**J & H Healing Therapy**

**Outpatient Services**

Outpatient therapy is a service provided by a professional therapist in a telehealth platform.

Typically, services are conducted on a weekly basis but can vary depending on the specific need of each client. Our services seek to provide a supportive and nurturing environment where our clients feel as though they can comfortably address the challenges that they face daily.

We offer services for individuals of all ages. We currently offer out-of-pocket services and accept Cigna, Aetna and UnitedHealthCare insurances.

Please contact J & H Healing at 856-203-5014 to set up a free 15 minute consultation if you are interested in outpatient therapy. .