

Menus for October, 2025

Week of September 29, 2025			
Day	Breakfast	Lunch	Snack
Monday	Kix Cereal Mandarin Oranges Milk	Teriyaki Chicken Mashed Potatoes Pineapple Chunks Buttered Wheat Bread Milk	Wheat Thin Crackers Fresh Carrot Sticks w/ Tzatziki Sauce Water
Tuesday	Multigrain Bagel w/ Cream Cheese Banana Milk	Pulled Pork Baked Beans Pears Roll Milk	Graham Crackers Celery & Cucumbers With Ranch Dip Water
Wednesday	Corn Chex Cereal Fresh Cantaloupe Milk	Baked Lasagna Mixed Veggies Fruit Cocktail Buttered Wheat Bread Milk	Cheezits Apple Wedges Water
Thursday	Sausage Biscuit Fresh Strawberries Milk	Extra Cheesy Whole Wheat Quesadilla Fresh Broccoli w/ Ranch Dip Applesauce Milk	Chex Mix Orange Slices Water
Friday	Wheat French Toast Sticks with syrup Banana Milk	Meatballs and Gravy Beef Ramen Noodles Green Beans Peaches Milk	Animal Crackers Seasonal Fruit Cup Cooking Project: My Plate Water

Week of October 6, 2025			
Day	Breakfast	Lunch	Snack
Monday	Rice Chex Cereal Mandarin Oranges Milk	Tater Tot Casserole with Baked Ham Mixed Veggies Peaches Buttered Wheat Bread Milk	Goldfish Crackers Apple Wedges Water
Tuesday	Pancakes with syrup Banana Milk	Beef Taco in Wheat Wrap Corn Pears Milk	Pretzels Orange Slices Water
Wednesday	Biscuit with Preserves Fresh Melon Milk	PIZZA DAY Extra Cheese Pizza Spring Salad Mix Applesauce Milk	Wheat Ritz Crackers Fresh Broccoli with Cheese Dip Water
Thursday	Crispix Fresh Strawberry Slices Milk	Chicken Nuggets Green Beans Fruit Cocktail Milk	Graham Crackers Fresh Carrot Sticks w/ Tzatziki Sauce Water
Friday	Cinnamon Raisin Multigrain English Muffins Banana Milk	Barbeque Chicken Roman Noodles Baked Beans Pineapple Milk	Honey Nut Cheerios w/ Raisins Seasonal Fruit Cup Cooking Project: Band-Aid Water

Week of October 13, 2025			
Day	Breakfast	Lunch	Snack
Monday	Cinnamon Chex Cereal Mandarin Oranges Milk	Scrambled Eggs and Ham Hashbrowns Fruit Cocktail Buttered Wheat Bread Milk	Chex Mix Orange Slices Water
Tuesday	Multigrain Bagel w/ Cream Cheese Banana Milk	Macaroni & Cheese w Extra Cheese Green Beans Pears Buttered Wheat Bread Milk	Chips with Salsa Apple Wedges Water
Wednesday	Wheat French Toast Sticks with syrup Fresh Cantaloupe Milk	Turkey and Cheese Wrap Mixed Veggies Pineapple Chunks Milk	Goldfish Crackers Fresh Carrot Sticks with Tzatziki Sauce Water
Thursday	Kix Cereal Fresh Strawberries Slices Milk	Chicken and Gravy Brown Rice Corn Applesauce Milk	Animal Crackers Fresh Broccoli w/ Ranch Dip Water
Friday	Sausage Biscuit Banana Milk	Meatball Subs Italian Salad with white Balsamic Dressing Peaches Milk	Wheat Crackers Seasonal Fruit Cup Cooking Project: Easy Apple Pie Water

Week of October 20, 2025			
Day	Breakfast	Lunch	Snack
Monday	Crispix Mandarin Oranges Milk	Grilled Cheese Sandwich Corn Pineapple Chunks Milk	Wheat Ritz Crackers & Cheese Apple Wedges Water
Tuesday	Cinnamon Raisin Multigrain English Muffin Banana Milk	Waffles Sausage Fruit Cocktail Hashbrowns Milk	Graham Crackers Orange Slices Water
Wednesday	Life Cereal Fresh Melon Milk	Chicken Nuggets Roman Noodles Mixed Veggies Applesauce Milk	Pretzels Fresh Broccoli Cheese Dip Water
Thursday	Biscuit with Preserves Fresh Strawberry Slices Milk	Baked Ziti Green Beans Pears Buttered Wheat Bread Milk	Cheezits Carrot Sticks with Ranch Dip Water
Friday	Pancakes with syrup Banana Milk	Chicken Taco in Wheat Tortilla Tossed Salad w/ Dip (Lettuce, Tomato, Black Beans) Mango Slices Milk	Cheerios & Raisins Seasonal Fruit Cup Cooking Project: Apple Flowers Water

NOTE: Between child's first and second birthday, whole milk is served. After age 2, low fat (1%) milk is served. When no beverage is listed, water will be the beverage served.