

Chronic Pain Recovery Group

Pain Reprocessing & Emotional Awareness

Virtual Group Starts June 11, 2024

Tuesdays 6:00pm-7:30pm for 8 weeks

Who should attend: Anyone 18+ with one or more chronic pain or other problem symptoms that have not responded well to traditional medical interventions. This group is intended to significantly reduce or eliminate symptoms — not just simply to manage them.

What: This group uses Pain Reprocessing Therapy, Emotional Awareness and Expression Therapy, and Polyvagal Theory.

Conditions include: Fibromyalgia, chronic fatigue, back pain, IBS, migraines, pelvic floor and bladder problems, long-COVID, multiple-chemical sensitivities, and more.

Cost: Early Bird \$380 (before June 1, 2024), or \$400 (\$50 *per session*) on or after June 1, 2024

Please contact: Contact Melanie@CarlsonCounselingIndy.com, 317-406-8306, or the website link below. See the website for additional information.

www.CarlsonCounselingIndy.com



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