



WOMEN'S *Weekend* RETREAT

{ STEP INTO YOUR SPOTLIGHT }

A Retreat for Women Who Want to Play Big,
Live Empowered and Create a Dream Life & Career

NOVEMBER
9-11 20
18



The
Alexander
Hotel

• *Downtown Indy* •

This retreat is an opportunity for inspirational and successful women who want to connect with others like them and recognize the value of seeking experiences to further their own development and create more of what they want in their lives and careers. Participants will leave better connected, ready to let go of what's been holding them back, and motivated to play a bigger game and live a more empowered life. Sign up today.

You are worth it.



YOUR *Retreat Weekend* INCLUDES...

- **Skyline Social Hour**
Friday night welcome. Champagne.
Meet and mingle.
- **Essential Elements Yoga**
Mind. Body. Spirit.
Provided by Renee Bogard.
- **Spotlight Experiential Learning Sessions**
Self-discovery. Insight.
Mindset. Action.
- **Masterminding Circle**
Collaborate with peers to elevate
and support your goals.
- **Beauty and Bubbles**
Get pampered by a Saks Fifth Avenue
Beauty Consultant. Open champagne
& wine bar. Includes makeovers,
a professional photo shoot and a
Saks swag bag.
- **Speaker Panel**
Connect with and listen to successful
women making a difference.
- **Treetop Outdoor Adventure**
Ropes Course Challenge to push
yourself to overcome fears, set new
goals, and step into your greatness.



: *Registration* INFORMATION :

Early Bird Registration: \$1999

Retail Cost Registration: \$2499

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Sarah Glitzer Consulting

Coaching Programs are 50% OFF
with purchase of the retreat!



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{ Sarah Glitzer }

is a professional coach, facilitator, highly sought-after motivational speaker, and the owner of Sarah Glitzer Consulting. She helps teams and individuals learn how to **play big** and **live empowered** to create the life they will love.

Sarah is a graduate of Southern Methodist University with a degree in Broadcast Journalism, which led her to work with MTV News in Los Angeles. After working as a COO, Sarah left the corporate world to put her love of coaching and desire to empower others into the creation of her own company. She is a Myers Briggs (MBTI) Certified Practitioner, and Certified Coach and Facilitator.

Sarah is honored to be the third woman in Indiana history to capture both the Miss Indiana USA and Miss Indiana Teen USA titles. For the last 18 years, she has mentored others to step into their spotlight and create a life and business that they love. When she's not coaching others, she's spending time with her 6 year-old son Gavin, her husband Chris and their dog, Chester.

www.sarahglitzer.com