

Three Song Rule



- ❖ Lack of the completion mentality!
- ❖ You can't see the finish line!
- ❖ You haven't published anything in a long time!
- ❖ Do you feel embarrassed!

This is for you!

A very simple rule. It boils down to this:

When you reach number three of songs that you are working on, you cannot start another song until you:

a) completely delete one of the three songs. And when I say to delete, I mean everything from the hard drive, that song never existed.

b) or finish one of the three song you're currently working on, so you can jump on another new song creation Journey.

Why the three-song rule?

You need to have a habit of completion in your life!

You need to breed a "finisher mind set"!

You need to feel the adrenalin rush by crossing that finish line!

You need to create a routine!

As a suggestion you could devote 30 minutes each day to work on one of the songs. You must be consistent and show up every day! You are trying to create a habit!

Let me ask you a question?

Do you think hard about how you are going to unlock and start your car before you want go somewhere?

Do you think whether you should keep going when you see the red light?

Do you question yourself which pedal is for gas and which one for breaking?

Do you search for the radio on/off button in your car?

Why not?

Because you have done it so many times and that's now part of your routine. You don't think, you just react to obstacles that come your way. Now it is a firmly established routine.

That is habit!!

Habit consists of three things:

- ✓ Trigger
- ✓ Action
- ✓ Reward

You have two out of three!!!

You are missing out on the best part of the music production process!

REWARD!

Reward is when other people get to enjoy your creation. You get to bring joy to other people's lives!

You give meaning and understanding to life through your songs!

Use this Three Song Rule as habit creation tool, cross that finish line and be REWARDED!!

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