts:

- <https://www.surveymonkey.com/r/R73Q5V7>
- https://glenrocknj.govoffice3.com/vertical/sites/%7BB096DD7C-E007-4467-ABAD-D572BD7C982C%7D/uploads/Senior_newsletter_6-22.pdf

Table 2.7 (10:15-10:40) [Click Here for Video](#)

Title: Snapshot of Supportive Housing for Seniors

Tags: Home- and Community-Based Services; Housing

Presenters:

- Diane Riley, Executive Director; Supportive Housing Association of New Jersey; diane.riley@shanj.org
- Cassandra Warney, Senior Program Manager; Corporation for Supportive Housing (CSH); cassandra.warney@csh.org

Description:

Come hear from two statewide and regional nonprofits dedicated to supportive housing. We will provide a snapshot of housing for seniors in New Jersey, the various developments being built, the services that can be paired with housing, and the organizations working to expand affordable and accessible options that allow seniors to age well. Will also provide an overview of the significant need for more housing for those who are aging and resources for communities interested in developing more affordable housing for this group.

Join this session to learn about:

- How recent data show the need for supportive housing for older adults in our state.
- Resources for municipal leaders to help expand supportive housing.

Handouts:

- <https://www.shanj.org/wp-content/uploads/2022/06/Building-Supportive-Housing-FAQ-Final.pdf>
- <https://www.csh.org/resources/new-jersey-advocacy-agenda-for-healthy-aging-in-supportive-housing/>

Table 2.8 (10:15-10:40) [Click Here for Video](#)

Title: The Master Plan for Aging: Progress in New York and Potential for New Jersey

Tags: Advocacy and Policy

Presenters:

- Elana Kieffer, Director, Center for Healthy Aging; The New York Academy of Medicine; ekieffer@nyam.org
- Carolyn Stem, Project Assistant; The New York Academy of Medicine; cstem@nyam.org
- Mario Rubano, Policy Associate; The New York Academy of Medicine; mrubano@nyam.org

Description:

New York State is undergoing a Master Plan for Aging (MPA) process, modeled after the development and implementation of an MPA in California. Join us to learn about what an MPA is, the latest updates about its implementation in New York, and how and why it can benefit New Jersey. According to the Center for Health Care Strategies, an MPA is a cross-sector, state-led strategic planning resource that can help states transform the infrastructure and coordination of services for their rapidly aging population. It is a living document that (1) provides a clear framework to plan for 10 years or more; (2) enables governors and/or legislative leaders to communicate a clear vision and priorities for their state; (3) guides state/county/local policy, public/private programs, and funding toward aging with dignity; and (4) reflects extensive input from the community, including people of all ages and abilities, actively considering the needs of populations facing disparities in aging.

Join this session to learn about:

- The basic structure of a Master Plan for Aging (MPA).
- Topics, sectors and stakeholders to include in an MPA development process.
- Steps that the Age-friendly NJ movement can take to advocate for an MPA.

Handouts:

- N/A

Table 3.1 (10:45-11:10) [Click Here for Video](#)

Title: Age-Friendly Bergen County Model – Addressing the Needs of Older Adults in Bergen County

Tags: Age-Friendly Community Initiative

Presenters:

- Davit Topchishvili, Planning Analyst/Coordinator of Federal and State Aid; Bergen County, Division of Senior Services; dtopchishvili@co.bergen.nj.us
- Michael Pagan, Public Information Officer; Bergen County Administration; mpagan@co.bergen.nj.us

Description:

In New Jersey, Bergen County has the state's largest population of people aged 60 and over, which accounts for over 23 percent of the County's overall population. In 1966, Bergen County took the first steps in creating an "age-friendly" community by establishing the Division of Senior Services under Federal Legislation of the Older Americans Act. The Division services county residents aged 60 and over, providing programs and services to promote the well-being, health, and independence of over 220,000 older adults and their caregivers. In 2022, Bergen County has committed to becoming more age-friendly under the criteria established by AARP and has been accepted as a member of the AARP Network of Age-Friendly States and Communities. Join the discussion around our table to learn more about Bergen County's Age-Friendly initiative, goals, and strategic plan on aging.

