

Innovations in Nutrition Grantee Summit

Community of Care Guidelines



Nutrition and Aging
Resource Center

These guidelines help create a positive and respectful environment during our short time together. We are so excited to have you here, and we want this Summit to be meaningful and engaging for all!

1. Arrive Prepared and Engaged:

- Come to all sessions prepared and ready to actively engage in the discussion or work at hand.
- Bring your business cards to make connections and network.
- Be punctual and show respect for presenters and colleagues by arriving on time.

2. Minimize Distractions:

- Refrain from using computers, phones or other electronic devices during sessions unless taking notes or if it is necessary for the task at hand.
- If you must use electronic devices for other reasons than mentioned above, step outside the meeting room to do so, ensuring that your actions do not disrupt the proceedings.
- We understand your day-to-day responsibilities do not stop while at this summit. Organizers have set aside work time each day to allow you to address anything, if needed.

3. Active Listening:

- Practice active listening during presentations and discussions.
- Avoid side conversations or distracting behaviors that may hinder your ability and others' to engage with the content and colleagues.

4. Respect for Diverse Perspectives:

- Encourage a welcoming and inclusive environment by respecting and valuing diverse perspectives and ideas.
- Be open to constructive criticism and different viewpoints, fostering a culture of collaboration and mutual respect.

5. Participate Constructively:

- Contribute to discussions in a constructive and meaningful manner.
- Share your insights, experiences, and expertise to enrich the collective learning experience

6. Feedback and Continuous Improvement:

- Provide feedback and suggestions for improving sessions or processes in a respectful and constructive manner.
- Be open to receiving feedback and use it as an opportunity for personal and professional growth.

7. Professional Conduct:

- Always maintain professionalism, both in your interactions with colleagues and in your contributions to the INNU community.
- Assist and support other INNU Grantees in a positive way.

8. Rest and Fun:

- Make time to rest and rejuvenate.
- Have fun together with other INNU Grantees!