

## We make beautiful FACE MASK

### 自己動手作口罩

What we need:

1. A Face Mask pattern.
2. 2 pieces of 100% cotton fabric. One for face mask, one for lining.

我們只需要兩塊 100%全棉布, 一塊布作面罩, 一塊布作襯裏.

STEP 1: 第一步:

CUT ---- 2 pieces of fabric for face mask & 2 pieces of fabric for lining.

The lining's size is 3 cm shorter than the face mask's.

剪裁 ---- 2 片面罩及 2 片襯裏. 襯裏要比面罩短約 3 公分.



STEP 2: 第二步:

(A) Sew the hem on the straight side of each face mask.

在面罩直線的一端, 縫個邊.

(B) 2 face masks, right side face to right side, sew on the curve-side together.

將 2 片剪好的面罩, 正面對正面的兩片合好, 在有弧度的那邊縫上.

(C) The same, sew the 2 linings together on the curve side.

同樣的, 將兩片襯裏在有弧度的邊上縫在一起.



## STEP 3: 第三步:

- (A) Open both sides of face mask and lining. Right side to right side, center line to center line meets each other.

Sew 2 sides together, from A to B, and C to D. Leave 2 ends open.

把面罩與襯裏的兩面各自打開.正面對正面,中間的縫線對齊.如圖將面罩與襯裏兩邊縫上,即 A 到 B, C 到 D 兩邊縫好.兩端不要縫.



- (B) If you like to put a plastic-nose-wire on your face mask. Put the 12cm plastic-wire on one side as shown in the picture.

If not, go to Step 4.

假如希望你的口罩戴有 plastic-nose-wire, 那麼就把約 12 公分長的 plastic-wire 先固定好在一邊,如圖:

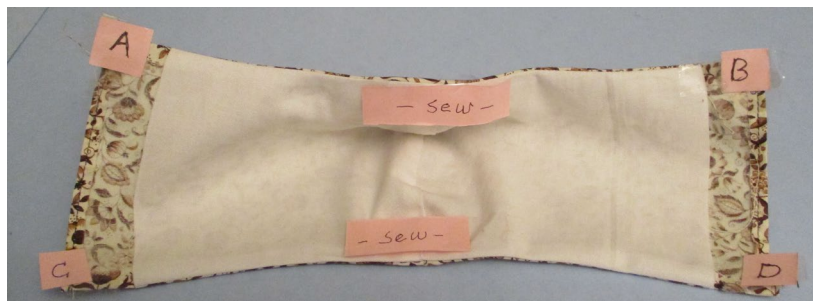
否則, 就直接到第 4 步.



## STEP 4: 第 4 步:

(A) Now from one open end, turn the face mask IN SIDE OUT. Iron and press it nicely. Sew the 2 long Sides (edges), ie: from A to B, C to D.

現在, 從開口的一端, 將口罩由裏面往外翻轉過來. 用熨斗熨好. 如圖在長的兩邊”打邊”, 即: 從 A 至 B, C 至 D, 各縫一邊.



(B) Fold the face mask half, the folding line is the Center Line, like this:

將口罩對摺一半, 摺疊線即為中間線, 如圖:

(C) Sew 5 cm from E to F. Both E and F are 2 cm from the Center Line.

Do the same as the other end.

看圖: 從 E 至 F, 縫 5 公分, E 點及 F 點皆與中線距離 2 公分.

另一端也同樣縫線 5 公分.



STEP 5: 第 5 步：

- (A) Open the face mask. Let the right side of face mask face down and lining side face up. At the end B and D, Press down the Center Line (tunnel) evenly and sew so that the fabric won't stick out.

Do the same as the other end A and C.

把摺疊一半的口罩打開，面罩向下，襯裏那一面向上。在 B 與 D 的一端，高起的中間線，其實像個通道管，用手輕輕按壓，保持中間位置，不偏不倚，再縫上數針固定即可。

另一端 A 與 C，也同樣如此操作。





(B) Fold the edge around 2 cm wide and sew a band. Insert the 22 cm elastic through the band, 2 ends of the elastic tie a knot, hide the knot inside the band.

兩端各縫一個約 2 公分寬的“邊”，穿上約 22 公分的鬆緊帶，打個結，再把結塞進“邊”裏。

**Wow! What a beautiful Face Mask.**

**哈！一個美麗的口罩就完成了！**

