

## VETERANS EXPERIENCE, STRENGTH & HOPE MEETING

Wednesday, 12:00 CDS, 1:00 EST and 10:00 PST, 9:00 Alaska time

Zoom meeting only

Contact: veteransesh@gmail.com for information

To connect to Zoom meeting:

Meeting ID: 867 8551 7606

Passcode: 706080

This meeting is for all who serve or have served in the Armed services, and are looking for support with recovery from substance use disorder. Who are looking for comradeship so you know you are not alone.

Substance use is about isolation, recovery is about connection. You never have to be alone again.

Connection begins with reaching out.

Come join us every Wednesday.