

5 Common Financial Mistakes Divorced Women Make

(And How to Avoid Them)

By Brady Wealth Management

1. Not Knowing What They Own

Many women walk away from a divorce without a clear understanding of what assets, accounts, or benefits they're entitled to — and that can cost them big over time.

✓ **Tip:** Make a list of all accounts, insurance, property, and retirement plans — and review ownership and beneficiaries.

2. Underestimating Living Expenses

Your life has changed — and so has your budget. Underestimating the true cost of living alone can lead to stress or unexpected debt.

✓ **Tip:** Track expenses for 1–2 months and build a realistic post-divorce budget.

3. Ignoring Long-Term Planning

It's easy to focus only on short-term survival, but your future still matters. Retirement, taxes, and investing need your attention now more than ever.

✓ **Tip:** Work with a planner to create a long-term financial roadmap — even if you're not ready to invest yet.

4. Letting Emotions Drive Financial Decisions

Divorce is emotional — but making big financial choices based on hurt, fear, or guilt can create lasting consequences.

✓ **Tip:** Pause before making big decisions. A neutral financial partner can help you stay grounded.


5. Delaying Help Because “It’s Not the Right Time”

Waiting too long to get help can create confusion, stress, or even financial mistakes you can’t undo.

✓ **Tip:** A simple conversation with a financial planner can bring clarity and confidence — even if you don’t have it all figured out yet.

Want Support?

At Brady Wealth Management, we guide women through our **Post-Divorce Financial Blueprint** — a clear, one-on-one planning process to help you move forward with confidence.

 *Start with a free Clarity Call today*
936-340-3500