

July class series on
Mystical Hope: Trusting in the Mercy of God

We will be reading and discussing this book by Cynthia Bourgeault, Episcopal priest,
author and teacher on centering prayer and contemplative prayer

St. Christopher's Episcopal Church
6320 Hanover Avenue
Springfield, VA 22150

Wednesday evenings, July 3 – 31
6 pm supper, 6:30 class

We will gather on Wednesday evenings July 3 through July 31 at 6 pm for supper and 6:30 for class. Feel free to arrive at 6:30 pm if you wish to skip supper. Rev. Carey Connors will lead a study of the small book, *Mystical Hope: Trusting in the Mercy of God* by Cynthia Bourgeault, who is well known as a teacher of centering prayer and contemplative prayer. The book has been described as “[inviting] us to [the] kind of hope that has its source not in events but in the mercy of God, a lifeblood of compassion connecting our heart to God’s heart and the heart of all creation.” The book is available for less than \$13 from Amazon, but if you haven’t read that week’s chapter, please come anyway. All are welcome.

Here is the schedule:

July 3, Chapter 1, The Journey

July 10, Chapter 2, Mercy and Hope

July 17, Chapter 4, Dying Before You Die

July 24, Chapter 5, Hope and the Future

July 31, Chapter 3, Centering Prayer, with instruction on centering prayer led by an outside specialist in this practice

The book is available for under \$13 from Amazon. Closer to July, there will be a link for volunteers to sign up to bring any kind of entrée (soup, casserole, sandwiches, etc.) plus bread.

For further information, please contact Rebecca Lake at islandlake11@gmail.com or Nancy McMahon at mcmahon.nk@gmail.com.