

# **Chinese Golden Age Club of Mississauga**

#### 2022 AGM Minutes

Date: 2022-12-04

Time 2:00 pm

Location: Creditvale Mills Room 1, Mississauga, Ontario

Attendance: See photo below (60 members)



## **Proceedings**:

- 1. Official welcoming and start of the AGM by the President
- 2. Approval of the Minutes from the previous AGM by a motion.
- o Presentation of annual report from President.
- o Presentation of financial report from the Treasurer.
- Adjournment by President.

## 1. Financial Report:

Treasurer Patty Lo delivered financial report to members. It was moved by Patty Lo and seconded by Harry Jung to accept the report.

## 2. Constitution Revision

There is no revision in this AGM.

### 3. Report on Events:

- CGAC has resumed the following activities after the re-opening of community centers:
  - Monday morning Tai Chi at Huron Park,
  - Monday (whole day) of advanced Tai Chi and Beginners Tai Chi at Churchill
    Meadows older adult center.
  - Monday morning choir at Creditvale Mills.
  - o Wednesday Afternoon Dance at Erin Meadows CC,
  - Thursday Morning Tai Chi at Huron Park,
  - o Thursday Morning Table Tennis at Creditvale Mills
  - Thursday Afternoon Line Dance at Creditvale Mills
  - Thursday afternoon Dance at Erin Meadows CC,
  - Thursday afternoon tai Chi at Huron Park CC,
  - o Friday morning chair exercise at Creditvale Mills,
  - Sunday Afternoon general activities (including Table Tennis) at Creditvale Mills.
- We sincerely thank the City of Mississauga provided meeting places at Huron Park CC,
  Churchill Meadows OAC, Creditvale Mills and Erin Meadows CC.
- Monthly Birthday Party, art class, English class and Tea room meetings are suspended.
- September 24, Tai Chi Group and KNX Dance Group participated in the Community Crime Awareness Day organized by MCBA (Mississauga Chinese Business Association) hold in the Celebration Square.

## 4. Future Direction

- Health Living Project to introduce simplified Tai Chi to senior homes.
- A study to help seniors to "manage their life style change" has been initiated.
- 5. Election No election in this meeting.
- 6. Meeting Adjourned at 3:00 PM.

Secretary: Leona Lee