

Optional St. Lucia Excursions



Glittering Sand Beach Escape

5 hours | St. Lucia | SLU-280

Enjoy a scenic drive from the Port while taking in the breathtaking views of the West Coast before arriving at the Gilttering Sands Beach, edged with shimmering azure waters and lush tropical vegetation.



Local Connections: Morne Fortune, Caribelle Batik, Rum & Marigot Bay With Distiller

3.5 hours | St. Lucia | SLU-110

- O Marigot Bay
- Morne Fortune

Explore the beauty, history and culture of St. Lucia on a 3.5hour orientation drive with photo stops, shopping for colorful batik creations and a tour of a rum distillery.



Local Connections: A Dip In Creole Traditions In St. Lucia With Restaurant Owner

3.5 hours | St. Lucia | SLU-135

O Morne Fortune

Discover St. Lucia's Creole traditions. Tour historic St. Marks, watch master craftsmen at Howelton Estate formally known as Caribelle Batik create colorful fabrics, and spice up your cooking skills at Fond Latisab Creole Park. A sampling of local delicacies, rum punch and rhythms of a band add to the fun.



Volcanic Island Experience & Mud Bath

4.5 hours | St. Lucia | SLU-320

- **9** The Pitons
- Morne Fortune

Get ready to get down and dirty with a mud bath in the mineral-rich volcanic waters of Sulphur Springs. Soak your entire body or apply mud facials in the hot pool at the bottom of the springs followed by a refreshing rinse under an outdoor shower.



Warm Mineral Baths & Garden Tour

5 hours | St. Lucia | SLU-325

- **Q** Soufriere
- Outdoor Adventure

Stroll along the island's oldest Botanical Garden, and be refreshed in the warm therapeutic mineral baths built in 1700's by one of the famous French General.



Touch The Iconic Pitons

5.5 hours | St. Lucia | SLU-380

- Q The Pitons
- Q Soufriere

Put on your comfortable hiking shoes for a trek along the Tet Paul Nature Trail, known for its lush landscape and awe-inspiring views. Then, stand under the plummeting waters of the Toraille Waterfall and let it massage your back and shoulders or take a dip in its turquoise pond.



Nestled below the Pitons. twin peaks rising over 2,600 feet above the azure waters of the Caribbean, St. Lucia is an oasis of tropical calm. The island's capital. Castries, is a town of charming, pastel colored colonial buildings. home to some 60,000. Yet despite its peaceful setting. St. Lucia has a turbulent and colorful history. Fierce Carib warriors overran the peaceful Arawaks in the 9th century. The first European settler, Francois Le Clerc, was a French buccaneer. Le Clerc's countrymen followed in his wake, establishing the town of Soufriere in 1746. Sugar was the lure, sugar was king. Within four decades some 50 plantations flourished on the island, Thus St. Lucia became part of the Caribbean's 18th-century trade triangle of sugar, slavery, and rum. Today this beautiful island welcomes visitors drawn to its exotic tropical landscape, superb beaches, crystalline waters, and colorful marine life.

The Ultimate Foodie Cruise 2021