

## IMPACT STATEMENT

Since opening our office doors in 2019, we've celebrated these significant milestones:

- Increased operation hours from 15 to 60 per week.
- Increased support services to people in recovery.
- Increased hours of peer recovery services.
- Increased volunteer services to over 790 hours.
- Launched our website and expanded social media presence.
- Conduct Annual Walk for Recovery during National Recovery Month.
- Host Annual Banquet for Recovery to recognize outstanding individuals dedicated to helping others in recovery.
- Continue our services to veterans, service members, and their families
- Host annual Recovery Coach Academy.
- Expanded Justice involved programs including support groups and local jail meetings



## ABOUT US



Founded in 2014, the Recovery Community Network (RCN) is a nonprofit, grassroots Recovery Community Organization dedicated to mobilizing resources within and outside of the recovery community to increase the prevalence and quality of long-term recovery from substance use disorders.

Our mission is to collaborate with members, partners, and allies of the recovery community to broaden recovery resources in Central MN through peer-to-peer support services, public education, and advocacy.

Our Certified Peer Recovery Specialists:

- Provide services that are free-of-charge.
- Promote recovery through peer-to-peer interaction.
- Are open to multiple pathways to recovery.
- Utilize motivational interviewing and a peer-based model of help.
- Decrease stigma and increase recovery options.

***RCN provides programs and services for people seeking recovery and those who care about them. These services are always free of charge.***

# RECOVERY COMMUNITY NETWORK



**RECOVERY COMMUNITY NETWORK (RCN)**

**Tax ID #: 35-2679675**

**501(c)(3) Nonprofit**

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# T.O.R.S.



What is the TORS program?

## Telephone/text Online Recovery Services

A person in recovery from RCN will call, text, or email you weekly and check in on your recovery.

TORS contacts are completely voluntary and free of charge. Participants may begin and end at any time.

Contact information is confidential and once the service has been discontinued the contact information will be discarded.

TORS is one more means of connection to utilize in your recovery “tool kit”. If you are interested in joining this program, please contact our office.



### TORS Recovery Services

- Telephone, text or online recovery check-ins (TORS)
- Daily or weekly check-ins
- Begin or end at anytime
- Confidential and no cost



### Peer-to-Peer Services

- 1:1 peer support services
- Walk in or scheduled
- Person-centered and focused on strengths and resiliency
- MN board-certified peer recovery specialists and trained volunteer personnel
- Assistance finding Housing resources



### Veterans' Program

- 1:1 veteran and military peer recovery coaches
- Housing assistance and resource referrals
- Recovery Coach Academy scholarships for veterans and family members



### Self help / Mutual aid Groups

- Many pathways to recovery
- A.A, N.A., Aftercare, SMART Recovery, Sober Squad and Support Squad.
- Spanish-speaking meetings
- Justice-involved Support Group and local jail meetings

# COLLABORATION MEETINGS

RCN holds monthly meetings for members, friends, and allies of the Central Minnesota Recovery Community.

Contact us if you or your organization would like to participate in our monthly gatherings. The meeting seeks to strengthen partnerships with members, allies and friends of the recovery community and is open to anyone who aligns with the recovery community.

We seek to complete not compete with other recovery options and services.

We publicize upcoming recovery events and options for the purpose of connecting the recovery community to recovery opportunities in the Central MN area.

**Recognized as a Recovery Community Organization in good standing by The Association of Recovery Community Organizations (ARCO).**