

## CARPENTERIA

Newsletter of the Sequoia Chapter California Native Plant Society

September 2004

## CHAPTER EVENTS

Chapter Meeting: Tuesday, September 21. 7:00 p.m.

"Livestock Grazing, Native Plants, Environmentalists, and Cattlemen" with speaker Chuck Peck

Chuck Peck, Executive Director of the Sierra Foothill Conservancy, will speak on how grazing can work to benefit native plants and animals. The Sierra Foothill Conservancy allows cattle grazing on its its preserves and works with local cattlemen to stay true to its mission of protecting "...wildlife, ranching, and natural beauty for present and future generations." His ongoing experience with working with all sides of conservancy issues should make for a lively and informative talk.

Regular meeting and speaker are at 7:00 p.m. at the Unitarian Universalist Church, 4144 N. Millbrook (S of Ashlan Avenue).

## **Future Meeting Programs**

September 21 Livestock Grazing and Native Plants

Chuck Peck

October 19 Native Plant Gardening

Thelma Valdez & Joseph Oldham

November 16 The Sequoia Monument

Michael Kunz

December 21 Potluck and Member Slides

Everyone is welcome to attend meetings and programs. Our meetings and programs are also open to the public and we encourage you to bring others that may be interested.

### Native Plant Sale Flyer

On page 3 and 4 of this newsletter is a flyer for the Native Plant Sale that you can pull out and share or use to ponder what plants you need this year

## The Native Plant Sale Saturday, September 25. 8 am – 12 noon

Come to the plant sale and bring friends and family! The sale is strategically held at the end of September because this gives you perfect timing to get native plants into the ground between late September and late October.

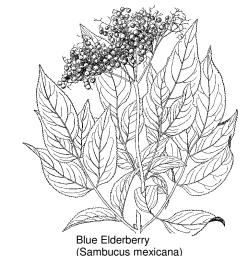
The Plant Sale is a good time to meet and talk with others about their native plant experiences. Whether you're new to native plants and just want to get a little education, or if you just want to squeeze one more native plant in your garden, plan to stop by!

Since this is our biggest fundraiser, your attendance and purchases are especially important.

It's also never too late to volunteer to help. Setup begins at 6:45 and break down is shortly after 12 noon. Contact Jeanne Larson for additional information. 559/243-0815 or email <irigilars@aol.com>

The basic procedure for every garden is the same. Figure out what to plant, obtain it, control the weeds, plant at the right time of year, supplying enough water to establish the plant, and then, in most cases, stop watering. You don't need dozens of garden books with glossy photos, endless plant lists and charts from encyclopedic works, tomes on drip irrigation. The land will teach us how to garden.

--from Notes on Natural Design by Judith Larner Lowry



## President's Message

Tarweed, (Holocarpha heermannii) sticky and aromatic (I like the smell -- many don't) covers large areas of our foothills with dull green foliage and bright yellow blossoms. Dove weed (Eremocarpus setigerus) grows in strips and patches, especially in

disturbed areas along roads and such—its roundish grey-green leaves just high enough to provide a little shade for the doves and quail that forage under the plants for their tiny black seeds.

That these plants are able to grow, bloom and produce seed in September in a landscape parched by six years of drought, with a palette consisting mainly of various shades of brown is truly a testament to the toughness and persistence of California native plants.

It is also, I think, a symbol for those of us who work for the preservation of native flora. We too must be tough and persistent in these lean and dry times—when our own government seems to be working against us, and peoples' attention seems to be focused on other matters—so that there is no deluge of bright idealistic energetic young members to take up the fight as we tire and fall away.

We too must continue to grow and bloom as well as we can, knowing that in time the winds will change, and the rains will come, along with renewed interest in California's natural habitat and a new willingness to work to preserve it.

