



SAINT NINIAN CATHEDRAL PARISH

Antigonish, Nova Scotia

5th Sunday of Lent March 17th, 2024

BISHOP:

Bishop Wayne Kirkpatrick
bishopkirkpatrick@dioceseofantigonish.ca

RECTOR:

Rev. Daniel MacLennan
pastor@saintninian.ca

DEACON:

Henry van de Wiel
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DONATIONS/FINANCE:

finance@saintninian.ca

RELIGIOUS EDUCATION:

Leonarda MacNeil, ofs
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DIRECTOR OF MUSIC:

Emery van de Wiel
emeryvandewiel@hotmail.com

FRONT DESK:

Mary Farrell
admin@saintninian.ca

PARISH OFFICE:

Monday-Friday: 9AM - 12PM
121 St. Ninian St, Antigonish NS
P.O. Box 1628
(902) 863-2338

LENTEN MASS TIMES

Tue, Thu, Fri: 9:00AM
Wednesday: Stations of the Cross followed by
Mass at 6:15pm
Saturday: 4:00PM
Sunday: 8:30AM and 10:30AM

CONFESSIONS:

Saturdays: 3:15PM - 3:45PM

BAPTISMS:

Please contact Leonarda MacNeil, ofs at
religioused@saintninian.ca

MARRIAGES:

Please contact Fr. Daniel MacLennan at
pastor@saintninian.ca

ST. NINIAN PLACE (SNP) BOOKINGS:

Please contact the Parish Office

Our Mission Statement

"St. Ninian Cathedral is the Episcopal Seat for the Diocese of Antigonish, Nova Scotia. We humbly welcome all who wish to nurture their faith through sharing the Word, breaking the Bread, and celebrating God's love for us. Guided by the Holy Spirit, our mission is to worship and serve God through prayer and service to God's people, and by striving to live our lives in the likeness and image of God."



facebook.com/stninian.cathedral

www.saintninian.ca

COLLECTION INFORMATION

March 3rd, 2024

Sunday Collection: \$8434.50

Pre-authorized payments (March): \$10,281.00

**Please remember to fill out the front page
of your Donation Envelopes**

Income Tax Receipts are available

MASS INTENTIONS

March 19th-March 22nd, 2024

Tuesday, 19th

Carmen Henderson, r.i.p.

Sarah MacNeil, r.i.p.

Kenneth MacNeil, r.i.p.

Wednesday, 20th

Stephen Gaudon, r.i.p.

Callum Gillis, r.i.p.

Bernadette Landry, r.i.p.

Thursday, 21th

Abigail Mac Donald, r.i.p.

Elizabeth Winsor, r.i.p.

Darlene McGrath, r.i.p.

Friday, March 22st

Annie MacPherson, r.i.p.

Katharine MacKinnon r.i.p.

Marie MacLellan , r.i.p.

HOLY WEEK SCHEDULE

PASSION PALM SUNDAY

March 23rd-24th

Saturday 4 pm

Sunday 8:30am & 10:30am

Mass of Chrism March 25

3pm

Wednesday March 27th

Way of the Cross & Mass

6:15pm

HOLY THURSDAY MARCH 28TH

Mass of the Lord's Supper

7:00 pm

GOOD FRIDAY MARCH 29TH

Passion of our Lord

3:00PM

EASTER VIGIL HOLY SATURDAY

MARCH 30TH

8:30PM

EASTER SUNDAY MARCH 31ST

8:30 AM& 10:30 AM

SACRAMENT OF RECONCILIATION

CONFESSION SCHEDULE

March 23 from 10am to 1pm

Both Reconciliation Rooms will have priests available during those time periods. March 27 from 6pm to 7pm the Sacrament of Reconciliation will be offered in both Reconciliation Rooms.

WELCOME TO ST. NINIAN!

If you are new to Antigonish or to our Parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for more information on the

cathedral parish, its various ministries, and services.

Please feel free to contact us with questions, comments and feel free to visit the office from

Monday - Friday from 9am-12pm.

Registration forms are on the entrance table.

Please drop completed form at the parish office.

EASTER FLOWERS

Anyone wishing to make a donation towards Easter flowers may do so by putting it in an envelope and marking "Easter flowers" or by using the Envelopes are at the back of the Church. These can be placed in the donation basket or dropped off at the Parish Office

LENTEN YOUTH NIGHT

Youth Grades 10 and up are invited to a Lenten Youth of the parish and university faith community.

