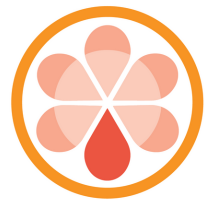


UCD Partner Services

Clinics/FQH-Federally Qualified Services



UNIDOS CONTRA
LA DIABETES

El Milagro Clinic

McAllen- Main Office

- Primary Health Care
 - Women's Health
 - Behavioral Health Counseling Services
 - Laboratory Services
 - Prescription Assistance
 - Immunizations
 - Eye Screenings vouchers
 - Imaging Services vouchers
 - Nutrition Education
 - Evidence Based Diabetes Management Program
 - Evidence Based Diabetes Prevention Program
 - Food Distribution
 - Wellness Activities
 - Uber Health Transportation
 - COVID-19 testing and vaccines
- Mobile Unit serving the community at the ARISE Centers Las Milpas, South Tower, Muniz, and Hargill

Phone Number: 956-213-6400

\$- Fees may apply

HOPE Family Health Center

McAllen- Main Office

- Primary care
- Counseling- general wellbeing
- Grief counseling
- Case Management
- Care Coordination
- DPP- Diabetes Prevention Program.
- Peer Support Programs
- Hope Warm Line (Not in crisis)
- Wellbeing groups
- FARMacy- Food bank initiative
- Lunch-n-Learn Programs- Themed topics
- Counseling trainings for school counselors and nurses
- Conference rooms available for public use

Phone Number: 956-994-3319

\$- Fees may apply

Su Clinica

Harlingen- Main Office

Brownsville, Raymondville and Santa Rosa

- Primary care
- Pediatric
- Woman's health
- Gynecology
- Adult services
- Dental
- Podiatry
- Small eye care center
- Labs
- Radiology
- Behavioral services
- Social services
- Case management
- DPP- Master Trainer
- Pharmacy

Phone Number: 956-365-6000

\$- Fees may apply

Nuestra Clinica Del Valle

San Juan- Main Office

Donna, Edcouch, Edinburg, Mercedes, Mission, Rio Grande City, and Roma

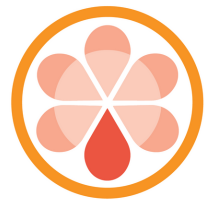
- Family medical
- OB/GYN
- Dental
- Pharmacy
- Labs
- Radiology
- Nutrition
- Immunizations
- Colorectal cancer screenings
- Retinopathy screening referral
- Hep C screenings
- Adapted DPP

Phone Number: 956-787-0787

\$- Fees may apply

UCD Partner Services

Clinics/FQH-Federally Qualified Services



UNIDOS CONTRA
LA DIABETES

UTRGV- Area Health Education Center (AHEC)

Starr County: La Victoria

Hidalgo County: San Carlos

Cameron County: Bob Clarke Center

- Primary Care
- School Physicals
- Follow-up Care
- Vision
- OB/GYN (select days)
- Gestational Diabetes
- Labs
- Immunizations (COVID & Flu)
- Referrals to specialists

Phone Number:

La Victoria 956-296-1650

San Carlos 956-296-1711

Bob Clarke Center 956-296-1681

\$10 visit fee (includes needed labs)

Rio Grande State Center - Outpatient Clinic

Providing Services for Starr, Hidalgo, Cameron
& Willacy Counties

Harlingen, TX

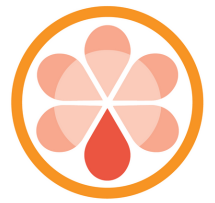
- Primary Care
- Pharmacy
- Patient Assistance
- Labs
- X-rays
- Nutrition
- Women's health
- Diagnostic services
- Psychiatric consults
- Prescription assistance program.

Phone Number: 956-364-8705

\$- Fees may apply

UCD Partner Services

Wesley Nurses



UNIDOS CONTRA
LA DIABETES

Cameron county

Program and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Exercises classes

Candy Wiley, RN
318 S. East St
La Feria, TX 78559
(956) 797-5436

Irelia Rios, RN
321 E. Harrison Ave.
Harlingen, TX 78550
(956) 423-0540 Ext. 140

Hidalgo county

Program and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Exercises classes

Omar Chavez, RN
520 S. Illinois Ave.
Weslaco, TX 78596
(956) 968-7561

Jacqueline Harden, RN
4200 N. McColl Rd.
McAllen, TX 78504
(956) 731-4300

Cindy Bishop, RN
3707W. University Dr.
Edinburg, TX 78541
(956) 284-6038

Laura Tovar, RN
1101 Doherty Ave.
Mission, TX 78572
(956) 358-3018

Starr county

Program and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Exercises classes