-- Warren Shaw

## RELATED ACTIVITIES

## Intermountain Nursery Class: Propagation of California Native Plants Saturday, October 18. 9:30 a.m.

Learn about the various propagation techniques for California native plants. Ray Laclergue will demonstrate and discuss collecting, storing, stratifying, and germinating seed. Also taking and rooting cuttings successfully and proper growing conditions for California natives. Handouts and information on books and supplies will be provided. A tour of the nursery's growing facilities will also be available. A \$5.00 non-refundable deposit will reserve your space for any one class. All classes are 2 hours except as noted. Call 559.855.3113 for more information.

## Johnny's Garden Nursery & Outdoor Living Center

Wild about California Saturday, October 2. 10:00 a.m.

Prepare your yard this time of year for springtime using California natives. CNPS Sequoia Chapter members, Thelma Valdez and Joseph Oldham, will share experiences in designing a low-maintenance naturalistic garden that is attractive to birds, butterflies, and people, too. You will have the opportunity to choose and mix a wildflower seed selection. The nursery will highlight their selection of native plants.

## 12th Annual Harvest Arts Festival Intermountain Nursery

Saturday, October 9. 10 am – 5 pm Sunday, October 10. 10 am – 4 pm

hop for unique gifts crafted by local artisans and treat yourself to a delicious lunch and unique homemade goodies and refreshments. Local musicians provide original music. Browse the nursery for native plants still in plenty of time for fall planting.

## Sierra Foothill Conservancy

Classes require reservations (\$10/person, \$20/family) unless otherwise noted. For more information and registration call 559/855-3473 or visit <www.sierrafoothill.org>. Hikes are free. Call for meeting points and weather information. Bring lunch & water for all daytime classes.

#### Hikes

Saturday November 27 9 am Hikes at the McKenzie Preserve. (Free) This is the only fall hike. Walk the Discovery Trail (3.7 miles) or hike to the top of the table (moderate 6 miles) in the cool fall air. Bring lunch and water.

### Classes

Saturday October 9 8 am- 6 pm Biotic Communities and Geology of the Sierra. A carpool into the Sierra with stops to observe various biotic communities along the way. Geologist Craig Poole and biologists Bob Winter and Rodney Olson will interpret the Sierra's natural history. Meet at the Forest Service parking lot at 1600 Tollhouse Road in Clovis

Saturday October 30 9 am- 2 pm Natural History of Sierra Foothill Birds. Join Jeff Davis, local ecologist and writer, to learn about the relationship of birds, acorns, berries, and oak trees at the McKenzie table Mountain Preserve.

The world is one percent good, one percent bad, ninety-eight percent neutral. It can go one way or the other, depending on which side is pushing. This is why what individuals do is important.

- Hans Habe

# California Native Plant Society Sequoia Chapter

# NATIVE PLANT SALE

September 25, 2004 Saturday, 8 am to Noon Free Admission

Vineyard Farmers' Market Northwest Corner of Blackstone and Shaw in Fresno



Trees • Seeds • Planting Advice • Shrubs • Displays
Catalogues • Native Plant Information • Perennials • Grasses

Phone 243-0815 for more information

## The majority of the following plants will be available at the plant sale, depending upon availability:

Botanical name	Common name				
TREES					
Acer macrophyllum	Big Leaf maple				
Aesculus californica	California Buckeye				
Alnus rhom. & ten.	Mountain Alder				
Calodedrus	Incense Cedar				
Chilopsis	Desert Willow				
Juniperus osteosperma	Utah Juniper				
Pinus	Pine				
Quercus	Oak				
Sequoiadendron	Giant Sequoia				
gigantea					
Umbellularia	California Bay				
californica					
CITIDI	TDG				

