



Linda “Louann” Buhlinger

Long form writing for digital and print publishing

Writing, Content, Photography, Videography, Editing and Publishing

Karen Keith • 1st
Candidate for Tulsa Mayor 2024
1w • 🌐

I love Tulsa, and I'm ready to put my experience to work for the growth and prosperity of all our citizens as its mayor. I'm open and willing to work with everyone, build unity and not get caught up in petty politics. I d ...see more

Karen Keith
for Mayor of the City of Tulsa

www.KarenKeith.org

👍👍👍 You and 232 others 15 comments • 8 reposts

👤 👍 Comment 🔄 Repost 📧 Send

Karen Keith • 1st
Candidate for Tulsa Mayor 2024
3d • 🌐

When I announced my campaign for mayor of Tulsa, I was touched and honored by the people who spoke and showed support for this campaign.

I am a devoted public servant and have been a Tulsa County Commissioner since 2008. During that time, I also served as the director of community relations and vision implementation for the Vision 2025 projects. Before my public service work, I was an anchor, reporter, executive producer, and host of Oklahoma Living.

If you would like to volunteer for the campaign, request a sign or send me your thoughts, visit www.KarenKeith.org. You will find an easy to fill out form where you can get involved. Thank you, Tulsans.

#Tulsa #TulsaMayor #KarenKeithforMayor

2:09 Karen Keith Tulsa Mayor

👍👍👍 You and 60 others 9 comments • 4 reposts

Reactions

+53



Karen Keith • 1st
Candidate for Tulsa Mayor 2024
3d • 🌐

We broke ground on the new addition to LaFortune Park Tennis Center. I am grateful to the taxpayers, private investor families, tennis enthusiasts, our county employees, and Melissa and Pete McCorkle for their contributions to the project.

Vision 2025 funds were provided to renovate the existing par three golf course, construct three new picnic shelters, develop and construct facilities identified in the existing master plan for the property known as the "Gardens of LaFortune," and construct a recreational facility to include a new tennis center.

#Tulsa #TulsaVision2025 #CommunityPark



👍👍👍 Brian Bovaird and 140 others

8 comments • 1 repost



ImpactTulsa
March 19 • 🌐

ImpactTulsa is working with partners across [Tulsa County, Oklahoma](#), to shine a light on opportunities for students to improve their reading abilities. Studies show that students with proficient reading scores are more likely to graduate from high school. See what the research data says and learn how you can get involved. <https://impacttulsa.org/third-grade-reading/>

#Educate918 #Reading #GoFoEquity #ReadingPartners Reading Partners Tulsa



 **ImpactTulsa**®

👍👍👍 Olivia Martin and 4 others

1 share



ImpactTulsa

March 5 · 🌐

...

Did you know that Tulsa is a model city for the My Brother's Keeper (MBK) Alliance? MBK is an Obama Foundation initiative that was created in response to the 2014 killing of Trayvon Martin and focuses on building safe and supportive communities for boys and young men of color. Learn more here and sign up to participate in a workgroup. <https://ow.ly/YU0E50QrVLb>

#MBK #GoForEquity #BlackandBrownBoys
My Brother's Keeper Tulsa



Olivia Martin and 8 others

3 shares



ImpactTulsa

February 14 · 🌐

...

Christina Seymour, a project manager with the [Tulsa Health Department](#), is shown here attending an ImpactTulsa Results Based Facilitation (RBF) class and learning how to take meetings from talk to action. ImpactTulsa supports partners with professional development to strengthen their impact with the vision that every child be on a path to economic mobility through education.

Recently, Jordan Sheffield-Mix, content manager for Early Childhood Education at [Tulsa Public Schools](#)... See more



Olivia Martin and 5 others

1 comment 1 share

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Comment

Share

We are excited to welcome our newest team member, [Aubrey Flowers](#), Head of Cradle to Career Initiatives! Aubrey is a passionate advocate seeking to facilitate meaningful change for Tulsa's youth, families, and communities. Please say hello to Aubrey in the comments below.

🏠 **Hometown:** Aubrey grew up living on the coast in Corpus Christi, Texas. Her first job was working as a nanny for a family still close to her heart 26 years later!

💡 **Why does Aubrey choose to serve in this work?** "ImpactTulsa is a beautiful opportunity at the intersection of schools, citizens, and community. I'm honored to serve such an important purpose to create an exceptional lived experience for every youth in Tulsa."

📖 **Currently reading:** Ratchetedemic: Reimagining Academic Success by Dr. Christopher Emdin. "I highly recommend!"

👨‍👩‍👧‍👦 **Home life:** Aubrey and her husband Brad are parents of five awesome children including Charley, Jake, Ford, Mason, and Wyatt.

🏫 **Career:** She joins us from her former post as principal of Council OakOak Elementary in Tulsa where she led the charge to decrease chronic absenteeism and increase reading proficiency!