Join this session to learn about:

- The Age-Friendly Bergen model.
- Bergen County's Strategic Plan on Aging.

Handouts:

- N/A

Table 3.2 (10:45-11:10) [Click Here for Video](#)

Title: Making Lemonade out of Lemons: Understanding the Mobility Options in your Community, Lessons Learned from Creating Age Friendly Community Mobility Guides

Tags: Transportation; Community Engagement; Building Awareness

Presenters:

- Melody Bundy, Program Manager; New Jersey Travel Independence Program (NJTIP) @ Rutgers; melody.bundy@njtip.rutgers.edu
- Louis Hoffman, Program Manager; NJTIP@Rutgers; louhoff@njtip.rutgers.edu

Description:

NJTIP @ Rutgers has worked in various age friendly communities to develop transit guides that are complemented with field trips and classes for older adults to learn about the mobility options available in their community. During the pandemic, we learned additional ways to connect with older adults such as Zoom classes, outdoor meetings, walking trips, station tours, even celebrating National Park Day. At our table, you will learn about our experiences and takeaways from over a decade disseminating mobility information in Age Friendly Communities throughout New Jersey.

Join this session to learn about:

- How to engage virtually.
- Developing community-specific transit guides.

Handouts:

- N/A

Table 3.3 (10:45-11:10) [Click Here for Video](#)

Title: Meet and Greet with the New Age Friendly Statewide Collaborative

Tags: Building Awareness; Advocacy and Policy

Presenters:

- Christine Newman, Director of Community Outreach; AARP NJ; cnewman@aarp.org
- Cathy Rowe, Executive Director; New Jersey Advocates For Aging Well; CRowe@njaaw.org
- Andy Fraizer, Executive Director; Community Foundation of South Jersey; afraizer@communityfoundationsj.org

Description:

The vision of the Age Friendly New Jersey Statewide Collaborative is to change the way the State and our local communities approach aging and community building. The Collaborative is a group of New Jersey organizations and leaders working together in a statewide coordinated effort to advance age-friendly state policies and accelerate the local implementation of policies and programs that support long lives. Come learn more about the structure, work, and goals of the Collaborative, meet representatives from the Collaborative's Local Accelerator and State Policy Groups, and find out how you can get involved!

Join this session to learn about:

- The structure, work, and goals of this first-of-its-kind Collaborative in New Jersey.
- Meet representatives from the Collaborative's Local Accelerator and State Policy Groups.
- How you can get involved.

Handouts:

- N/A

Table 3.4 (10:45-11:10) [Click Here for Video](#)

Title: Opportunities for Innovation within New Jersey’s Home- and Community-Based Services Infrastructure

Tags: Home- and Community-Based Services; Advocacy and Policy; Diversity and Inclusion

Presenters:

- Hannah Diamond, Policy Advocate; Justice in Aging; hdiamond@justiceinaging.org
- Candace Robinson, Director, Healthy Communities; Capital Impact Partners; CBRobinson@capitalimpact.org

Description:

Home- and community-based services (HCBS) are essential in assisting older adults and people with disabilities to age in their homes. This session will discuss efforts to advance the ability of older adults and people with disabilities, regardless of demographic background, to access high-quality HCBS. Panelists will explore opportunities to capitalize on existing state-based initiatives to promote equity in HCBS, highlight best practices to expand the accessibility and quality of service offerings, and identify opportunities for advocates to advance priorities. For more detailed information about the panelists' work in New Jersey, participants are encouraged to review this session’s accompanying handout materials.

Join this session to learn about:

- Explore policy opportunities to improve the quality and accessibility of home and community-based services for older adults and people with disabilities in New Jersey.
- How Capital Impact Partners and Justice in Aging, with funding from The Henry and Marilyn Taub Foundation, are supporting New Jersey stakeholders in advancing HCBS policy priorities.
- Identify strategic next steps to improve long-term care services and supports in New Jersey.

