

Adventures in Learning - Friday, October 3, 2025

9:00 - 9:50 News and Views - Current Events - Get Involved with Jim Brewer

Jim Brewer stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics; an exchange of ideas & viewpoints. Comments welcomed.

9:00 - 9:50 am Dealing with Change and Transition in Later Life with Connie Michaelis

Change is life's constant companion—sometimes it's a small adjustment, other times it feels like an earthquake. For older adults, transitions can be especially challenging, whether it's a move, a health shift, or the loss of a loved one.

9:00 - 9:50 am Writing Non-Fiction: A True Crime Example with Ernie Webb III

Ernie Webb III will talk about writing nonfiction, sharing his experiences researching and writing his true crime book Goodbye, Butterfly.

10:00 Break Refreshments provided by Tanglewood Health and Rehab

10:40 - 11:30 am Which Hat Will You Wear Today Cyrus? with Sara Neiswanger Weaver

From ideation to illustration, hear the background of why and how a native Topekan chose to write and self-publish a children's book celebrating local history and encouraging young readers to experiment and explore the opportunities that surround them

10:40 - 11:30 am Shades of Theater with Jim Ramos

Shades of Theatre Company is a new 501(c)(3) community theatre that was created to amplify the voices of underserved, underrepresented communities. 2025 is SOTC's inaugural season and is a new gem of the Topeka Community.

10:40—11:30 am Hiking the Appalachians with Tobias Schlingensiepen

Sir Snail's adventures from his latest 3-month hiking sabbatical from the top to the bottom of the Appalachian Trail.

Adventures in Learning - Friday, October 10, 2025

9:00 - 9:50 am News and Views—Current Events - Get Involved with Jim Brewer

Jim Brewer stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics; an exchange of ideas & viewpoints. Comments welcomed.

9:00 - 9:50 am Empowered Caregiving: Support & Respite Resources with Jayhawk Area Agency on Aging

Empowered Caregiving is designed for those caring for senior adults, offering a heartfelt conversation about the challenges caregivers face—and the vital support available to them. This event will explore local resources, respite care options, and tools to help caregivers feel supported, informed, and empowered in their journey. Whether you're a family member, friend, or professional caregiver — you are not alone!

9:00 - 9:50 am Let's Help with Pat Yancy

Since 1969, Let's Help has worked to help fellow citizens by providing support to meet basic needs including food, shelter, clothing, medical care, child care, and other daily living expenses of Topekans who live in extreme poverty. Pat Yancy, Director, will share the Let's Help vision of building a better community by inspiring hope, promoting self-sufficiency, and breaking the cycle of poverty during this time of declining federal support, reduced food supplies, and staffing challenges.

10:00 Break Refreshments provided by Cedarhurst

10:40 - 11:30 am Photography with Dave Mathias

Dave will share some of the many photos he has taken during his 70 years as a professional photographer. He has put many into small visual shows with music that tell stories about people and the times that he has enjoyed working with all these years.

10:40 - 11:30 am History of Dover, KS and The Historic Sage Inn & Stagecoach Station with Debra Oliva

The Sage brothers came to territorial Kansas via the Lane Trail. Debra Oliva shares her love of Kansas history and the significance of this landmark that she and Mike Stufflebean once owned.

10:40 - 11:30 am Getting Comfortable with Your Smart Phone with Meg Porteous

In this presentation, you'll learn ways to use a Smartphone to make your life better: connecting with family and friends, exploring your hobbies and interests, using MyChart and paying bills, streaming movies and music, and learning everything from "how to change a gasket on your kitchen sink" to "how to pronounce 'gyro'".

Please Register for Adventures in Learning before Friday, September 25, 2025 to avoid a \$5 late

Adventures in Learning - Friday, October 17, 2025

9:00 - 9:50 News and Views - Current Events - Get Involved with Kevin McFarland

Kevin McFarland stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics; an exchange of ideas & viewpoints. Comments welcomed.

9:00 - 9:50 am Introduction to JAAA and Fraud and Scams with Pam Brown

Pam will review what JAAA does and recap the top 10 fraud and scams perpetrated on people over 50.

9:00 - 9:50 am Egypt: Treasures of the Pharaohs with Linda Elrod

From Cairo to Luxor and Aswan, a journey up the Nile explores some of the amazing sites and sights of ancient and modern Egypt. From the museums, ruins of temples, to the tombs in the Valley of the Kings, we get a glimpse of a civilization that shaped the world.

10:00 Break Refreshments provided by Thornton Place

10:40 - 11:30 am Somerset Lavender Farm with Joe & Teryl Studebaker

Joe and Teryl are the husband-and-wife team behind Somerset Lavender, a picturesque one-acre farm in Topeka, Kansas, where over 1,200 lavender plants in 20 varieties flourish thanks to their dedication and hard work. Their journey began with just three lavender shrubs at their former city home, sparking a passion that eventually grew into a thriving small business.

10:40 - 11:30 am League of Women Voters: Still Relevant After 105 Years with Dr. Glenda Overstreet

The League of Women Voters was founded in 1920 as the successor to the National American Woman Suffrage Association which had led the nationwide fight for women's suffrage. As a nonprofit, nonpartisan organization its focus is on political education and advocacy. It takes on the tasks of encouraging voter registration and informing voters of important issues through careful study and documentation.

10:40 - 11:30 am Remnants of The World's Fair with Tom Prasch

Kansas has never hosted the World's Fair but is home to at least four remarkable remnants from significant world's fairs. Tom will share the history and significance of international exhibitions worldwide and focus on the marvels held today in Lawrence, Lindsborg, and Wamego.

Adventures in Learning - Friday, October 24, 2025

9:00 - 9:50 News and Views - Current Events - Get Involved with Kevin McFarland

Kevin McFarland stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics; an exchange of ideas & viewpoints. Comments welcomed.

9:00 - 9:50 am PARS Elderly Drug Safe: Overdose Identification and Naloxone Administration with Haley Gil

This presentation covers how to recognize the signs of an opioid overdose and provides step-by-step instructions on how to administer naloxone, the life-saving medication that can reverse an opioid overdose. Haley will also give tips on safe medication storage so it doesn't get into the wrong hands.

9:00 - 9:50 am Painting Across Kansas with Cally Krallman

Cally Krallman, a professional fine artist for over 30 years, shares the paintings she created when she traveled every Scenic Byway of Kansas for an art exhibit. Additionally, she will share stories of her favorite places and historical sites.

10:00 Break Refreshments provided by Elara Caring

10:40 - 11:30 am Stories and Music with Rosie Cutrer

Maybe a Folktale? Maybe an original story? Maybe a song or two? Whatever Rosie decides to share is always a pleasant surprise.

Please Register for Adventures in Learning before Friday, September 26, 2025 to avoid a \$5 late