



SAINT NINIAN CATHEDRAL PARISH

Antigonish, Nova Scotia

Palm Sunday
March 24th, 2024

HOLY WEEK SCHEDULE

PALM SUNDAY MARCH 23RD-24TH

Saturday 4 pm

Sunday 8:30am & 10:30am

MONDAY MARCH 25TH MASS OF CHRISM

3pm

TUESDAY MARCH 26TH

9am Mass

WEDNESDAY MARCH 27TH

Way of the Cross & Mass

6:15pm

HOLY THURSDAY MARCH 28TH

Mass of the Lord's Supper

7:00 pm

GOOD FRIDAY MARCH 29TH

Stations of the Cross

11:00 am

Passion of our Lord

3:00PM

EASTER VIGIL / HOLY SATURDAY MARCH 30TH

8:30PM

EASTER SUNDAY MARCH 31ST

8:30 AM & 10:30 AM



facebook.com/stninian.cathedral

www.saintninian.ca

COLLECTION INFORMATION

March 17th, 2024

Sunday Collection: \$6847.70

Pre-authorized payments (March): \$10,281.00

Income Tax Receipts are available

MASS INTENTIONS

March 26th-March 29th, 2024

Tuesday, 26th

Donald & Marie Pettipas, r.i.p.

Martina MacPherson, r.i.p.

Wednesday, 27th

Paul MacDonnell, r.i.p.

Ronald MacDonald, r.i.p.

Maurice Slaney, r.i.p.

Thursday, 28th

Alice Baxter, r.i.p.

Francis Tomsala, r.i.p.

Friday, March 29th

CWL

THERE IS A TIME FOR EVERYTHING UNDER HEAVEN

Francis Doiron, Pomquet

Joseph William Mac Donald, Antigonish

Jeffery Daniel Paul "Jeff" Murray, Antigonish

Colette MacDonald, South Side Harbour

SACRAMENT OF RECONCILIATION CONFESSION SCHEDULE

Saturday March 23 from 10am to 1pm

Wednesday March 27

from 6pm to 7pm

Both Reconciliation Rooms will have priests
available during those time periods.

ANTIGONISH COMMUNITY GRIEF GROUP ALL ARE WARMLY WELCOME

March 18 - April 13th at Saint Ninian Place
Gladys Mac Dougall and colleague support individuals
who have encountered Grief and or Loss in their lives.

They create a welcoming space to gather and
feel that you do not walk alone.

To Register, contact Gladys Mac Dougall at 902-870-
4884 or email: macdougallgladys@gmail.com

Registration is Free!

OPEN KITCHEN

Come and join us

An Italian Meal

Sunday March 24,
Saint Ninian Place

12-3pm

10.00/ person



EASTER FLOWERS

Anyone wishing to make a donation towards

Easter flowers may do so by putting it in
an envelope and marking

"Easter flowers" or by using the Envelopes at the back
of the Church. These can be placed in the donation basket
or dropped off at the Parish Office.

LENTEN PRAYER

Oh God, as we enter this Holy Week, renew our minds and
spirits. Let the story of Jesus' entry into Jerusalem inspire
us to welcome Him into our hearts anew. May the Palms
we wave symbolize our commitment to follow Him more
closely, to live lives of service and compassion,
just as He taught us.

HOW GO TO CONFESSION

Enter the confessional and greet the priest.
Begin by making the sign of the cross and say "Bless me,
Father, for I have sinned. It's been [however many
days/months/years] since my last confession."

List your sins.

Mention venial (everyday) sins and mortal sins, which
are more serious, but it's OK if you don't remember
every single sin. It doesn't have to be a laundry list of
sins. When you're done, conclude by saying "I'm sorry for
these and all my sins."

Listen to the priest.

When you're done confessing your sins, the priest may
offer some guidance and suggest ways to avoid sins in
the future. He'll then give you a penance, which could be
a form of prayer, a service or some work of mercy.
Often, you'll be able to complete your penance while still
at church.

Pray the Act of Contrition.

This prayer is short and simple and is prepared for you
to read in the confessional.

Receive absolution from God, via the priest.

The priest will give you the prayer of absolution to absolve you of
your sins:

Depart and fulfill your act of penance.

You will have time to complete this in church.

NET CANADA MISSIONARIES

Marie Anne Gagnon has been accepted into NET Canada and will be fundraising for this project. If any of our parish community would like to help support the work of NET, we can do so by donating to her fundraiser.

There are some information papers you can fill out at the back of the church. Also, this is the website/ link where you can search to make online donations.

<https://www.netcanada.ca/missionaries/marie-anne-gagnon/>

WELCOME TO ST. NINIAN!