Handouts:

- <https://justiceinaging.org/issue-brief-building-an-equitable-medicaid-hcbs-infrastructure-in-new-jersey-for-older-adults/>
- https://padlet.com/ALP_Coalition/fq1uysjervx4bbmh

Table 3.5 (10:45-11:10) [Click Here for Video](#)

Title: Reducing Social Isolation through Digital Inclusion: Digital Equity Projects for Seniors at the Jersey City Housing Authority

Tags: AARP Community Challenge Grant; Diversity and Inclusion; Community Engagement

Presenters:

- Allison Strobel, Chief of Staff; Jersey City Housing Authority; astrobel@jcha.us
- Shonda Jeter, Service Coordinator; Jersey City Housing Authority; sjeter@jcha.us
- Devin Monserrate, Digital Inclusion Coordinator; Jersey City Housing Authority; dmonserrate@jcha.us
- Lori Margolin, Associate Vice President of Continuing Education and Workforce Development; Hudson County Community College; lmargolin@hccc.edu

Description:

Jersey City Housing Authority is home to 900+ older adults across our 7 public housing developments. In 2019, we launched an array of digital equity projects after joining the ConnectHome USA initiative developed by HUD and the national nonprofit EveryoneOn to address the fact that only about a third of public housing residents have internet access. Over the last three years, we have learned a lot about the impact of the digital divide on older adults, the challenges of introducing technology to seniors, and how to overcome funding and capacity constraints through effective partnership and fundraising. We will highlight three digital equity projects aimed at reducing social isolation among seniors and funded by AARP, including one that will launch in October, in which student volunteers from Hudson County Community College will provide one-on-one digital literacy training for 50 seniors at the Hudson Gardens public housing development, teaching them how to use tablets.

Join this session to learn about:

- The value of digital literacy for seniors, enabling them to access telehealth, connect with friends and family, and engage in a range of virtual activities.
- A range of replicable partnership models to bridge the digital divide.
- Some of the challenges and pitfalls related to digital equity work.

Handouts:

- N/A

Table 3.6 (10:45-11:10) [Click Here for Video](#)

Title: The Importance of Coalition Building as Part of the Innovative Collaborative Policing Model

Tags: Age-Friendly Community Initiative; Networks and Coalitions; Community Engagement

Presenters:

- Jeff Stewart, Sergeant; Garfield Police, Community Affairs Division Commander; Generations for Garfield; AF Community Coordinator; City of Garfield/Generations for Garfield; jstewart@garfieldpolice.org
- Darleen Reveille, Public Health Nurse (retired) & VP, Business Development; The Harpou Group, LLC; reveilledarleen@gmail.com

Description:

The City of Garfield (NJ) itself has a great history of coalition building, particularly through the public health department, and it has received numerous grants for programming and outreach related to public health, environmental health, and collaborative policing initiatives. Generations for Garfield (G4G), supported by the City through in-kind donations of time and programming, has identified strategies for building a strong community coalition and the role it can play in increasing engagement. More successful engagement can lead to a reduction in crime and response time for emergent and non-emergent issues. Knowing that, the Garfield Police Department's Community Affairs Division continues to focus on relationship building, prevention, and more productive emergency response calls with older adults. Data show that in 90% of emergency calls (for EMS/EMT), a police officer is the first to arrive on scene. The Garfield Police Department's relationships with local social workers and agencies who provide relevant services (through the G4G coalition), has resulted in better support for older adults (such as mental health resources and SNAP benefits), in addition to the emergency medical services they receive, which can potentially lead to reduced emergency calls moving forward.

Join this session to learn about:

- An overview of Garfield Police's unique collaborative policing model.
- Describe how the principles of age friendliness are important to the collaborative policing model.

Handouts:

- N/A

Table 3.7 (10:45-11:10) [Click Here for Video](#)

Title: The Role of a Funder Partnership in Advancing Age-Friendly Community Development

Tags: Leadership Development; Funding Partnerships

Presenters:

- Renie Carniol, Director; The Grotta Fund of The Jewish Community Foundation of Greater MetroWest New Jersey; rcarniol@ifedgmw.org
- Julia Stoumbos, Director of Aging-in-Place Programs; Henry and Marilyn Taub Foundation; jstoumbos@taubfoundation.org

Description:

We will describe how grant funding is helping to influence communities to work better for older adults. Funding has supported leadership teams in northern New Jersey (Age-Friendly North Jersey) to perform community needs assessments, create plans, and prioritize actions to be implemented by the municipality, community leaders, and residents. Funders have organized conferences, space for peer learning, and guidance from academic and other experts to stimulate collaboration, innovation, and progress. An emphasis on leadership development and spurring community engagement across sectors is key. The Age-Friendly North Jersey alliance's accomplishments, publications, and advocacy are now promoting policy improvements at the local, regional, and state levels.

