Basic Pistol 101

Safety and Marksmanship Fundamentals

PROGRESSIVE DEFENSE ACTIVE SELF PROTECTION BEGINS WITH YOU

Beginner Level Course 4-hour course

The Basic Pistol 101 is a training course designed for the individual with limited or no experience operating and shooting a handgun and is interested in learning how to safely and properly use a handgun for recreational shooting and/or personal protection. The class will take place in a classroom and on a firing range for the live fire practical exercise. The focus of this class is to provide a solid framework for range and home safety with a solid foundation to be able to continue building the Knowledge, Skills, and Ability to use a handgun for personal defense if desired and needed. Student will develop an Attitude of Safety, and the understanding of the fundamentals of marksmanship, how to utilize "Dry Practice" as a means to improve one's shooting ability. Students will have the opportunity to fire up to 50 rounds of ammunition with the assistance of the instructor.

Instructional Topics:

- 4 Universal Firearms Safety Rules
- Rules for Safely Owning and Using a Pistol
- Pistol Nomenclature and Operation
- Loading, Unloading, and Clearing Pistols
- Fundamentals of Accurate Shooting
 - Stance
 - o Grip
 - Aiming
 - Sight Alignment
 - Sight Picture
 - Breathing and Hold Control
 - Trigger Control
 - Follow -through
- Importance of proper "Dry Practice"



Course cost includes a handgun rental, target, hearing protection, and eye protection. Ammunition for rental handgun must be purchased at the range or from the Instructor.

If you have your own handgun, we highly encourage you to bring it and use it for the class.

Students will receive a certificate of completion at the end of the course.