If you are new to Antigonish or to our Parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for more information on the cathedral parish, its various ministries, and services. Please feel free to contact us with questions, comments and feel free to visit the office from

Monday - Friday from 9am-12pm.

Registration forms are on the entrance table.
Please drop completed form at the parish office.

LENTEN YOUTH NIGHT

Mark your calendars for the evening of Palm Sunday, March 24, for a special youth holy hour followed by fellowship. Youth Grades 10 and up are invited to a Lenten Youth of the parish and university faith community. 6:30pm-8:30pm

For information, contact

Clare at clarelazzuri@gmail.com

CONCERT/DANCE SPONSORED BY THE KNIGHTS OF COLUMBUS

Music provided by The Last 2

April 20, 2024

Time: 8:00pm.- 12:00am

\$15.00/ ticket

St. Andrews Community Centre

Tickets can be purchased at MacDonald Store,
St. Andrews or Hawthorne Convenience and at the door.

DIVINE MERCY SUNDAY

Sunday of Easter.....7th April

The Divine Mercy Novena starts on
Good Friday.....29th March

STATIONS OF THE CROSS: GOOD FRIDAY

March 29th @11am The Catholics at X Student Society invites you to join them in praying the Stations of the Cross, here at Saint Ninian Cathedral.

PARISH MEETINGS

Monday

C.A.R.E: Monday March 24 at 7pm

Tuesdays

Prayer Group: No Gathering March 26th
St. Vincent de Paul (first Tuesday of the month)
at 7pm

Wednesdays

Religious Education Meeting March 13 @ 2pm
Saint Ninian Choir rehearsal at 7pm in the church

Thursdays

Breaking Open the Word, at 9:30am

RELIGIOUS EDUCATION CLASS SCHEDULE

Grade 2 Sunday March 24th

Grades 3-6 Wednesday March 27th

C.A.R.E. AGM

C.A.R.E. will be hosting its Annual General Meeting on
March 25th at 7pm in Saint Ninian Place.

C.A.R.E. has had a busy couple of months, and is expected to welcome another family in the coming months.

We are excited to share last year's achievements, and look into the future with renewed hope and plans.

All welcome!

LIONS PANCAKE BREAKFAST

March 24, 2024

Pancake and sausage breakfast at the Lions Den,
Highland Dr. The proceeds will go towards
a child needing surgery.

CWL NEWS

We Welcome members of the new Executive for the
St. Ninian's Council of The Catholic Women's League.

President: Toosje Van de Sande

Secretary : Jo Ann Ortega

Past President: Elizabeth Kell

Committee Chairs:

Faith: Marie Delorey

Service : Ann Callahan

Social Justice: Janet Bekkers

A meeting for all members will be held on Tuesday
April 2nd, 2024 @ 7pm in Room 018 St. Ninian Place.

Come and welcome new members

Message from Father Danny:

Over the coming days, we are invited to accompany our brother Jesus on his journey to Jerusalem. The wonderful liturgies of Holy week offer chances to feel with Jesus and his disciples - the palm branches waving in the streets, the water that washes our feet, the bread and wine shared in memory of Christ, the wood of the cross.

There is so much time and effort placed on these liturgies, by members of the parish, I pray that you will be fulfilled and spiritually rewarded by your participation.

As always, our hope is the weather will cooperate with us and bring an Easter spring feeling to all celebrations. You may remember a few years when the Easter Vigil was cancelled due to blizzard conditions!

This Palm Sunday we will receive the traditional palms very much like the palms that welcomed Jesus to Jerusalem. When living in Dublin, palms were distributed in small number, parishioners brought with them small tree clippings from their own gardens. It's my understanding that was part of our history. It would have been difficult to order and ship palms from the USA in the 30's and 40's and even later! This year we have the traditional palms available and have prepared crosses.

At one time every car and home hung the blessed palm.

The Triduum begins on Holy Thursday with the Mass of the Lord's Supper, Good Friday- the Passion of Our Lord and at the Easter Vigil in the Holy Night of Easter. It truly is a very spiritual and emotional time that celebrates our own journey of sorrows, joys, challenges and hopes.

This Monday the diocese will gather at St. Ninian to celebrate the Mass of Chrism. The Holy Oils will be blessed by Bishop Kirkpatrick and sent out into the parishes, some nursing homes, and hospitals throughout the diocese. This Liturgy is only celebrated once a year in the Cathedral and a good chance for us to welcome diocesan sisters and brothers and the priests and deacons from throughout the diocese.

Have a blessed and Holy Week.

God Bless, Father Danny

