



ABOUT

My work as an Emotional & Spiritual Health Advisor specializes in promoting emotional intelligence and responsibility, mental resilience, divine energy alignment and spiritual well-being. This work in collaboration with the physical and mental health professionals provides a complete holistic approach to human development. Through the use of Birth Chart mapping a personalised understanding of each individual provides a guide and a self-evaluation cycle to revise and transform outdated internal programming and trauma responses.

The Eclipse Seasons we experience that last from 18-24 months are vital steps in self transformation and human evolution.

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ANALIA SELCOUTH

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My name is the Analia, otherwise known as The Explicit Empress.

An Emotional and Spiritual Health Advisor, Conduit of the Divine and Haver of Opinions. I believe in promoting emotional intelligence and responsibility, mental resilience, divine energy alignment and spiritual well-being. This work in collaboration with physical and mental health professionals provides a complete holistic approach to human development which supports building a healthy mental state, aids in decision-making and relationship building skills, and helps cope with stress and trauma.

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THE MEANING OF THE PLANETS

Sun – The Central Root ‘I AM’

Our ego structure and sense of self. Essence. The light through which all other parts of us shine. Life Purpose. Consciousness. Self-expression & Creativity: How you shine and like to be creative and playful. Passion & Pride: What are you passionate about and where your ego might be in control. Leadership style. Energy : What energizes you. Authority: How you deal with people in charge and your self authority. Attention: How much attention you like and how you get it.

Moon- The Tides ‘I FEEL’

Our non-negotiable emotional needs and desires, instincts, nurturing, the unconscious, mother, moods, habits. The ways we find emotional fulfillment. Inner being, soul development, reactions, inner temperament, what makes us feel at home, how we nurture others and ourselves, family relationships, karmic triggers, what makes us feel safe.

Ascendant/Rising- The Window

Our most prominent persona, the role you played in your family system, first impressions, how others see us and how we see ourselves, outward personality, approach to life. Our Chart Ruler is determined by the ruling planet of this placement.

Mercury – The Wind

Our mind, thought, mentality, communications, siblings, travel, ability to learn and communicate, logic, intellect, nerves, and senses., mind habits and patterns, how we process information, our preferred way to receive communication, how we like to travel, how we organise data, what sort of people we easily connect with, hobbies.

Venus- The Garden

Love, beauty, pleasure, desire of social and romantic relationships, attraction to others, others being attracted to us, appreciation of beauty, desire to create beauty, what we value, romance, femininity, money, intake and harmony, receptiveness, self-worth, financial worth, our sense of justice, revenge, luxurious desires, seduction, where we need peace.

Mars- The Fire

Action, assertion, masculine energy, forward motion, goal oriented, courage, impulses, aggression, our force of will, our tendencies toward aggression, how our libidos are expressed, self-projection, ambition, sex, desire, competition, our drive and motivation, where we are comfortable in leadership, what triggers us to battle mode, how we initiate, our raw instincts.



THE MEANING OF THE PLANETS

Jupiter- The Expander

Expansion, growth, optimism, generosity, abundance, success, luck, higher learning,, overindulgence, overreaching, focus on wealth and status, excessive confidence, excess, spirit, compensation, assimilation, cosmic credits, education., where we take risks, enterprising spirit, where we always seek truth, core ideals, truths and beliefs, where we like to be extra.

Saturn- The Big Daddy

Limitation, tradition, necessity, structure, responsibility, the taskmaster, cold hard concrete realities, father time, ruler of karma and justice, the big picture of our 'school of life', our capacity for discipline and persistent effort, lessons, time, gravity, protection and limitation, where we set firm boundaries, authority, where our ambition lies, what challenges we are here to overcome and where we won't give up, what we provide for our close connections, what we suppress.

Uranus – The Chaotic Rebel

Sudden change, lightening transformations, bursts of insight, moments of realisations, spirit of revolution, overturning the status quo, our capacity for innovation, change and collective freedom, liberation, dramatic movements, surprising breakthroughs. Individuality, originality, eccentricity, creativity, new energies, rebellion, where you like to shake things up, what makes us feel alive, idealism , who our people are and where we belong, what principles we'll stand up for.