Join this session to learn about:

- Community development work is hard! It requires vision, persistence, innovation, and partnering, with give-and-take with community groups for mutual benefit.
- Progress requires continual learning together, stopping to regroup, acknowledging accomplishments, challenges, and failures, and looking back to plan ahead, and seizing new opportunities that arise.
- Tips for applying for grants and working with funders, showing up, thinking big about the vision for your community, utilizing your network, doing the good work, and showing off your accomplishments to engage others.

Handouts:

- N/A

Table 3.8 (10:45-11:10) [Click Here for Video](#)

Title: The Value of Community Collaboration

Tags: Networks and Coalitions; Community Engagement

Presenters:

- Laura Van Dyke, LCSW, Coordinator of Senior Services Department; Township of West Orange; lvandyke@westorange.org
- Dorothy Sanders, Local Health Outreach Coordinator; Township of West Orange; dsanders@westorange.org
- Liliana Branquinho, CDP, Senior & Adult Enrichment and Special Events Supervisor; Livingston For All Ages/Township of Livingston; lbranquinho@livingstonnj.org

Description:

The COVID-19 pandemic was the impetus for West Orange to build a successful multi-town Age-Friendly collaboration with several surrounding communities. To maximize our efforts, we reached out to nearby communities, including in Orange, Montclair, East Orange, South Orange, Maplewood, Millburn/Short Hills, Livingston, and the JCC William Margulies Senior Center in West Orange. Inviting local participants from diverse socioeconomic, religious, and demographic groups provided an opportunity for creativity and innovative thinking.

From there, the COVID-19 Community Coalition was born. This network of peers met virtually and shared real-time solutions to help older adults navigate through the pandemic and adjust to the “new normal.” Importantly, it helped to validate our work and affirm our challenges with like-minded colleagues who were seeking answers during unprecedented times.

The pandemic brought new challenges and highlighted gaps in services for older residents of Essex County, presenting opportunities for enhanced future services. The COVID-19 Community Coalition harnessed our collective power to recommend viable solutions to county administrators. We continue to meet regularly and support our original cadre of committed professionals as we work to improve the lives of older adults.

Join this session to learn about:

- Broadening the community of stakeholders.
- Building a network of peers.
- Reaching collaborative solutions.

Handouts:

- [COVID 19 Coalition Sample Agenda; TMA Risk Assessment Chart](#)
- [Legacy of Love; https://padlet.com/agefriendlynj/NJAFVirtualFair2022/wish/2290177667](https://padlet.com/agefriendlynj/NJAFVirtualFair2022/wish/2290177667)

Table 4.1 (11:20-11:45) [Click Here for Video](#)

Title: Advancing Community Design for All Ages Through Municipal Action: A Mechanism for Local Age-Friendly Policy and Planning Across New Jersey

Tags: Built Environment; Community Engagement; Advocacy and Policy

Presenters:

- Tanya Rohrbach, Community Planning Manager; New Jersey Future; trohrbach@njfuture.org
- Anne Heasley, Program Manager, Policy and Planning; Sustainable Jersey; heasley@tcnj.edu

Description:

Municipalities play a key role in determining how a community is built, how resources are used for local improvements, and whether a community is “age-friendly enough” to meet housing, transportation, and other needs of older adults related to the built environment. Learn about a new action in the Sustainable Jersey municipal recognition program that provides detailed guidance for conducting an age-friendly land use assessment and engaging with the community to develop a local age-friendly implementation plan with actionable items for municipalities to pursue. Through the Sustainable Jersey program, municipal Green Teams can complete the new Community Design for All Ages action, which is based on New Jersey Future’s “Creating Places To Age in New Jersey: A Community Guide to Implementing Aging-Friendly Land Use Decisions.” At this table, you will learn about how any community can work toward community design for all ages with these resources.

