



Meister Eckhart Study

How do I live as a mystic today? How do we realize more expansive states of consciousness and foster compassion for others? Always enlightening, clear-eyed, contemplative, and lovingly subversive Meister Eckhart shows us how to become mystics by teaching us to relax into God, to let go and let be. His word for it is *Gelassenheit*. And it is the only mystical practice one ever needs.

Together, we will read the talks, treatises, and sermons of Meister Eckhart.

Along the way, we will learn his remarkably flexible and ever-helpful contemplative practice of *Gelassenheit*, the truth of God's oneness with us, and how to wake up and live in the divine love that transcends all things. We will experience his mysticism if everyday life in all its subtlety and sublimity.

We will use Oliver Davies' translation of Meister Eckhart in *Meister Eckhart: Selected Writings* (part of the series of Penguin Classics), which is found here:

https://www.amazon.com/Selected-Writings-Penguin-Classics-Meister/dp/0140433430/ref=sr_1_4?crid=GKHTPSCEWSVT&keywords=meister+eckhart+books&qid=1699127083&s=books&sprefix=meister%2Cstripbooks%2C148&sr=1-4

Teacher: L.J. Milone, Director of Faith Formation for the Cathedral of St Matthew in Washington, DC.

Date: November 12, November 19, November 26, and December 3 (4 Sunday afternoons)

Time: 3:30pm – 4:30pm

Cost: \$75

– pay by Venmo: @Louis-Milone-1

– Or pay by mailing a check:

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Email me at nihtgottes000@yahoo.com to register. Once you register, you will receive the Zoom link. Classes are on Zoom and will be recorded.

Peace,
L.J.