



DR. CHARLOTTE

PHILLIPS

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**Charlotte.Phillips@gcu.edu**

# EDUCATION

**DECEMBER 2019**

## **PH.D.,** NEUMANN UNIVERSITY

Program of Study: Counselor Education & Supervision (Emphasis in Spiritual Integration)

**AREAS OF STUDY**

* Human Development
* Quantitative and Qualitative Research
* Advanced Mental Health Ethics
* Counseling Supervision and Consultation
* Counselor Education and Leadership

**Dissertation Research (Quantitative/Non-Experimental)**

An Investigation of Premature Discharges from Residential Addiction

Treatment Centers in the Mid-Atlantic Region of the United States

**DECEMBER 2014**

## **MASTER OF SCIENCE,** DELAWARE STATE UNIVERSITY

Program of Study: Cellular & Molecular Neuroscience

**AREAS OF STUDY**

* Molecular Biology
* Electrophysiology
* Neurochemistry
* Diseases of the Nervous System
* Neuroanatomy
* Psychology/Behavior

**DECEMBER 2011**

## **BACHELOR OF ARTS,** SALISBURY UNIVERSITY

Program of Study: Psychology

**AREAS OF STUDY**

* Applied Social Psychology
* Biological Basis of Behavior
* Multicultural Psychology

# PROFESSIONAL WORK EXPERIENCE

**Grand Canyon University**

Professor: Clinical Mental Health Counseling Graduate Program

**Liberty University**

Adjunct Professor: Graduate Studies – Counseling

**Southern New Hampshire University**

Adjunct Professor: Graduate Studies – Counseling

**Missio Seminary formerly Biblical Theological Seminary (September 2019-Present)**

Counseling Professor of Graduate Studies

**Counseling & Wellness Center of Pittsburgh (November 2020-October 2021)**

Senior Psychotherapist

**Purdue University Global (October 2020-October 2021)**

Psychology Professor of Graduate Studies

**Catholic Charities (March 2020-December 2020)**

Program Director of Eastern Shore Social Services

**Delaware State University (June 2020-September 2020)**

Graduate Studies Course Co-facilitator

**West Catholic Preparatory High School (September 2018-March 2020)**

Dean of Students/Teaching Faculty/Clinical Supervisor

**Ashley Addiction Treatment (May 2015-July 2018)**

Family Therapist

Primary Therapist

**Chesapeake College (December 2014-August-2016)**

Undergraduate Instructor

**Delaware State University/Nemours AI DuPont Hospital (September 2012-December 2014)**

Graduate Research Assistance

**Rachel’s Vineyard (September 2014-October 2016)**

Counseling Team Member

# PROFESSIONAL CONFERENCES/SYMPOSIA

* OLC & MERLOT's Innovate 2023 Virtual Conference: Presenter
* Kevin McClean Research Colloquium February 2023: Presenter
* Archdiocese of Philadelphia: Administrative Training (2019)
* Archdiocese of Philadelphia: Formative Assessment Training (2019)
* Clinical In-Service: Trauma and EMI (2018)
* Clinical In-service: Key Elements in Professionals Treatment (2018)
* Clinical In-service: Mental Health Series- Referrals for Mental Health Services (2017)
* Clinical In-Service: Art Therapy in Substance Abuse Treatment (2017)
* Clinical In-service: Cognitive Behavioral Therapy (2017)
* Clinical In-service: Reducing ACA and AMA Discharges (2016)
* Tuerk Conference on Mental Health (2016)
* Clinical De-escalation Training (2016)
* Therapy for the Mind, Body, and Spirit: A Toolbox to Treat the Whole Client (2016)
* Sheppard Pratt Holiday Lecture (Speaker) (2016)
* Ashley Addiction Treatment Recovery Enrichment Day: Spirituality (Speaker) (2016)
* Delaware State University Graduate Research Symposium (Presenter) (2014)
* 5th Annual Tufts Neuroscience Symposium & William Shucart Lecture (2014)
* 5th Northeast Regional IDeA Conference (2013)
* Johns Hopkins University School of Education, “Shaping the Future, Multitasking Brain Functions” (2011)
* Johns Hopkins University School of Education, “Shaping the Future, Closing the Achievement Gap” (2011)
* Society for Neuroscience Annual Meeting (2011)

# COURSES TAUGHT

**Graduate**

*Counseling Internship I (CNL-644)*

The internship course is a distinctly defined, supervised clinical experience in which the student refines and enhances basic counseling and student development of knowledge and skills, and integrates and authenticates professional knowledge and skills related to program objectives. The internship is performed under the supervision of an on-site clinical site supervisor approved by the college or university with an average of 1 hour per week of individualized and/or triadic supervision throughout the internship. Internship students participate in a minimum of 1 ½ hours per week of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the internship.

