

Feline Lucky Adventures

Transitioning Foods



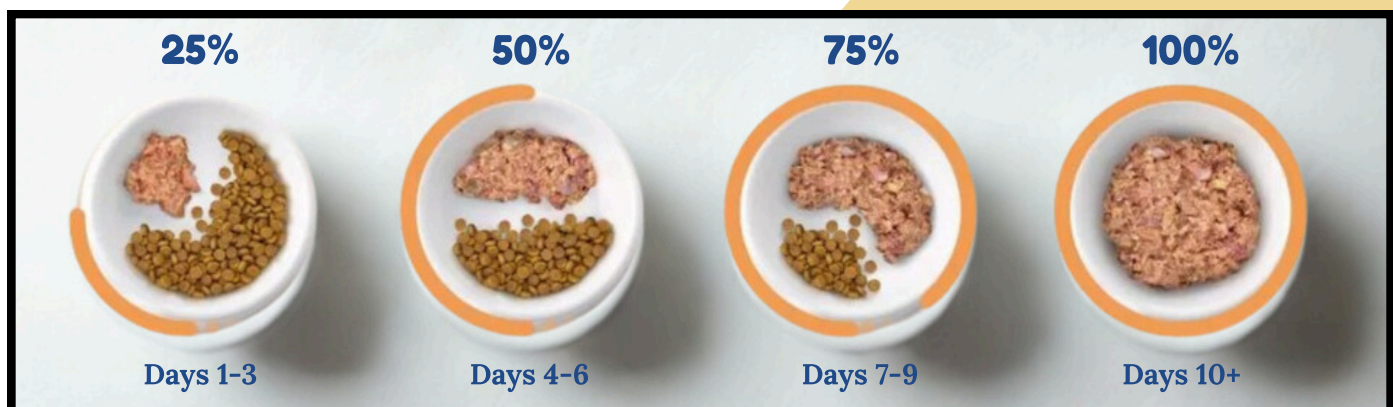
Switching cat foods can be simple for some cats, but others may eye new options with suspicion. A cat's openness to different foods is largely shaped by their early experiences.

As instinct-driven animals, **cats often rely on what they learned about food during kittenhood**. If they were only fed kibble as kittens, they might not even recognize wet or raw food as something they can eat.

This is why a **slow transition** to new food might be needed for your picky cat. Also, slow transitions are easier on their digestive tracts too and will prevent upset tummies.

For the first few days, **mix 25% of the new food with the old food**. Gradually **increase** the new food by 25% every 3 days until your kitty is eating a full new food meal!

This method isn't a one-size-fits-all-cats! You might need to adjust the time or the amount of new food if your cat is struggling with the change. Observe your cat, make adjustments, and be **patient**!



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If your cat is being extra picky, try offering the new food in different ways. Instead of mixing it with the old food, place the new food next to the old. You can also try layering the old food on top of the new.

If your cat is only used to dry food, wet food can be off-putting. Rather than mixing in new food right away, start by soaking the kibble in a teaspoon of water or bone broth. Let the kibble absorb the liquid—it should be soft, not floating like cereal. Gradually increase the amount of water until it reaches a wet food consistency. Once your cat is comfortable with that, you can begin introducing wet foods.



**Check out our wet food
recommendations
in the Cat Care section!**