

Willow is an H.S.P. or Highly Sensitive Pup who has certain character traits that her new owners do not understand. They wonder why she isn't like most other puppies. H.S.P. Is a psychological term that stands for Highly Sensitive Person. H.S.P.'s are born with a cluster of personality traits that give them common characteristics. They make up about 20% of the world's population.

The goal for this book is twofold. For children, the goal is to make these character traits not be perceived as negative, as some people in society may see them, but instead see them as superpowers!! For parents, teachers, and caregivers the goal is to educate them on what an H.S.P. is, and help them understand what that means, whether they see these traits in their children or in themselves.

Since publication, this book has helped a great number of "sensitive" children, and some adults, not feel like outsiders. It has also transcended the HSP population and is helping normalize the feelings and reactions of any child who is on the non-neurotypical spectrum. Whether they are autistic or just sensitive "Willow The Sensitive Pup" also helps children's "normal" friends and siblings understand non neurotypicals a little bit better.