SHRU Arctostaphylos	Manzanita		
Atriplex	Saltbush		
Baccharis	Coyote Bush		
Calycanthus	Spice Bush		
occidentalis	•		
Carpenteria californica	Bush Anemone		
Ceanothus	Ceanothus		
Cephalanthus	Buttonwillow		
occidentalis			
Cercis occidentalis	Redbud		
Chrysothamnus	Rubber Rabbit		
nauseosus	Brush		
Cornus stolonifera	Dogwood		
Eriogonum	Buckwheat		
Eriophyllum	Wooly Sunflower		
Fremontodendron	Flannel Bush		
Heteromeles arbutifolia	Toyon		
Lavendula	Lavender		
Lepechinia calycina	Pitcher Sage		
Lupinus	Lupine		
Mahonia	Oregon Grape		
Philadelphus l. 'Goose	California Mock		
Creek'	Orange		
Prunus	Chokecherry		
Rhamnus	Coffeeberry		
Ribes aureum,	Currant		
nevadense, sanguineum			
Rosa	Rose		
Rubus leucodermis &	Raspberry		
ursinus			

Botanical name	Common name			
SHRU	JBS			
Salix	Willow			
Salvia	Sage			
Sambucus	Elderberry			
Sphaeralcea ambigua	Apricot Mallow			
PEREN	NIALS			
Aquilegia	Columbine			
Aster	Aster			
Fragaria	Strawberry			
Heuchera	Coral Bells			
Grindelia camporum	Gumweed			
Linum lewisii	Blue Flax			
Helenium hoopsii	Sneezeweed			
Mimulus	Monkeyflower			
Monardella	Coyote Mint			
Penstemon	Penstemon			
Potentilla	Cinquefoil			
Prunella vulgaris	Selfheal			
Rudbeckia	Coneflower			
Sisyrinchium bellum	Blue-eyed Grass			
Symphoicarpos acutus	Creeping			
	Snowberry			
Zauschneria	California Fuschia			
GRAS	SES			
Achnatherum nelsonii	Mountain			
	Needlegrass			
Aristida ternipes	Spreading Three-			
	awn			
Carex	Sedge			
Deschampsia cespitosa	Tufted Hairgrass			
Elymus glaucus	Blue Wild Rye			
Festuca	Fescue			
Juncus	Rush			
Leymus triticoi	Creeping Wild Rye			
Melica californica &	California Melic			
imperfecta				
Muhlenbergia	Deer Grass			
Nassella	Needlegrass			
Scirpus	Bull Rush			

Fremontia californica

remontodendron)

## The Official State Grass of California

Purple Needlegrass (Nassella pulchra) is now the official State Grass of California. SB 1226 was signed by Governor Schwartzenegger on Monday, August 23, 2004. Native grasses may now receive more attention as a result of this bill. Fourth graders throughout California will study the state grass along with the official state flower, the state bird, etc.

Here is an excerpt of an article by Jeffrey Cobin (San Francisco Chronicle, July 5, 2004), "It is worth remembering that the golden hills that most Californians associate with summertime vistas are a very different landscape than the one that would have greeted the earliest European settlers. California's grassland ecosystems were once largely dominated by native perennial bunchgrasses, including purple needlegrass, that live for more than 100 years and grow deep root systems so that they can survive our annual summer drought.

Machado's bill recognizes the prime role that purple needlegrass played in native California grasslands and its importance in the restoration of native biodiversity. This species is key to our biological heritage and is even immortalized on our state flag. (Take a look -- the grizzly bear is walking on native bunchgrasses!)

The shift from native perennial grasses to exotic annual grasses has also had cascading effects on the animals that depend on the perennial plants as food sources in the summer."

### **Observations**

A nice, hot summer. Well, we do live in the Great Valley. Not a boring summer, though. If you have a Desert Willow (Chilopsis linearis) or know someone who does, you already enjoy the constant buzz of activity surrounding this everblooming tree/shrub throughout the summer. Carpenter bees and hummingbirds take full advantage. California Fuchsia (Zauschneria californica), too, provides nectar for the hummingbirds.

The native needlegrasses (Nassella) are hanging in there, just enough green at their base to show they'll make it to the winter rains.

And I can't help it – the beautiful blue flower of the Vinegar Weed (Trichostema lanceolatum) and its gray-green leaves make it one of my favorite native plants.

### JOIN THE CALIFORNIA NATIVE PLANT SOCIETY

preserve them in their natural habitat through scientific activities, education, science, and conservation.

