

# **New Jersey Age-Friendly Advisory Council: August 2, 2022**

Topic: Workgroup Breakouts

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## **Janet Sharma's Notes**

### **Updates:**

- Website for this Council is in the works.
- In the months ahead, we will have:
  - Presentations about age-friendly health systems & from other subject matter experts.
  - Stakeholder input to this Council will be gathered via public hearings.
- Guidelines for development of the Blueprint (policy roadmap) to be presented to the Governor will be provided soon; Executive Order stated 18 months, which would be August 2023.
- Age-Friendly Virtual Fair will be held online on September 15; hosted by Rutgers School of Social Work and numerous other partners.
- Age-Friendly concepts will be incorporated into the State's Master Plan for Aging, which is under development. California and New York have Master Plans for Aging.

### **Breakouts today: Swap Workgroup SWOTs**

- What can your workgroup add to the other's SWOT? Where are their similarities?

### **Transportation Workgroup's Review of Housing SWOT**

- It's easier to provide services where housing is dense.
- Build affordable 55+ housing near transit hubs.
- Include amenities (such as drug store, hair salon) onsite in housing developments.
- Provide home health care in housing developments.
- Age diversity is preferred; there is stress in older-only developments (ambulances, etc.).
- Commonalities: Access to public spaces and transportation.

### **Health Workgroup's Review of Communications**

- Find alternatives to technology – send with utility bills, doctors, senior centers, tv, natural networks (beauty salons, etc.).
- Even if you get info to people, they may not understand because of cognitive disorders (Alzheimer's or dementia).

### **Communication & Socialization Workgroup's Review of [Health and Wellbeing](#)**

- Critical shortage of home health aides, so support of caregivers is important.
- Coordination needed between county & local health depts, law enforcement, social services to avoid contacting Adult Protective Services as the first step; APS is not uniform across the state.