Neptune- The Dreamer

Merging intuition, psychic powers, artistic creativity, and profound emotional connection. Subtlety, refinement, the fantastical and enchanting, ruler of the dream world, impulses toward surrender, escapism, illusion, delusion, projection, victim hood, how our psychic powers may manifest, spirituality, obligation, loss of distinction, idealism, transcendence, depression, how we process ancestral and childhood trauma, where we sacrifice for others, where we create glamour to enchant the world, what forms of creativity are you capable of, where we are compassionate.



THE MEANING OF THE PLANETS

Pluto – The Underworld

Our deepest darkest impulses toward sex, death, and explosive transformation. Unconscious drives, instinctive needs, change by being aggressive and dangerous, deconstruction, awakening, resurrection, power, metamorphosis, rebirth, cycles, power sources, compulsions, secrets, what we hide, what we distrust, What we can't see about ourselves and may project onto others, how we bond, where we want to invest, where we feel trapped, how we grieve, what we are obsessed with, How we'll grow and evolve spiritually throughout life's toughest lessons.

North Node – The Soul Mission

Insight into the passions, talents, and growth you need to access to reach your fullest potential. Where we are going in this lifetime, destiny, future potential, connections, your greatest desire, represents our karmic paths and the lessons we came here to learn—or the language we are learning to speak. It is the terrain that's calling your name, where we need to stretch out of our comfort zone

South Node- Our Born Wisdom

The lessons, wisdom, and baggage with which you were already born, the challenges and gifts we bring in from previous lifetimes. Your past life: who you were, what you learned, and where your soul left off. Things we do instinctively, what we already know, past karma, ancestor gifts, your comfort zone

Lilith- The Dark Moon

Intuition, psychic abilities, and hidden knowledge, powerful dark feminine force, one that can also be seen as dangerous. The shadow side of our nature, repressed anger, dark desires/passions, strength, the part of us that won't stay quiet, our deepest repressed desires that yearn to be expressed, untamed energy, how we break the rules, where you may have felt ashamed, have been shamed, ridiculed, stifled, deeply misunderstood. Primitive impulses and behaviour in their rawest form.

Chiron – The Wounded Healer

Examination of our personal wounds, where we hold our deep wounds and how healing it can help others heal, inner wounds of the body, mind, and spirit, re-integration, where we unlock the karmic gifts that we develop through personal suffering, what we can use to help synthesize the space between restriction and revolution: Where do you hold yourself back and where can you be destructively rebellious, wounds we develop between the ages of 3-23 that may take a lifetime to heal, our power to process our trauma and suffering so that we can in turn, heal others.



THE MEANING OF THE HOUSES

1st House: House of Self. Ruled by Aries and Mars.

Our ascendant sign, the window, the mask. Our outward appearance, traits, characteristics, outlook, sense of expression, beginnings, new endeavors, ego, self-image, consciousness, temperament, leadership, our first impression., our physical body

2nd House: House of Value and Possessions. Ruled by Taurus and Venus.

Possessions/ All that belongs to us: money, investments, and material environment or your inner self, needs, wants, and abilities. Value in the name of this house refers to both your finances and your internal values. Stability, how we make money, Self Esteem, self-worth, how we feel at home in our bodies and environment, Assets, Earnings, Financial Loans, Material world, how we speak up for ourselves, self love and how we build self esteem

3rd House: House of Communication. Ruled by Gemini and the planet Mercury.

How you communicate and connect with others, something imparted, interchanged, or transmitted, thinking, talking, and your online persona, media, electronic devices, and the ways we give and receive messages, community, neighbourhoods, and local travel, siblings, neighbours and neighbourhoods, libraries, early education, how we first learn to articulate our ideas in the world, perception, curiosity, language, technology, transportation.

4th House: House of Family and Home. Ruled by Cancer and the Moon.

Family, history, traditions, ancestry how you relate to your parents or your own children, and how you nurture yourself and others. Roots, Youth, Mother, Genetics, your approach to self-care, how much personal space we need, what makes us feel secure, our road map for creating a safe space, where we develop emotional intelligence, how we plant our roots as a path to creating a safe place

5th House: House of Pleasure. Ruled by the Sun and Leo.