Join this session to learn about:

- The Sustainable Jersey program and how age-friendly land use intersects with sustainability.
- How Age-Friendly advocates can partner with Green Teams to advance local age-friendly goals.
- The New Jersey Future Community Guide to Implementing Aging-Friendly Land Use Decisions and how to be part of the Sustainable Jersey program.

Handouts:

- <https://www.sustainablejersey.com/actions/#open/action/601>
- <https://www.njfuture.org/research-reports/aging-friendly-guide/>

Table 4.2 (11:20-11:45) [Click Here for Video](#)

Title: The NJ Age-Friendly State Advisory Council: A Public Sector Initiative

Tags: Advocacy and Policy

Presenters:

- Janet Sharma, Coordinator; Age-Friendly Englewood; janet.sharma.44@gmail.com
- Emily A. Greenfield, PhD, Professor; Rutgers School of Social Work; egreenf@ssw.rutgers.edu

Description:

The establishment of the Age-Friendly State Advisory Council by Governor Murphy's Executive Order in 2021 marks a key development for the age-friendly communities movement in New Jersey. This Council is intentionally designed to convene members from various state agencies and departments, as well as from the private sector and civil society, to identify opportunities and challenges concerning livable and age-friendly communities across the State. At this virtual table, members of the Council (speaking for themselves and not for the Council) will provide background on the creation of the Council, its current membership, and how Council members are conducting their work. They will welcome questions and comments from attendees to share back with other members of the Council, as relevant.

Join this session to learn about:

- Established by Governor's Executive Order in 2021, the NJ Advisory Council on Aging is part of the NJ Department of Human Services (DHS) and aims to foster more livable and age-friendly communities throughout the State.
- The Council is led by staff within the NJ Division of Aging Services, DHS, and includes members from other State departments and agencies, alongside leaders from the private sector and civil society.
- Council members currently meet monthly and are primarily discussing five key areas: transportation, socialization, health and well-being, housing and community, and communication and outreach.

Handouts:

- https://padlet.com/RUSSW_Aging/state_agingplans/wish/1936803685
- <https://www.youtube.com/watch?v=eTfA8LAjums&list=PLspiLS805Iyen8tHasGE6kDA9dvlReEd9&index=17>

Table 4.3 (11:20-11:45) [Click Here for Video](#)

Title: Creating a Culture of Giving Back: How to Empower Youth Volunteers

Tags: Age-Friendly Community Initiative; Intergenerational; Building Awareness

Presenter:

- Lisa MacClements, Age-Friendly Coordinator; Fair Lawn for All Ages; fforallages2020@gmail.com

Description:

Building an awareness about the needs of our older adults starts with educating our youth. Creating a pathway and providing opportunities for young community members to volunteer in ways that expose them to those needs will be the catalyst for the change we need. Creating intergenerational programming within your community or age-friendly initiatives to provide services to older adults not only promotes partnerships between the generations, but it changes the mindset for both and puts the concept of age-friendly actions top of mind. Come to our table to learn how we have built a youth volunteer corps of over 100 students that regularly give back to our older adult community and how, in turn, our initiative has given back to those students something very unexpected.

Join this session to learn about:

- The types of partners we have enlisted to build a broad and sustainable support system for our youth volunteer corps, and how this “movement” has changed the discussion about how we recognize, involve, and care for our older adults as a community.
- How we recruited students, secured their commitment, and how we communicate the needs of the community to our volunteers.
- How we have promoted our intergenerational programs through a number of community events that truly involve all ages and have impacted the way our community plans for these events. Learn easy ways to do the same in your community!