#SystemChange #GoForEquity #Educate918



It's the season for college-bound students to apply for funding through the Free Application for Federal Student Aid, commonly known as FAFSA. Tulsa Higher Education Consortium and ImpactTulsa brought together counselors from Tulsa-area high schools, universities, and nonprofits representing more than 28,000 FAFSA-eligible students.

Discussions focused on updates to FAFSA and ways to support students and families. Research shows that high school seniors who complete the FAFSA are 84% more likely to immediately enroll to continue their education after graduation. Learn more about how students can pursue higher education by taking advantage of FAFSA-fueled opportunities by visiting this link <https://ow.ly/ZXST50QuThL>.

Included in this picture: Norma Navarro-Castellanos, Tulsa Community College; Avery Bennett, ImpactTulsa; and Aaron Wilson, Tulsa Higher Education Consortium.

#FAFSA
#GoForEquity
#EducateTulsa
#FundingForCollege





ImpactTulsa
January 16 · 🌐

...

ImpactTulsa trains its partners on using Continuous Learning and Improvement (CLI), which uses data to identify issues, set goals and test changes to find impactful solutions for vulnerable students and families to thrive. In this [Asemio](#) podcast, Lauren King talks about the value of CLI in the nonprofit space and how it supports data-driven decision-making.

<https://ow.ly/98xR50QnY8e>

#CLI
#ImpactTulsa
#GoForEquity



👍❤️ 4



ImpactTulsa
November 16, 2023 · 🌐

...

ImpactTulsa recently held a Continuous Learning and Improvement (CLI) professional group meeting led by Rachel Wolfe of Sunrise Consulting in Tulsa. Participants discussed key measurements needed to scale a project. The result was a step-by-step guide available to all. "Without CLI, we tend to do things because 'that's how we did it last year.' With CLI, we have a framework for improving all processes, from client-facing program delivery to internal administrative work," said Rachel.

In our meetings, we specifically aim to cultivate conversations on how continuous learning and improvement can be used as a tool to disrupt systemic inequities. Anyone interested is invited to attend our next meeting, Thursday, December 7, at 11 a.m. on Zoom. The training is free, and you can learn more about CLI and register on our website.

<https://ow.ly/Wr0650Q86RT>
#CLI #TulsaCLI





First Presbyterian Church of Tulsa

September 14, 2023 · 🌐



First Church member Jerry McCoy knows God is bigger than we think! Jerry is a scientist and a man of faith. In his position as a physics professor at TU for the past 30 years, he says, "Looking at what God has made and inferring what He must be like to have made that, the conclusion is that He's way bigger than you have ever given Him credit for being." Read the entire article at the link.



FIRSTCHURCHTULSA.ORG

"Jerry McCoy knows God is bigger than we think" by Kelly Kurt Brown

If you want to know more about God, Jerry McCoy suggests that you look up. On a dark night...



Mariesa Worman, Tyler Bird and 14 others

1 comment 1 share



First Presbyterian Church of Tulsa

September 12, 2023 · 🌐



Topic: "Four things Christians must reclaim."



First Church Tulsa welcomes

Rebecca McLaughlin

Author of "Confronting Christianity: 12 hard questions for the world's largest religion."



**Saturday, September 16
6:30 p.m., Stephenson Hall**



First Presbyterian Church of Tulsa – 709 S. Boston Ave., Tulsa, OK 74119



First Presbyterian Church of Tulsa

September 11, 2023 · 🌐

Mark your calendar for Saturday, September 16, at 6:30 p.m., to meet Rebecca McLaughlin who will speak to us on, "Four things Christians must reclaim." She is the author of "Confronting Christianity: 12 Hard Questions for the World's Largest Religion," and members of our Pastor's Study have been reviewing this book leading up to her lecture. The event is free and will be held in Stephenson Hall.



Mariesa Worman and 3 others

2 shares



First Presbyterian Church of Tulsa

September 12, 2023 · 🌐



If you've ever talked to Ron Pearson, organist and director of Music Ministries, you will find that he has eclectic taste in books. He loves stories about everything from great composers of music to United States presidents, the Titanic disaster and more!



FIRSTCHURCHTULSA.ORG

"Ron Pearson's Top 10 to read" by Ron Pearson

Editor's note: As this is the "Issue of Ron" celebrating his 50th organ concert in 2023, we decid...

👍❤️ Mariesa Worman and 4 others



First Presbyterian Church of Tulsa

September 11, 2023 · 🌐



As the fall season approaches, it is the time we look ahead to the next year to see how we can support our church with our time, our abilities and our treasures. You will soon receive a stewardship packet in the mail with a letter from Dr. Jim Miller and a reply envelope for your pledge. "May the Lord cause each of us to be both faithful and intentional in sharing the blessings that cause our cups to overflow." - Dr. Jim Miller

To make a pledge, please bring your pledge card to church by Sunday, October 1, or complete your pledge online. <https://buff.ly/47V5gfv>



Stewardship for 2024

FirstChurchTulsa.org/give

👍❤️ Mariesa Worman and 3 others



First Presbyterian Church of Tulsa

September 8, 2023 · 🌐

You may have questions about the upcoming pastor transition at First Church Tulsa.

