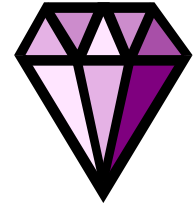


GEMS



A peer support program for children of separated/divorced parents

This program helps children identify their feelings about divorce and separation and gives them the vocabulary to talk about what is happening in their lives.

GEMS makes children more aware of feelings that can affect adult behaviour, helps them prepare for and deal with changes in their lives and guides them in the building of personal coping skills.

The student workbook includes units with the following themes:

◆ **Diamond** - "I am Special"

◆ **Agate** - "My World is Changing"

◆ **Sapphire** - "Feelings, Feelings, Feelings"

◆ **Amethyst** - "Taking Care of Myself"

◆ **Ruby** - "I am so mad, I could"

◆ **Opal** - "My Special Support"

◆ **Jade** - "Parents have feelings too"

◆ **Emerald** - "What's in a Family?"

◆ **Pearl** - "Moving on"

This program is written for students in K - 3 or Grades 4 - 6

SOUTH WINNIPEG



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Please indicate if you require manuals for K- 3 or Grades 4 - 6

K - 3

Grade 4 - 6