

**What is the Fully Present Better Human Project?**

It's the promotion of the idea that by becoming a better human and encouraging others to do the same that together we can create a safer, more equitable, and more enjoyable society for ourselves and our loved ones.

**What is required?**

A personal commitment to the nine principles and sharing those principles with others.

**When does the campaign end?**

It's ongoing as these are intergenerational and transnational principles for mankind.

**How can I help to spread the campaign?**

By word of mouth and displaying the promotional products.

**How can I support the campaign?**

By telling others and by purchasing the promotional products available on the Promotional Store page.