Handouts:

- <https://img1.wsimg.com/blobby/go/df4b06d9-3f5b-4aa1-b5ee-0577c4a72239/FLFAA%20Youth%20Volunteer%20Corps%20Virtual%20Fair.pdf>

Table 4.4 (11:20-11:45) [Click Here for Video](#)

Title: Fostering a Home-Grown Innovation - Expansion of the Assisted Living Program in NJ

Tags: Home- and Community-Based Services; Networks and Coalitions; Health and Wellness

Presenters:

- Elizabeth Davis, Executive Director; Brightside Family; elizabethdavis@brightsidemanor.org
- Candace Robinson, Director, Healthy Communities; Capital Impact Partners; cbrobinson@capitalimpact.org

Description:

Created by the State of New Jersey, the Assisted Living Program (ALP) is a one-of-a-kind model expanding equitable care options in the community. ALP providers are going beyond the boundaries of a traditional assisted living facility to bring a full package of assisted living services to low-income, vulnerable residents of publicly subsidized housing who are traditionally priced out of assisted living residences. This session will discuss the challenges and opportunities to scale this innovative model and how local age-friendly advocates can help raise the demand for this little-known gem.

Join this session to learn about:

- This table will provide a high-level overview of the ALP Model and the importance of expanding innovative models in communities across the state.
- This table discussion will highlight the current challenges and opportunities facing ALP providers.
- The table discussion will provide information for local advocates to support the replication of the model in their own communities through advocacy and education.

Handouts:

- https://padlet.com/ALP_Coalition/fg1uysjervx4bbmh

Table 4.5 (11:20-11:45) [Click Here for Video](#)

Title: How to Start the Age-Friendly Process in your Community?

Tags: Age-Friendly Community Initiative; Community Engagement

Presenters:

- Liliana Branquinho, Program Supervisor, Adult/Senior Enrichment and Town Special Events; Livingston For All Ages/Township of Livingston; lbranquinho@livingstonnj.org
- Jennifer Walker, Director of SYLS Department; Township of Livingston; jwalker@livingstonnj.org
- Steve Kroll, Livingston for All Ages Steering Committee; Livingston For All Ages/Township of Livingston; steven_e_kroll@yahoo.com

Description:

Don't let it intimidate you!! If you are a community just starting to venture into the Age-Friendly world, our presentation may be of interest to you. Our table will focus on how to start the process of becoming an Age-Friendly Community. We will outline the steps we took, including hiring a consultant, how to recruit volunteers, marketing strategies, and through the steps of completing an action plan and filling out the application to join the AARP Network of Age-Friendly States and Communities. We will share successes and challenges we experienced during the process. Come to our table, and we are happy to answer any questions and engage in a productive discussion.

Join this session to learn about:

- First steps, such as hiring a consultant to help with the process and marketing efforts with partners and volunteers.
- Developing and completing a needs assessment survey.
- Compiling survey results, formulating an action plan, and joining the AARP network.

Handouts:

- N/A

Table 4.6 (11:20-11:45) [Click Here for Video](#)

Title: Incorporating Age Friendly into the Municipal Master Plan

Tags: Age-Friendly Community Initiative; Advocacy and Policy; Building Awareness

Presenters:

- Sheena Collum, Village President; South Orange Village; scollum@njplanning.org

Description:

South Orange committed to become an age-friendly community in 2016, joined the AARP Network of Age-Friendly Communities in 2018, and undertook a thorough revision of its master plan in 2019-2020. With the age-friendly structure in place, valuable input from older residents was included in the plan, making it thorough, inclusive, and pragmatic to meet the needs of an aging population. Age-friendly elements are included in housing, transportation and mobility, and green space. The age-friendly perspective will guide the Village through infrastructure changes and development priorities for years to come.

Join this session to learn about:

- Why including age-friendly elements in the master plan are essential and beneficial to all residents.
- How South Orange's focus on building an age-friendly community has improved the community in terms of diversity and social inclusion
- How municipalities can prepare now for demographic changes that are leading to an older population by 2050.