And mark your calendars for the evening of Palm Sunday, March 24, for a special youth holy hour followed by fellowship. For information, contact Clare at clarelazzuri@gmail.com

CONCERT/DANCE SPONSORED BY THE KNIGHTS OF COLUMBUS

Music provided by The Last 2

April 20, 2024

Time: 8:00pm.- 12:00am

\$15.00/ ticket

St. Andrews Community Centre

Tickets can be purchased at MacDonald Store,
St. Andrews or Hawthorne Convenience

ST. NINIAN PARISH FOUNDATION

How do we fundraise? Where does the money go?

The major fundraiser is the Memorial Bows at Christmas.

People also donate by identifying the Foundation as a beneficiary in their personal wills. The donations do not rest with the Diocese but are held separately by the

Foundation. In 2022 and 2023, the Foundation provided a grant to cover the cost of the beautiful handrail at the front exterior steps and a grant to pay for SNP flooring that was not covered by flood insurance. If you would like to know more about the Foundation, the AGM is being held on Saturday, April 13th at 10am in Saint Ninian Place. All are welcome! If you wish to contact us, please leave a message at the Parish Office.

CONSCIENCE PROTECTION FOR NOVA SCOTIA DOCTORS

Imagine a healthcare system where death is considered a therapeutic treatment. Imagine being a Christian doctor in that system. Imagine being told by your medical regulator that you are abandoning your patient if you don't make arrangements for them to get an assessment for euthanasia. That healthcare system is in Nova Scotia today. The Nova Scotia medical regulator has a policy that forces physicians to refer patients for euthanasia and other controversial procedures. Twenty-four courageous Christian physicians have told Nova Scotia's medical regulator that they cannot abide by this policy.

When they are at their most vulnerable, people may choose euthanasia if they don't have suitable options to live. We need physicians who will go the extra mile to ensure their patients are connected with the supports and services they need. Nova Scotia's physicians are too important to patient care to be sacrificed for the sake of an unnecessary policy.

Write the Nova Scotia regulator today to tell them you want this policy to be changed:
<https://bit.ly/NSRegulator24>

CWL 2024 BURSARY APPLICATIONS

St. Ninian's CWL Bursary applications are available at the back of the church. If you are a 2024 grade 12 graduate and meet the criteria, you are invited to complete the application and return it to St. Ninian's Place at the office clearly marked:

CWL Bursary application; c/o Kim Grant,
or mail it (address in application) by May 1st.

LIONS PANCAKE BREAKFAST

March 24, 2024

Pancake and sausage breakfast at the Lions Den,
Highland Dr. The proceeds will go towards
a child needing surgery.

ST. PATRICK'S DAY BREAKFAST

Scrumptious Pancake and Sausage Breakfast
made by the Knights of Columbus.
Sunday March 17, 2024
8am-12noon

ORDINATION OF DEACON DAVID RANKIN

Deacon David Rankin, warmly invites all to his ordination to the priesthood on Friday, May 31,
(the Feast of the Visitation) at 3pm here at
St. Ninian Cathedral. There will be a light reception to follow at St. Ninian Place. All are also invited to his First Mass at 4pm on Saturday, June 1 at his home parish, St. Mary Church in Mabou.

PARISH MEETINGS

Tuesdays

Prayer Group 6:30pm Vestry. All are welcome.
St. Vincent de Paul (first Tuesday of the month)
at 7pm

Wednesdays

Religious Education Meeting March 13 @ 2pm
Saint Ninian Choir rehearsal at 7pm in the church

Thursdays

Breaking Open the Word, at 9:30am **Parish
Pastoral Council**
Meeting Thursday, March 21 at 6:30 - 8pm

RELIGIOUS EDUCATION CLASS SCHEDULE

Grade 2 Sunday March 17th
Grades 3-6 Wednesday March 20th

C.A.R.E. AGM

C.A.R.E. will be hosting its Annual General Meeting on
March 25th at 7pm in Saint Ninian Place.
C.A.R.E. has had a busy couple of months, and is
expected to welcome another family in the coming
months.

We are excited to share last year's achievements, and
look into the future with renewed hope and plans.
All welcome!

