

DESTINY MOSER

INDIGENOUS FOOD SYSTEMS | FOOD POLICY | SEASONAL PROCUREMENT

Food Has Seasons. Policy Should Too.

KEYNOTE OVERVIEW

What happens when food policy disconnects from the land it governs? In this keynote, Destiny explores how current regulations often restrict Indigenous foodways, community-scale harvesting, and seasonal food models, while making it easier for processed foods to move through the system.



AUDIENCE TAKEAWAYS

- Understand regulatory barriers affecting Indigenous food systems
- Explore seasonal food policy models used internationally
- Identify opportunities for institutional procurement reform
- Learn how FoodZen is modeling practical change

AVAILABLE FORMATS

- 20-minute keynote
- 45-minute keynote + Q&A
- Panel participation
- 60-90 minute workshop
- Roundtable or facilitated policy conversation
- Virtual or in-person presentations

ABOUT DESTINY

Destiny Moser is the founder and executive chef of FoodZen, a Waterloo Region-based food company focused on hyper-local, ultra-seasonal meals made from whole ingredients. As an Indigenous entrepreneur, she works at the intersection of food, health, policy, and community, using both business and education to advocate for food systems that better reflect the land, the season, and the people they serve.

SPEAKING TOPICS

- Indigenous food systems and regulation
- Whole foods vs. processed foods
- Seasonal procurement and ecological food policy
- Food sovereignty and reconciliation
- Entrepreneurship as systems change

DESTINY@FOODZEN.CA | WATERLOO REGION | AVAILABLE NATIONALLY

Revenue from FoodZen supports education, advocacy, and policy work in Indigenous food systems.