

# Centering Prayer Groups in Northern Virginia

## VIA ZOOM

(see back side for “IN-PERSON” groups)

To access a PDF file containing the live links shown below, go to:

<https://ContemplativeOutreachNOVA.com/groups>

(in order by day of week)

- Monday 9:30am-10:05am** Contact: [Laurie Corkey](#)  
*30min sit (only) – begins with short prayer or reading*
- Monday 1:30pm** [Click here \(and scroll down\) for Zoom link](#)  
*This CP Zoom is led by Rev. Jon Strand, Church of the Holy Comforter, Vienna. It includes a brief check-in, an opening prayer, brief instruction, 20 minutes of silence and then a brief closing prayer.*
- Thursday 9:00am-10am** Contact: [Laurie Corkey](#)  
*Thurman CP Group: “Centering Prayer at the Intersection of Faith & Equality”  
25min centering prayer, 30min shared book reading*
- Thursday 9:30am** Contact: [Janet Broderick](#)  
*Centering Prayer + Lectio Divina  
Based out of St. John Neumann Catholic Church, 11900 Lawyers Rd, Reston*
- Thursday 7:00pm** Contact: [Marie Kordes](#)  
*Centering Prayer  
Based out of St. John Neumann Catholic Church, 11900 Lawyers Rd, Reston*
- Fridays 9:30am-10:30am** Contact: [Laurie Corkey](#)  
*Centering Prayer (25min sit) followed by 30min Group Book Reading & Sharing (or Lectio Divina) We have a few members who join us only for the CP sit. Newcomers always welcome.*
- Friday 2:00pm** [Click here \(and scroll down\) for Zoom link](#)  
*This CP Zoom is led by James Wall, Church of the Holy Comforter, Vienna. It includes a brief check-in, an opening prayer, brief instruction, 20 minutes of silence and then a brief closing prayer.*

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List compiled by [Contemplative Outreach of Northern Virginia \(CONOVA\)](#)

To add a group to this list, please contact us at [CONOVA99@gmail.com](mailto:CONOVA99@gmail.com)

# Centering Prayer Groups in Northern Virginia

## IN-PERSON

(see back side for “ZOOM” groups)

(in order by location)

- Alexandria**    **Wednesdays**    **6pm-7pm**    Facilitator: [Laura Clerici](#) 703-859-6832  
[Trinity United Methodist Church](#),  
2911 Cameron Mills Rd, Alexandria, VA  
Email [church office](#) or call 703-549-5500
- Bristow**    **2<sup>nd</sup> & 4<sup>th</sup> Tuesdays**    **10am-11:30am**    Contact: [S. Charlotte Lee, OSB](#) 703-361-0106  
[St. Benedict Monastery](#), 9535 Linton Hall Rd., Bristow, VA  
*These twice-a-month sessions of Centering Prayer + Lectio Divina are offered through (and at) the Benedictine Pastoral Center (same address)*
- Fairfax**    **1<sup>st</sup> Wednesday of month**    **7pm**    Contact: [Judi Hangen](#)  
*Contemplative Prayer Service*  
[King of Kings Lutheran Church](#), 4025 Kings Way, Fairfax, VA
- Leesburg**    **Monday**    **7:00pm-8:30pm**    Contact: [Jim Ferry](#) 703-777-1124  
[St. James Episcopal Church](#) 8 Cornwall St NW, Leesburg, VA
- Springfield**    **Wednesday**    **4pm-4:45pm**    Contact: [Rebecca Lake](#)  
[St. Christopher's Episcopal Church](#), 6320 Hanover Ave, Springfield, VA  
*Sessions begin with a brief Lectio Divina reading, followed by a 25-minute period of centering prayer. Afterward, we often include a short reading pertinent to contemplative practice.*  
  
*Newcomers are encouraged to come a few minutes early for an introduction and to answer any questions. Sessions are held in the Education Building Library.*
- Vienna**    **Friday**    **9:30am-10:30am**    Contact: [Mary Jane Ross](#)  
[Andrew Chapel UMC](#), 1301 Trap Rd, Vienna, VA  
*Centering Prayer (25min sit) followed by 30min Group Book Reading & Sharing*  
*Newcomers always welcome.*

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