ST. PATRICK'S CONCERT

Antigonish Heritage Museum
Come enjoy Irish tunes, tap your toes, and sing along!
Mary Beth Carty with Heather MacIsaac & Lilly
Carty

Saturday - March 16, 2024 , 2-4 PM

Admission - Good will offering with the proceeds
going to the Heritage Association Endowment Fund.
All funds raised will be matched
by an anonymous donor.

LENTEN PRAYER

As we enter another week of our Lenten
journey we pray,
By your help, we beseech you, Lord our God, may
we walk eagerly in that same charity with which,
out of love for the world, your Son handed
himself over to death.

CARDINAL RAYMOND BURKE

has asked all of the World to join him in a 9month
Novena which began on March 12-December 12, 2024
culminating with a consecration to our Lady of
Guadalupe on her feast day, December 12th.

Message from Father Danny:

In today's world, few of us are called to die a martyr's death. But this gospel reminds us that our lives are not really ours and that we are called to give our lives in service to others. The sacrifices we make allow us to share also in the resurrection and life of God.

Already we are coming to the end of the Lenten Season, next Sunday is Palm Sunday and we enter then into Holy Week. Please join us in our wonderful liturgies.

There is so much time and effort placed on these liturgies so that we can all join as one and be one.

This past Friday I had a funeral of a neighbour from home. It has been weeks since I got up home; it was nice to see the grass and take notice that the 'big ice' has not come in, yet! Unfortunately, I am sure we will get more days of winter.

Drinking with the Saints was a huge success! Many thanks to the 150th Committee and all the volunteers for bringing to our parish unique activities for all to enjoy!

March Break was quiet; however, I did have visitors overnight and had the opportunity to go for a free skate at the arena with my godson on Thursday. We also toured the museum where we enjoyed the amazing work of talented Lego Builders on display. There is a beautiful Lego structure of the Cathedral, and I understand that we have this on loan for all to view and enjoy.

This St. Patrick's Day my memory returns to the parish I served in when in Dublin. St. Patrick's Day is a National Holiday in Ireland and parades are usual in every town and city. It wasn't to "Drown the Shamrock;" it was to celebrate the feast of Saint Patrick and the churches were full.

However the tourists made sure the celebrations were lively.

Have a wonderful week and ST. Patrick's Day.
Erin Go Bragh, Fr. Danny O'Lennan!



SOLEMNITY OF JOSEPH, HUSBAND OF THE VIRGIN MARY (MARCH 19)

The strong, silent type

Joseph never uttered a word in scripture. Instead, he let his actions speak for what was going on in his heart. By

his actions we know that Joseph not only believed in God but listened for God's promptings and was willing to be led—even to some confusing and difficult places.

READINGS: 2 Samuel 7:4-5a, 12-14a, 16; Romans 4:13, 16-18, 22; Matthew 1:16, 18-21, 24a or Luke 2:41-51a (543
<https://bib.le.usccb.org/bible/readings/031924.cfm>).

HOW GO TO CONFESSION

Enter the confessional and greet the priest.

Begin by making the sign of the cross and say "Bless me, Father, for I have sinned. It's been [however many days/months/years] since my last confession."

List your sins.

Mention venial (everyday) sins and mortal sins, which are more serious, but it's OK if you don't remember every single sin. It doesn't have to be a laundry list of sins. When you're done, conclude by saying "I'm sorry for these and all my sins."

Listen to the priest.

When you're done confessing your sins, the priest may offer some guidance and suggest ways to avoid sins in the future. He'll then give you a penance, which could be a form of prayer, a service or some work of mercy. Often, you'll be able to complete your penance while still at church.

Pray the Act of Contrition.

This prayer is short and simple and is prepared for you the read in the confessional.

Receive absolution from God, via the priest.

The priest will the prayer of absolution to absolve you of your sins:

Depart and fulfill your act of penance.

You will have time to complete this in church.

AN OLD IRISH BLESSING FOR ST. PATRICK'S DAY

May your days be many and your troubles be few.

May all God's blessings descend upon you.

May peace be within you, may your heart be strong.

May you find what you're seeking wherever you roam.

May the strength of God pilot us, may the wisdom of God instruct us.

May the hand of God protect us, may the word of God direct us.

May thy Salvation, O Lord, be always ours this day and for evermore!