



Recovery Community Network, Inc.
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Telephone Recovery Services (TRS)

What is TRS?

A person in recovery will call or text you weekly and check-in on your recovery. Telephone/Text Recovery Services (TRS) are completely voluntary. This service is free of charge and a participant may begin and stop at any time. Contact information is confidential and once the service has been discontinued the contact information will be discarded. Contact information will not be given out to third party entities for marketing. Addiction happens in isolation and connection is a key to recovery. TRS is one more means of connection to utilize in your recovery "tool kit".

What does a TRS Provider do?

Our TRS providers are people with lived recovery experience. They will call or text you on a weekly basis to check-in on your recovery and see how you are doing. Our providers will see if you need any information and then provide it or point you in the direction where the information may be obtained. If you just want to talk about recovery, they will do that too. In summary, it's a simple check-up. Most calls last a few minutes.

How do I begin?

Merely fill out the contact information below and mail it back to the address above. You may also attach this form to an email and send to the email address provided.

TRS Request Form

Name: _____

Contact number: _____

Email address: _____

Best method of contact: Phone _____ Email _____ Text _____

Best time to contact: 9am to 12pm _____ 12pm to 3pm _____ 3pm to 6pm _____

Mon _____ Tues _____ Wed _____ Thurs _____ Fri _____ Sat _____

The Recovery Community Network is a 501(C)3 devoted to working with the recovery community of Central MN. We receive funding from the MN Department of Health Services in conjunction with the Minnesota Recovery Connection. We seek to complete not compete with recovery options and pathways.