Lizette Garza, RN
312 E. 4th St.
Rio Grande City, TX 78582
(956)329-6390

Willacy county

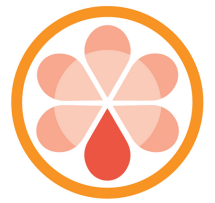
Program and services include:

- Health education
- Individualized diabetes education
- Diabetic supplies
- Referral assistance
- Facilitation of resources
- Exercises classes

Angela Gonzalez, RN
192 S. 3rd St.
Raymondville, TX 78580
(956) 689-3632

UCD Partner Services

Behavioral Health



UNIDOS CONTRA
LA DIABETES

El Milagro Clinic

McAllen- Main Office

Mobile Units:

Las Milpas, Muñiz, Hargill and South Tower

- Integrated behavioral health

Phone Number: 956-213-6400

\$- Fees may apply

HOPE Family Health Center

McAllen- Main Office

- Counseling- general wellbeing
- Grief counseling
- Case Management
- Care Coordination
- DPP-Diabetes Prevention Progra,
- Peer Support Programs
- Hope Warm Line (Not in crisis)
- Wellbeing groups
- FARMacy- Food bank initiative
- Lunch-n-Learn Programs- Themed topics
- Counseling trainings for school counselors and nurses

*Conference rooms available for use to public

Phone Number: 956-994-3319

\$- Fees may apply

Su Clinica

Harlingen- Main Office

Brownsville, Raymondville and Santa Rosa.

- Depression
- Anxiety
- ADHD
- Parenting
- Special Needs
- Substance Use Disorders

Phone Number: 956-365-6000

\$- Fees may apply

UTRGV Counseling Clinic

Edinburg

Brownsville

- Depression
- Anxiety
- Grief
- Anger Management
- Adolescent Behavioral Concerns
- Time Management
- Parenting Skills Training
- Marital Conflict

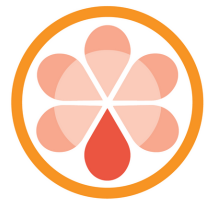
Phone Number (Edinburg): 956-665-5251

Phone Number (Brownsville): 956-882-7792

Services 6+ years: Free

UCD Partner Services

Community Based Organizations



UNIDOS CONTRA
LA DIABETES

Boys and Girls Club of Pharr

Pharr- Corporate Office

- Mental Health Promotion
- Social Support Services
- Prevention
- Early intervention
- One to one and group counseling
- Parent support group

Phone Number: 956-781-5437

It's Time Texas

Austin - Corporate Office

- Healthy living education
- Community Challenges

Phone Number: 956-533-9555

LUPE

San Juan, Alton, San Benito, Rio Grande City

- Immigration
- Income tax
- Labor wage theft claims
- Free ESL Classes
- Free Citizenship classes
- Notary
- Community Organization- Colonia advocacy
- College Prep program

Proyecto Juan Diego

Brownsville

- Family education
 - Parenting skills
 - Economics
 - Stress and anger management
 - After school tutoring
 - GED and ESL classes
- Health and Wellness
 - Group exercise classes
 - Diabetes and high blood pressure management
 - DPP- Diabetes Prevention Program
 - Telehealth (general medicine and psychiatry)
 - Program for adults over 55
- Immigration
 - Civic engagement- voter registration

Phone Number: 956-542-2488

UCD Partner Services

Community Based Organizations



UNIDOS CONTRA
LA DIABETES

South Texas Juvenile Diabetes Association

McAllen- Main Office

Weslaco

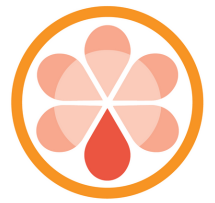
- Counseling – general well-being
- Juvenile - Diabetes Prevention Program – Stomp Out Diabetes
- Peer Support Group Meetings – Connect, Share & Chat
- 24-7 Help-Line
- UDCA Training for School Personnel
- Specialized Food Pantry
- Community Garden
- Diabetes Education Classes for Parents
- Summer camps for children with diabetes
- Medical Assistance for diabetes care

Phone Number: 956-627-5594

Services for children 0-18 yrs- Free

UCD Partner Services

Other Services



UNIDOS CONTRA
LA DIABETES

Education:

IDEA Public Schools

- Parental engagement
- Healthy Kids Now
- DPP- Diabetes Prevention Program (IDEA families only)

Nutrition:

H-E-B

Select locations

- 1 on 1 counseling
 - Weight management
 - Diabetes
 - Pediatrics
 - Geriatrics
 - Oncology
 - Sports nutrition
- Body composition testing- select sites
- Nutrient testing
- Corporate Wellness
 - Lunch and learns

Nutrition:

Complete Nutrition Solutions

McAllen and Weslaco

- Bilingual nutrition education and classes
- Counseling
- Across lifespan- maternal, children, adult, elderly and family

Phone Number: 956-600-3475

\$- Fees may apply