

GET THE MOST OUT OF YOUR SUMMER!

# BRITANNIA KARATE



# NINJA SUMMER CAMP

AGES 5+

JULY 10 - 14, 2023

# **BRITANNIA KARATE NINJA SUMMER CAMP**

## **Camp Description:**

The day launches with a fun morning class of karate basics that includes conditioning (i.e. obstacle courses, pad drills, rank development all designed to help kids level up their training). Mid morning specialty karate training will introduce exciting new ninja skills (jumping techniques, skill sequencing, self defense techniques, sparring combinations and karate games). After lunch, the group will explore local parks on foot. Sandy Beach and Stanley Park will include water play. Each day concludes with a craft or STEM activity. On the final day of camp, kids can test out their skills during a mini Ninja Olympics (a mock competition) and celebrate their successes of the week with Village ice-cream.

## **Where:**

Camp will be held in the main upper gym of Temple B'Nai Tivah, 900, 47 AVE SW, Calgary, AB. Access from main office doors facing on 47th Ave.

## **Requirements:**

Lunch and two snacks, sunscreen, water bottles, uniform, change of clothes, water wear and towel (for Monday / Thurs, weather permitting). Please label all belongings. Participants should arrive each day in their uniform ready to train.

## **Camp Weeks:**

July 10-14 Max enrollment 20  
\$360 (not including before and after care)  
\$199 for half days (Karate only)

## **Payment:**

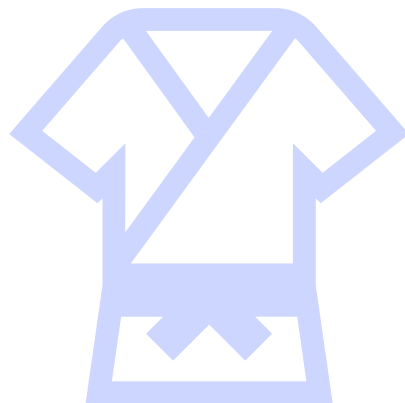
Submit payment by etransfer to:  
britanniakarate@gmail.com  
or via credit card on your Kicksite account

# BRITANNIA KARATE NINJA SUMMER CAMP

## Daily Schedule

**Before Care: 8-9am**  
**Ninja Camp: 9am-3pm**  
**After Care: 3-4pm**

	Before Care	Karate Basics		Specialty Training		Park Play	Campfire / Snack	After Care
<b>CAMP</b>	8:00am	9:00-10:15am	10:15	10:30am-noon	Lunch	12:45-2:00pm	2:00-3:00pm	3-4pm
Monday	Drop off	karate	snack	karate	Lunch	Sandy Beach	Craft/STEM Activity	Pick up
Tuesday	Drop off	karate	snack	karate	Lunch	Britannia Park	Craft/STEM Activity	Pick up
Wednesday	Drop off	karate	snack	karate	Lunch	Elboya Park	Craft/STEM Activity	Pick up
Thursday	Drop off	karate	snack	karate	Lunch	Stanley Swim	Stanely Swim TBD	Pick up
Friday	Drop off	karate	snack	karate	Lunch	Karate olympics	Village Icecream/Park	Pick up



# REGISTRATION

<b>Name of Participant</b>	
<b>Current Rank (if applicable)</b>	
<b>Age (at time of camp)</b>	
<b>Date of Birth</b>	
<b>Address</b>	
<b>Parent's Names</b>	
<b>Parent(s) Address (if different than above)</b>	
<b>Email address</b>	
<b>Cell phone number</b>	
<b>Alternate phone number</b>	
<b>Emergency Contact Name, Cell number and Relationship</b>	

Submit registration form to [Britanniakarate@gmail.com](mailto:Britanniakarate@gmail.com). Registration is not guaranteed until payment is made. Britannia Karate reserves the right to cancel this program at any time with full refund in the event of insufficient enrollment