

Shepherd's Center Activity Groups

Sign up for our Monday email at www.shepherdscentertopeka.org to receive information on Activity Groups.

Bridge Group: The 1st and 3rd Thursday of the month, from 1:00 to 3:30 p.m., at Our Savior Lutheran Church, 2021 SW 29th St, Topeka. To play, arrangements must be made by Monday at 5:00 by calling Joan Arterburn at 785-408-5174.



Family History Writing Group: The 2nd Wednesday of the month, 10:00 - 11:30 a.m., St David's Episcopal Church, 3916 SW 17th St, Topeka. Do you have great family stories to tell and want to pass them down to the next generation, but don't know where to start? Contact our office for more information.

Hand and Foot Canasta: The 2nd and 4th Tuesday of the month, from 2:00 to 4:00 p.m., St. David's Episcopal Church, 3916 SW 17th St, Topeka. You must arrive before 2:00 p.m. and stay for the entire game. If you would like to play, please email Caroline Huff at lilbopper1@gmail.com or call 785-228-2447.



Line Dancing: The 2nd and 4th Thursdays, 1:30 - 3:30, and beginners class 1st, 3rd, and 5th Thursdays from 1:30 - 2:30 at First Baptist Church, 3033 SW MacVicar Ave, Topeka. For questions, contact Karen Botkin at 785-945-6785 or Jim Bauer at 785-256-2432.

Pitch and Pinochle: The 2nd Tuesday of the month at Our Savior Lutheran Church, 2021 SW 29th St, Topeka, from 1:00 to 3:00 p.m. Please use the east entrance when you come to join the fun! If you have questions, please email the coordinators, Sandi and Roland, at ckrskass1@a.net.



Mexican Train Dominoes: The 1st and 3rd Tuesday of the month, from 2:00 to 4:00 p.m., St. David's Episcopal Church, 3916 SW 17th St, Topeka. Do not enter the building before 1:45 p.m. Please email the co-coordinators, Marylin Buzzell, mbuzz55@gmail.com, or Mary Adkins, marycatkeeper@gmail.com.

Pickleball: Every Monday and Wednesday, 1:00 – 3:00 pm, First Baptist Church, 3033 SW MacVicar Ave, Topeka. Park on the West Side, where the gym is located. Requires a signed liability waiver. SCT Membership is strongly encouraged. Contact coordinator Dave Mathias at davemathias@sbcglobal.net or Betsy Thompson at betsyjthompson@gmail.com for more information.



Shepherd's Center Book Club: The 1st and 3rd Monday of the month, 2:00 - 4:00 pm at Westminster Presbyterian Church, 1275 SW Boswell Ave., Topeka. Contact coordinator Pat Kirkman at parryk696@yahoo.com for more information.

SMS - Strength, Mobility, Stability Exercise Group: Countryside UMC, 3221 SW Burlington Rd. For information, call Anne Crawford at 785-273-4527 or email anne.crawford@cox.net.



Tai Chi for Health (TC) - Tuesday 9:30 - 10:30 at Lowman United Methodist Church and Thursday 9:30—10:30 at Topeka Zoo. No training is needed. Contact Madon Daily at 505-424-8989 or madondaily@gmail.com. Contact Madon to get the link and password to join from home via Zoom.

Mah Jongg: The 1st and 3rd Thursday of the month from 1:00 to 3:00 p.m. at Prince of Peace Lutheran, 3625 SW Wannamaker Road. Contact coordinator Mike Stanfill at mstanfill@cox.net for more information.

Donations are welcome to help support the Shepherd's Center of Topeka.