

CLINICAL TRAUMA PROFESSIONAL TRAINING

by Dr. Andy Brown & Dr. Sarah Stewart-Spencer

November 6-7, 2023 8:00am – 3:30pm

Baxley Church of God Social Hall: 353 Blackshear Hwy SE, Baxley, GA 31513

This training will provide school counselors and educators with an understanding of trauma, treatment and how to effectively implement strategies in a school environment.

*** 12 CEUs ***

Overview/Objectives:

- The historical events and seminal figures that contributed to the development of the field of traumatic stress
- Understand major research, treatment interventions, and important literature in the field of traumatic stress
- The active ingredients in healing traumatic stress
- Evidence-based interventions, common factors and emerging trends for effective treatment of traumatic stress
- The common factors for healing traumatic stress
- The therapeutic relationship and positive expectancy (relational factors) for positive outcomes in treatment
- Reciprocal inhibition, relaxation, self-regulation, exposure and narrative in the treatment of traumatic stress
- The potential deleterious personal effects associated with treating traumatic stress
- The DSM-V diagnostic criteria for PTSD
- Knowledge of prominent clinical assessment tools and instruments
- The role of scoring and interpretation of assessment and its application to case conceptualization
- The elements of various interview protocols (e.g., semi-structured interview, mental status exam, PIDIB) as they apply to the treatment of traumatic stress
- The Tri-phasic Model as standard of care when treating traumatic stress
- The psycho-educational components of early treatment of traumatic stress
- The roles of perceived threat, stress, PNS/SNS, and somatization in the symptoms of traumatic stress and their management
- Identify and discuss the effective treatments for traumatic stress
- Demonstrate procedural understanding of the use of IATP Five Narrative Model for Desensitization and reprocessing of traumatic memories
- Principles and practices for approaching/treating traumatized children/adolescents, comparing and contrasting these with those for adults
- De-escalation and debriefing practices following a traumatic event, such as bullying, active shooter incident, etc

The course offers NBCC 12 Continuing Education hours for clinical providers. A digital certificate of completion will be issued for participants that complete the training in a satisfactory status. For those wishing to pursue post-course certification, this course provides the education component as a Clinical Trauma Professional [Level 1] (Counselors and psychologists eligible).

Registration Link: <http://drsarahspencer.com/training-registration>

\$325.00 per attendee. \$25.00 discount for a PRE-Registration (offer good until 11/1/2023)



Dr. Andy Brown
TRAUMATOLOGIST