



Restoring Hope, Rebuilding Lives

Our current Food Pantry needs are;

Can meals like Chili, Ravioli, spaghetti o's, stew, pop top preferred	Eggs
Pancake Mix	Crackers
Pork & beans	Ready to eat Soup
Refried beans	Cheese
Spaghetti sauce	Juice
White rice	Dressing
Box mashed potatoes	Baby wipes
Baking goods Flour, Sugar, cooking oil	Dish soap
Peanut Butter	Toilet paper
Jelly grape	Paper towels
Can chicken, ham, or pork	Household clean products
Canned fruit	Shampoo and conditioner
Condiments	Tampax and pads
Powdered milk	Kleenex
Fresh produce	
Meat (ground beef, ground turkey)	
Lunch meats	

Give at heartnhand.org | 200 B St., Belton, MO 64012 | info@heartnhand.org
816 - 322 - 1133

Serving Cass County Since 1997