# Age-Friendly New Jersey Advisory Council: January 17, 2023

Topic: Public Health and Long-Term Care

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#### Janet Sharma's Meeting notes

#### Office of Long-Term Care Resiliency: Casi Golaszewski, Executive Director

**Mission:** Support and strengthen long-term care facilities (LTCs) by sharing industry-known clinical best practices, allocation of resources, and operational and regulatory guidance. This is done via 1:1 outreach: phone calls, emails, and training webinars.

## Best Known For: Nursing Home Facility Data on the LTC Dashboard

- Information in depth about every nursing home in NJ can be found here: https://www.nj.gov/health/ltc/nursing-homes/.
- Nursing homes are rated 1-5 stars only if they accept Medicare/Medicaid patients.
- Private-pay facilities are listed but not given stars.
- Google "Long Term Care Data NJ" and this site will come up.
- People often need this kind of info when they are in the middle of a medical emergency.

The Advisory Council brain-stormed ways to get word out about this important resource.

## Other information about LTCs:

- The Mannat Report (analysis of the Department of Health after COVID) suggested created of a program to support and strengthen long-term care facilities. Read more: <a href="https://www.manatt.com/Manatt/media/Documents/NJ-LTC-Report.pdf">https://www.manatt.com/Manatt/media/Documents/NJ-LTC-Report.pdf</a>.
- LTC facilities/services destabilize when the administrator leaves.
- CMS tracks administrators.
- State/Federal programs can help nursing homes improve.
- Coaching/mentoring is available to private facilities as well as public/NPO homes

## General group discussion: Health & Well Being Work Group

Chair: Cheryl Ricci-Francione, Alzheimer's Association Greater NJ Opportunities:

- Plan proactively around the 7 domains of health:
  Physical, emotional, environmental, financial, spiritual, social, intellectual
- Workforce: train universal workers, increase/maintain salaries uniformly
- Plan for health equity, especially in access to healthcare

General observation: There is crossover between health and other areas--housing, transportation, technology, communications, isolation, respect/inclusion/employment **Everything relates to everything else**.