Handouts:

- <https://www.southorange.org/DocumentCenter/View/6498/Master-Plan-with-appendix->

Table 4.7 (11:20-11:45) [Click Here for Video](#)

Title: Age-Friendly Health Systems: Join the Movement

Tags: Health and Wellness

Presenter:

- Amy Berman, Senior Program Officer; The John A. Hartford Foundation; amy.berman@johnahartford.org

Description:

Older adults experience disproportionate, avoidable harms across settings of care such as polypharmacy, falls, and delirium. The Age-Friendly Health Systems movement helps to build high-reliability around a set of evidence-based practices, known as the 4Ms, that focuses care on assessments and actions that are shown to improve health outcomes. Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA). For more information go to www.ihf.org/agefriendly. Learn about the 4Ms framework: What **M**atters, **M**edication, **M**entation, and **M**obility

Join this session to learn about:

- What is the Age-Friendly Health Systems Movement?
- The 4Ms Framework.
- Opportunities to join the Age-Friendly Health Systems movement and achieve recognition.

Handouts:

- https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/AgeFriendlyHealthSystems_GuidetoUsing4MsCare_FINAL_July2020.pdf
- https://www.aha.org/system/files/media/file/2022/05/Invitation_AHA_AFHS_Action_Community_2022-2023.pdf

Table 4.8 (11:20-11:45) [Click Here for Video](#)

Title: The AARP Network of Age Friendly States and Communities- New Jersey Network Updates and How You Can Get Involved

Tags: Networks and Coalitions; Building Awareness; State-Level

Presenters:

- Christine Newman, Director of Community Outreach; AARP New Jersey; cnewman@aarp.org
- Katie York, Associate State Director-Advocacy; AARP New Jersey; kyork@aarp.org

Description:

The AARP Network of Age-Friendly States and Communities serves as a catalyst, a guiding structure, and provides cities, towns, counties and states with resources to become more age-friendly, by tapping into national and global research, planning models, and best practices. In New Jersey, enrolled communities of all sizes and scales are showing what can be achieved when local engaged citizens and leaders commit to actively work towards making their community an age-friendly place to live. Come see a snapshot of the network here in New Jersey, learn about common themes and priorities communities are working towards, new resources available from AARP to support communities, and how you and your community can get involved.

Join this session to learn about:

- A snapshot of the Network in New Jersey today and how to get involved.
- Top themes/priorities amongst enrolled communities.
- AARP resources for communities including the Age Friendly Portal, Challenge Grant, and new toolkits.

Handouts:

- <https://www.aarp.org/livable-communities/network-age-friendly-communities/>
- <https://www.aarp.org/livable-communities/network-age-friendly-communities/age-friendly-training-videos/>

Table 4.9 (11:20-11:45) [Click Here for Video](#)

Title: The New Jersey Inclusive Healthy Communities Grant Program

Tags: Diversity and Inclusion; Community Engagement; Research; Disability

Presenters:

- Rebecca Martin, Graduate Assistant; Rutgers School of Social Work; rlm230@ssw.rutgers.edu
- Karen Alexander, Managing Director; New Jersey Travel Independence Program @ Rutgers; karen.alexander@njtip.rutgers.edu

Description:

The New Jersey Inclusive Healthy Communities (IHC) grant program recently began its second year of funding and organizational development toward advancing opportunities for people with disabilities to participate more fully in communities. This innovative grant program, sponsored by the New Jersey Department of Disability Services, creates opportunities for cross-sectoral collaborations aimed at policy, systems, and environmental change that will enable greater participation and inclusion. Grantees who participated in the inaugural cycle of the grant noted that funding for capacity building allowed unique opportunities for building partnerships, gaining greater knowledge about meaningful disability inclusion, and learning skills supporting greater inclusion in their day-to-day work. At this table, participants will learn about grantee experiences, key takeaways, and opportunities to participate in free trainings to advance their inclusion work. As the United Nations estimates that nearly half of older adults (46%) experience disabilities, we hope those who attend this table will leave the session energized to expand their own disability inclusion work as an essential element of age-friendly projects.

Join this session to learn about:

- Major takeaways in capacity-building wins and opportunities as identified by community and systems leaders.
- Implications relating to capacity building as an essential element of social advancement work with diverse populations.
- Details about free publicly available trainings starting in Fall 2022 to build a greater disability-inclusion focus throughout New Jersey, strengthening disability-centered work across all sectors.

Handouts:

- <https://go.rutgers.edu/NJInclusiveHealthyCommunitiesReport>
- <http://eac.rutgers.edu/ihc-grant-program/>