Self-Expression, creativity. Pleasure: enjoyment or satisfaction derived from what is to one's liking. Things that create joy and fulfillment, art, culture, romance: crushes, first dates, passionate hookups games and hobbies, family, and children. Passion, Fun, Casual Sex, Inner child, fertility, pregnancy indulgent luxury, fashion,



THE MEANING OF THE HOUSES

6th House: House of Health. Ruled by Virgo and Mercury.

The general condition of the body and mind, physical health, relationship with your body, mental and emotional self, how you react to adversity, areas you may experience personal growth, your ideal career, ways to be of service to others, organization, daily routines, fitness, self-care, diet/exercise, natural living, pets, healing, wellness, duty.

7th House: House of Partnerships. Ruled by Venus and Libra.

Romantic partnership, commitment business relationships, contracts, negotiations, other people that we encounter, marriages, business exchanges, knowing ourselves through our interactions and creating mutual give-and-take. Creating a balance of two forces, life partner, relating, foreign affairs., active listening, The Descendant: provides data about your pairing style, reveals what you need in a long-term partner and what kind of partnership will make you happy.

8th House: House of Transformation. Ruled by Scorpio, Mars & Pluto.

How relationships transform us, birth, death, sexuality, karma, joint property that has transformational abilities, inheritances, debt, joint finances, sex and our erotic nature, Metaphysical forms of sex deep bonding, unspoken, undeniable and engulfing chemistry, passive, income, investments, sorting through energy and resources, and getting to know the self and others on a deep level, tortured feelings of obsession, revenge fantasies and rage that rise up as part of the letting-go process. merging, reproduction, regeneration, occult, magic, taboos.

9th House: House of Purpose. Ruled by Jupiter and Sagittarius.

Philosophy, higher mind, the rational investigation of the truths and principles of being, religion, morals, ethics, and dreams, travel, culture, ancestors, personal growth, spirituality, seeking, expansion, higher education, legal, reasons why you might be more fortunate in certain areas of life, taking impulsive gambles, where we might confuse our opinion with facts, here you'll have restless energy, places that lead to chronic dissatisfaction if you don't figure out when enough is enough.



THE MEANING OF THE HOUSES

10th House: House of Social Status. Ruled by Saturn and Capricorn.

Career, achievements, social status, how you are devoted to, or characterized by friendly companionship or relations. Career path, professional goals, ambitions, level of success, fame, tradition, leadership/our leadership style, authority, fathers, fatherhood, power, dominant parent. image based reputation, where we leave a legacy and provide for our families, where we learn to adult

11th House: House of Friendships. Ruled by Saturn, Uranus, and Aquarius.

Friendships, how we find harmony with others, clubs, social groups, organizations, collective beliefs and actions, Astrology and metaphysical subject, self-actualization, the achievement of one's full potential through creativity, independence, spontaneity, and a grasp of the real world, large groups, hopes and ideals, networks, teams, originality, eccentricity, unexpected happenings or insights, inventions, astronomy, sci-fi, rebellion, all things future-oriented, revolution, wishes, earned wealth, philanthropy, adopted/step children, things you may run away from

12th House: House of Subconscious. Ruled by Pisces, Jupiter, and Neptune. Emotions, creativity, imagination, feelings, subconscious mind, private strengths, and weaknesses, how people confront and learn from their past actions, old age, the afterlife, where we connect to departed loved ones through channeling, signs and answered prayers, surrender, dream spaces, institutions, hospitals, jails, retreats, film, dance, poetry, shadow self, unconscious, secrets, fears, dreams, hidden desires, fantasies, addictions, self destruction, how to deal with endings and the accompanying grief, healing and enlightened transcendence these passages involve., sacrifices and codependence.



Thank you for supporting my work. I believe it is my piece of the divine puzzle to respond to the world around me and use my knowledge and experience to help guide others to a path of true alignment.

Never be afraid to walk into your shadow.

Stay Weird

The Empress

WANT TO GO DEEPER, OTHER SERVICES OFFERED

BIRTH CHART READINGS AND
ENERGY NAVIGATION GUIDANCE

NAVIGATING YOUR SHADOW
6 WEEKS TO SHADOW ALCHEMY

HEALING OUR SHADOW – BLACK
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