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Membership includes the quarterly CNPS journal, *Fremontia*; the quarterly *Bulletin* which gives statewide news and announcements of Society activities and conservation issues; and our chapter newsletter, *Carpenteria*.

I wish to affiliate with the Sequoia Chapter.	☐ Student/Retired/Limited Income\$20 ☐ Individual or Library\$35		
Name: Address: City: State: Zip:	□ Family or Group \$45 □ Supporting \$75 □ Plant Lover \$100 □ Patron \$250 □ Benefactor \$500 □ Bristlecone \$1000		
Make your check payable to "CNPS" and mail with this form to:	California Native Plant Society 2707 K Street, Suite 1 Sacramento, CA 95816-5113		
The California Native Plant Society is a statewide nonprofit organization California's native plants. The mission of the Society is to increase understanding the California's native plants.	*		

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## **Lawsuit Filed to Protect Habitat for Five Rare Plant Species**

Urban Sprawl, other factors in San Diego, Monterey, Los Angeles and Riverside Counties threaten five species of plants with extinction. The Center for Biological Diversity and the California Native Plant Society filed suit in Federal District Court on August 13 to compel Gale Norton, the U.S. Secretary of the Interior to designate 'Critical Habitat' under provisions of the Endangered Species Act for five extremely rare plant species. The species; the Mexican flannelbush, San Diego thornmint, Vail Lake ceanothus, Yadin's rein orchid and Nevin's barberry occur in San Diego, Riverside, Los Angeles, Monterey Counties and Baja, Mexico. The species are threatened with habitat destruction from urban sprawl, competition from nonnative species and other factors.

"Critical Habitat" under the Endangered Species Act is defined as "areas essential for survival and recovery of a species." Critical Habitat adds an additional important layer of protection for endangered species. Under the Endangered Species Act, federal agencies are barred from granting permits, funding or authorizing activities that would destroy the habitat areas.

Visit <a href="http://www.biologicaldiversity.org/swcbd/press/plants9-13-04.html">http://www.biologicaldiversity.org/swcbd/press/plants9-13-04.html</a> for the full news release.

### Newsletter

Send newsletter contributions, corrections, or suggestions to Thelma Valdez at < nmtv@att.net >. The next newsletter will be the October issue. Contributions are due by Saturday, October 9.

## <u>CARPENTERIA</u>

September 2004



c/o Jeanne Larson • 3457 Redlands • Fresno, CA 93726

Dedicated to the Preservation of the California Native Flora. For a membership brochure call Helen Shaw at 559/855-4519. CNPS Web site: < www.cnps.org >

## FEATURED PLANT

## California Wild Grape

Vitis californica is a deciduous vine that appears in stream banks and foothill canyons from Kern County northward. It is similar to its cultivated relative but not nearly as ubiquitous as it once was. The vines are thick and can climb to 60 feet. They will climb trees, especially oaks and cottonwoods. The bark is shreddy and the leaves are minutely toothed with a variety of three-lobes or no lobes.

The fruit is a standard grape cluster containing many grapes, about ½ inch in diameter and deep purple. Although the skin is tangy, the flesh is sweet. Grape pie is a favorite of wild plant foragers.

California Native Americans used the plant frequently as food, much as we do today, eating it fresh, drying it, making jelly, and adding grapes to stews. The leaves were also boiled and used to wrap other food.

The wild grape found admirers in early California visitors. John Woodhouse Audubon, who visited California in the mid-nineteenth century wrote, "At sundown far down the valley of Santa Maria, we rejoined our camp and found all well, and Mr. Browning treated me to a pound or two of most delicious grapes. They tasted so refreshing and delicious, that for a few minutes I forgot everything else..."

Indeed, it was the early white settlers who used it medicinally. They made concoctions that served as a tonic, claiming it to be a remedy for urinary problems, kidney stones, bladder complaints, and used it as an eye wash. The leaves were used in poultices for cuts, scratches, and sores.

Looking for a beautiful native trellis plant or along a sunny wall? Consider Vitis californica.