

Shepherd's Center Activity Groups

Sign up for our Monday email at www.shepherdscentertopeka.org to receive information on Activity Groups.

Bridge Group - 1st and 3rd Thursday of the month from 1:00 - 3:30 pm, at Our Savior Lutheran Church, 2021 SW 29th St, Topeka. To play, arrangements must be made by Monday at 5:00 by calling Joan Arterburn at 785-408-5174.



Family History Writing Group - 2nd Wednesday of the month, 10:00 - 11:30 am, Lowman United Methodist Church, room 12. Do you have great family stories to tell and want to pass them down to the next generation but don't know where to start? Contact our office for more information.

Hand and Foot Canasta - 2nd and 4th Tuesday of the month from 2:00 - 4:00 pm, St. David's Episcopal Church, 3916 SW 17th St, Topeka. You must arrive before 2:00 pm and stay for the entire game. If you would like to play, please email Caroline Huff at libopper1@gmail.com or call 785-228-2447.



Line Dancing - 2nd and 4th Thursdays, 1:30 - 3:30, and beginners class 1st and 3rd Thursdays from 1:30 - 2:30 at First Baptist Church, 3033 SW MacVicar Ave, Topeka. For questions, contact Karen Botkin at 785-945-6785 or Jim Bauer at 785-256-2432.

Pitch and Pinochle- Meeting on the 2nd Tuesday of the month at Our Savior Lutheran Church, 2021 SW 29th St, Topeka, from 1:00-3:00 pm. Please use the east entrance when you come to join the fun! If you have questions, please email the coordinators, Sandi and Roland, at ckrskass1@att.net.



Mexican Train Dominoes - 1st and 3rd Tuesday of the month from 2:00 - 4:00 pm, St. David's Episcopal Church, 3916 SW 17th St, Topeka. Do not enter the building before 1:45 pm. Please email the coordinators, Marylin Buzzell mbuzz55@gmail.com or Mary Adkins, marycatkeeper@gmail.com.

Pickleball - Monday and Wednesday, 1:00 – 3:00 pm, First Baptist Church, 3033 SW MacVicar Ave, Topeka. Park on the West Side, where the gym is located. Requires a signed liability waiver. SCT Membership is strongly encouraged. Contact coordinator Dave Mathias at davemathias@sbcglobal.net or Betsy Thompson at betsyjthompson@gmail.com for more information.



Shepherd's Center Book Club - 1st and 3rd Monday of the month, 2:00 - 4:00 pm at Westminster Presbyterian Church, 1275 SW Boswell Ave., Topeka. For more information, contact the office at 785-249-3258 or shepherdstopeka@yahoo.com.

SMS - Strength, Mobility, Stability Exercise Group Monday, 9:30 -10:00, Arbor Valley Senior Homes Clubhouse, 1414 SW Arbor Valley Dr, Topeka Tuesday and Thursday, 9:00 - 9:30, Rosehill Place, 3600 SW Gage Blvd # 97, Topeka Tuesday and Thursday, 10:00 - 10:45, Countryside UMC, 3221 SW Burlington Rd. For information, call Anne Crawford at 785-273- 4527 email anne.crawford@cox.net.



Tai Chi for Health (TC) - Tuesday 9:30 - 10:30 at Lowman United Methodist Church and Thursday 9:30—10:30 at Topeka Zoo. No training is needed. Contact Madon Daily at 505-424-8989 or madondailey@gmail.com. To join from home via Zoom, contact Madon for the link and password.

Mah Jongg - Meeting on the 1st and 3rd Thursday of the month from 1:00 -3:00 pm at Prince of Peace Lutheran, 3625 SW Wannamaker Road. Call or email the SCT office 785-249-3258 for more information.

Donations are welcomed to help support the Shepherd's Center of Topeka.