



# Recipes

# March

## Green Eggs and Ham

### Ingredients:

3 TBSP Butter  
10-ounce package of marshmallows  
6 cups crisp rice cereal

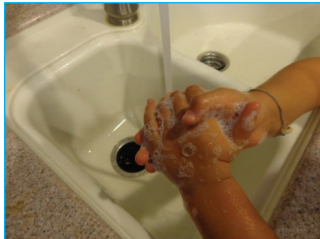
### Equipment:

Large saucepan  
patula, 9 x 13 pan  
Stool (if needed to reach counter)

### Mini-Directions:

Wash hands. Get an adult to help you since the hot stove will be used. With an adult's help get the frying pan; put the pan on the stove burner; turn stove on medium heat and put ham into skillet and fry. Cook scrambled eggs according to your family recipe. Put one drop of green food coloring into eggs for each egg cooked. Serve with toast and fruit slices. The green food coloring will not affect the taste of the eggs.

### Full Directions:



**1. Prepare to cook!** Put on apron or clean shirt to cover clothes. Pull long hair back in an elastic or tie. Wash hands with soap and warm water while singing "Twinkle, Twinkle" or count to 100 slowly. Dry hands on a clean towel. Wash off your work space and gather your adult helper, equipment and ingredients.

**2. Cook the ham.** Fry ham steak in a skillet until warm, set aside.

**3. Cook the eggs.** Make scrambled eggs like you usually do, but add 1 drop of green food coloring for each egg.

**4. Dish it up.** Serve green eggs and ham with toast and fruit slices. The food coloring does not affect the taste of the scrambled egg.

**5. Enjoy!** Enjoy this fun, tasty breakfast and then read Dr. Seuss's Green Eggs and Ham together!