*Counseling Internship II (CNL-664B)*

The internship course is a distinctly defined, supervised clinical experience in which the student refines and enhances basic counseling and student development of knowledge and skills, and integrates and authenticates professional knowledge and skills related to program objectives. The internship is performed under the supervision of an on-site clinical site supervisor approved by the college or university with an average of 1 hour per week of individualized and/or triadic supervision throughout the internship. Internship students participate in a minimum of 1 ½ hours per week of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the internship. Documentation of 300 hours of counseling-related activities, which includes a required minimum of 120 direct client contact hours, is submitted directly to the college’s Office of Field Experience for verification and tracking. This course has multiple synchronous required activities.

*Counseling Practicum (CNL-624)*

The practicum course is a distinctly defined, supervised clinical fieldwork experience in which the student develops basic counseling skills and integrates professional knowledge under the supervision of a faculty member, or an on-site clinical site supervisor approved by the college or university with a minimum of 1 hour per week of individualized and/or triadic supervision throughout the practicum via Zoom. Practicum students participate in an average of 1 ½ hours per week of group supervision with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the practicum. Documentation of a minimum requirement of 100 hours of counseling-related activities, which includes 40 direct client contact hours, is submitted directly to the college’s Office of Field Experience for verification and tracking.

*Psychopharmacology (CNL-527)*

This course introduces students to the basic principles of psychopharmacology and the effects of psychoactive substances. Students examine the behavioral, psychological, physiological, and social effects of psychoactive substance use, and learn to recognize symptoms of intoxication, withdrawal, and toxicity. The class covers various screening options, limitations, legal implications, and the utilization of pharmacotherapy as part of substance addiction treatment.

*Professional Counseling, Ethical, and Legal Considerations (CNL-505)*

This course provides a broad understanding of counseling ethics, legal standards, and responsibilities, including professional identity, report writing, record keeping, and service reimbursement for professional and substance use disorder counselors. Also covered are the history of and current trends in counseling. Important goals of this course are to help students develop a strong personal and professional ethic, as well as an appreciation of the value of professional collaboration and identity.

*Ethics and Standards in Professional Psychology (PS-502)*

This course explores professional codes of ethics and standards related to research and the practice of psychology. Emphasis will be placed on application of the American Psychological Association Code of Ethics and standards in the field. Students will analyze and evaluate ethical and legal decision-making practices and operations within professional organizations. Cultural and social factors and the implications for scholar-practitioners are also explored.

*Counseling and Physiology* (MAC 602): this course will develop practical approaches to counseling issues having physiological manifestations, particularly those which impact intellect and mood. In addition, the course will include an introduction to psychopharmacology and will provide criteria for medical and/or psychiatric referral. The course will integrate understanding of the human mind, body, and spirit into a practical clinical approach.

*Using Technology to Enhance Student Learning* (EDU-683, Co-facilitator): The course addresses the latest technology policies from a practitioner’s point of view. The Internet and World Wide Web are used with the intent to make informed decisions. Candidates are assigned to an on-site field experience, in which the student demonstrates the ability to report research, security, data collection, etc. Candidates complete a project focusing on the applications of technology policies related to the unique areas within educational administration, leadership, supervision, and teaching field.

*Chemical and Psychological Dependency Counseling* (PS-511)

This course provides an overview of dependency counseling strategies using a biopsychological approach to help identify, change, and maintain dependency-free behaviors. You will use your understanding of the biopsychological model to explore how substance use disorders begin and intensify as a complicated interaction between chemical and behavioral changes that occur during addiction. You will practice identifying diagnoses using the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and proposing appropriate interventions through evaluating and writing case studies.

**Undergraduate**

*Fundamentals of Biology* (BIO 101): A study of the basic concepts of living organisms including cell structure and function, metabolism, growth and reproduction, genetics, behavior, adaptation, and evolution for the non-science major.

