



**Edward C. Spoon, MD, FACOG, FACS**

401 N. Buffalo Dr. #110

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[www.LVOBGYN.com](http://www.LVOBGYN.com)

## **PREGNANCY CARE**

Las Vegas OB/GYN Women's Care welcomes you and congratulates you on your pregnancy. Our mission is to provide you with the most compassionate and state of the art medical care available. We will try to make your pregnancy informative and enjoyable. This informational packet contains answers to common questions you may have regarding our office, aspects of your care and problems you may encounter during the pregnancy. We appreciate the opportunity to provide care for you and your baby during this special time.

The following is an outline of the prenatal and postpartum care we will be providing you.

### **Physical Services Include:**

- Initial visit with complete history and exam.
- Subsequent visits. Initially your prenatal visits will occur once a month. This will increase to every 2 to 3 after 28 weeks. The visits will occur weekly within a month of your expected delivery date. The frequency of your visits may vary depending on any medical problems that may be encountered.
- Obstetrical care during labor and delivery.
- Postpartum hospital visits.
- One postpartum office visit for vaginal delivery; two for cesarean delivery.

### **Services not Included:**

- Non-obstetrical related visits.
- Tests (i.e. blood work, cultures, genetic testing, screening for abnormalities, diabetes screening and GBS testing).
- Ultrasounds and Fetal testing such as non-stress tests, amniotic fluid levels.
- Prenatal vitamins and medications.
- Prenatal classes.
- Newborn care
- Anesthesiologist, pediatrician, or assistant surgeon's fee.



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You will be responsible for your insurance copay and deductible. You may be asked to place a deposit for care before the 30-32<sup>nd</sup> week. What are considered covered services may vary from one insurance plan to another. To determine what your plan covers please refer to your insurance manual or speak with your insurance representative. If there is any change in your insurance during your pregnancy, our front office will need to be notified ASAP.

We will need to know at which hospital you plan to deliver. Dr. Spoon goes to Summerlin and Mountain View Hospital. If there is a change the front office must be informed. It is difficult for a physician to be on call 24 hours a day 7 days a week. Dr. Spoon shares call with fellow colleagues he trusts for the weekends, holidays and vacations. Dr. Spoon is available 7 a.m. – 5 p.m. Monday through Friday and 1-2 weekends per month.

If you have any questions or problems please notify our office. If it cannot wait until your next visit call us during office hours from 8:30 a.m. to 5:30 p.m. Phone calls are returned after patients in the office have been seen. Should an emergency arise, go directly to the hospital to which you are registered.



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## **LOW RISK OVER-THE-COUNTER MEDICATIONS FOR PREGNANT & BREASTFEEDING PATIENTS**

- **CONSTIPATION** – Colace, Citrucel/Benefiber/ Metamucil and Mira LAX.
  - **DIARRHEA** – Imodium -AD, Pepto Bismol.
  - **HEAD COLD** –Robitussin (without alcohol), Sudafed, Tylenol.
  - **HEARTBURN** – Maalox, Mylanta, Roloids, Tums and Zantac (ranitidine)
  - **HEMORRHOIDS** – Anusol, Preparation H, Tucks
  - **PAIN RELIEVER** – Tylenol only (no aspirin or ibuprofen or naprosyn).
  - **RASH** – Benadryl, Calamine Lotion, Aveeno products
  - **YEAST INFECTION** – Clotrimazole Cream
- **NO ASPIRIN, IBUPROFEN OR NAPROXEN PRODUCTS  
ARE TO BE USED IN THE PREGNANCY WITHOUT  
DISCUSSING WITH YOUR DOCTOR.**