**Secondary**

*Sociology:* Social behavior is best understood through the context of Social Psychology. In this class, we will explore the theoretical approach to social psychology, review the basis of scientific inquiry, and explore the ways in which humans behave throughout a wide array of social contexts. The course will consist primarily of lectures, group discussions, presentations both individual and group, online discussion posts, and in-class learning exercises. Furthermore, in this course we will dive into the cultural approach to sociology and begin to cultivate cultural sensitivities, awareness, and competency.

*Statistics:* This course is designed to provide a basic understanding of descriptive and inferential statistics. Topics include the measures of central tendency, standard deviation, combinations and permutations, probability, sampling, and various distributions.

*Anatomy & Physiology:* This course is preparation for advanced biological studies, biomedical nursing, and other science-based careers. The student will study the structure and function of the various cells, tissues, and integrated systems of the body.

*Biology:* In this course topics are explored that lead to a framework of discussion and experimentation of ideas. The course begins with a discussion of the unique properties of living organisms. The presentation of molecular and cellular biology follows and gives a background for the concepts of reproduction and genetics. The study progresses from cells to protists, to plants, to animals, and finally to humans. In the laboratory, students will be involved in activities which help them to discover scientific principles and develop fundamental scientific skills.

# CERTIFICATIONS/LICENSURE

* Faculty Membership: American Counseling Association
* Nationally Board-Certified Counselor (NBCC)
* Active PA State Licensed Professional Counselor PC012777
* Active VA Licensed Professional Counselor 0701012343

# PUBLICATIONS

Phillips, C. C. & Hammond, H. G. (2023). Cultural Competency: Effective Leadership in Practice for Key Stakeholders in Higher Education. *International Journal of Responsible Leadership and Ethical Decision-Making (IJRLEDM), 5*(1), 1-10. <http://doi.org/10.4018/IJRLEDM.317139>

Charlotte C. Phillips, Ph.D. (2022). An Investigation of Premature Discharges from Residential Addiction Treatment Centers in the United States in 2019 . *International Journal of Sciences: Basic and Applied Research (IJSBAR)*, *62*(2), 29-47. Retrieved from <https://www.gssrr.org/index.php/JournalOfBasicAndApplied/article/view/13988>

# LECTURES

* Integrating Faith into the Online Classroom
* Physiological Effects of Alcohol and Opioids
* Mind, Body, Spirit Connectivity for Adults
* Spirituality for Young Adults
* Recovery Enrichment Day Keynote Speaker

# CONTINUING EDUCATION

* We are Still Here: Learning from Native American Perspectives
* Distance Counseling and the Regulatory Environment: Practical Implications and Best Practices
* Complicated Grief: An Evolving Theoretical Landscape
* Key Ethical Issues in Working with Spiritual and Religious

# ONLINE/HYBRID TEACHING FORMATS

* Blackboard
* Canvas
* Moodle
* Google Classroom
* WebEx
* Zoom
* HALO Learn
* Teams

# RESEARCH INITIATIVES/PROFESSIONAL COMMITTEES

**Dissertation Research (Quantitative/Non-Experimental)**

An Investigation of Premature Discharges from Residential Addiction

Treatment Centers in the Mid-Atlantic Region of the United States

**Motor Neuron Disease Research Lab**

An Investigation of Gene Expression Levels in a Mouse Model of Spinal Muscular Atrophy

**Applied Social Psychology**

Examining Message Processing through Implementation of the Threat Orientation Model (TOM)

The Accuracy of People's Responses to Risks

Parking, Crime, and Partying: A Case Study of Community-University Relations

**Counselor Identity Development Committee** - Grand Canyon University

**Co-Chair: Professional Practices Committee** - Grand Canyon University

**CIRT Faculty Advisory Board** – Grand Canyon University

**Content Expert** – Student Dissertation Committee, Grand Canyon University

# GRANTS AWARDED

* Building Capacity Grant-Maryland Food Bank: $12,000
* Community Block Grant-COVID19 Somerset County, Maryland: $100,000
* ESG-COVID19 Grant: $164,000
* United Way of the Lower Eastern Shore Basic Needs: On-going funding
* United Way of the Lower Eastern Shore COVID-19 Emergency Grant: On-going funding
* County Commissioners Community Partnership: $5,000
* Maryland Emergency Food Pantry: On-going funding
* Fulton Student Research Grant

# PROFESSIONAL REFERENCES

Kimberly McCann

Faculty Chair - Associate Professor

CHSS - CDS, Online Instruction

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