"What do the weeks leading up to Dr. Miller's retirement look like?"

"What will be Dr. Miller's involvement after he retires?"

"How long does a search for a new senior pastor take?"

The Pastoral Transition Team has compiled answers to these questions plus updates and a transition roadmap to keep you informed. They can be found on our website at www.FirstChurchTulsa.org/PastorTransition.

If you have additional questions, please email the Transition Team at FPCTransition@FirstChurchTulsa.org.



👍❤️👤 Mariesa Worman, Tyler Bird and 15 others

1 comment 1 share



First Presbyterian Church of Tulsa

July 20, 2023 · 🌐

We welcome our summer interns including Ignite interns Jacob Hand and Morgan McIntosh, and Heather Davis intern Emma Woodard. We're glad to have you here! Also included in our pics is Steve Wilson, director of High School Ministries.



👍❤️👤 Britani Bird, Elizabeth DeVore and 69 others

7 comments 1 share



First Presbyterian Church of Tulsa

June 27, 2023 · 🌐



Did you know the acolyte tradition was brought to First Church services over 20 years ago as a way to involve children in services? First Church member Kathryn Pickrel has faithfully served behind of schedule of this ministry since the beginning. Read more at this link. <https://buff.ly/3qpHSFv>



Cindy Tade Johnson, Mariesa Worman and 25 others

6 comments



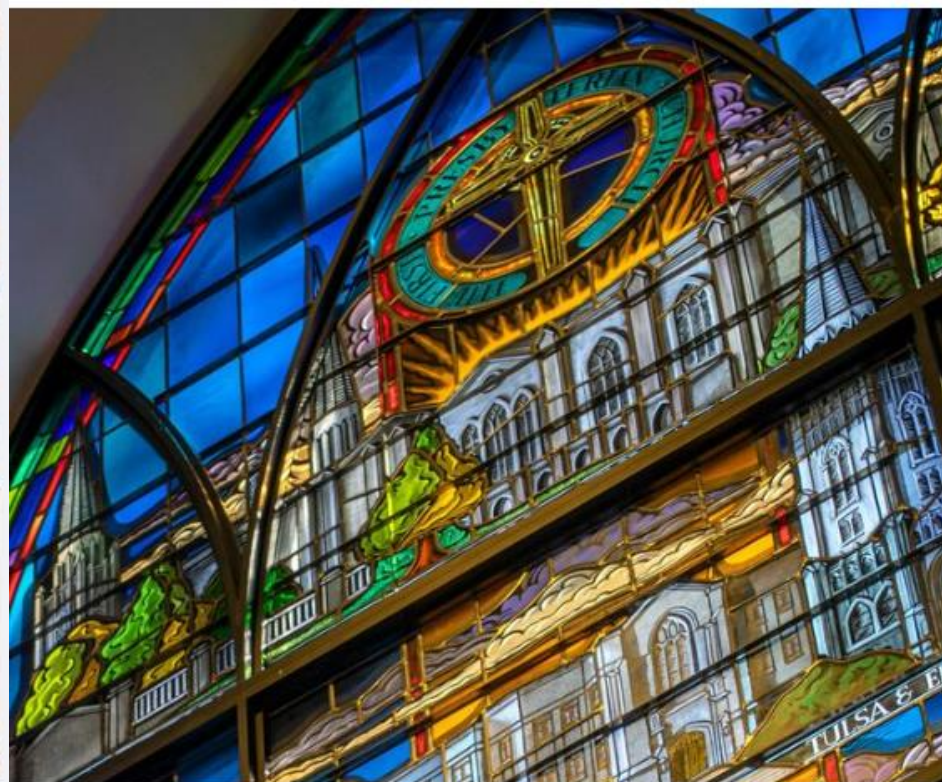
First Presbyterian Church of Tulsa

June 19, 2023 · 🌐



Rest and recharge. First Church is open for those affected by power outage and storm damage. The storm this past weekend left a lot of people with damage to homes and without power. We are opening Stephenson Hall for those affected by the storm, Monday through Friday, June 19-23, from 7 a.m. to 7 p.m. Here you can recharge your phone and enjoy the AC.

First Presbyterian Church of Tulsa
709 South Boston, Tulsa
918-584-4701



Mariesa Worman, Jackie Peggy Allison and 13 others

13 shares



First Presbyterian Church of Tulsa

June 4, 2023 · 🌐



This issue of Tidings magazine is now available for reading online or for pick up at the church. Click over to <https://buff.ly/3s4HYhx> and select a version to read including PDF or ISSUU. You can find all the past issues of Tidings for the past four year at this same link. Story authors in this issue include Dr. Jim Miller, Mark Brown, Katie Williams, Rev. Julia Metcal, Nick McMillan, Elizabeth DeVore, Patricia Hall, Tom Hillis and Kathy Wilson. Thank you writers and photographers!



👍❤️ Mariesa Worman, Jackie Peggy Allison and 4 others



First Presbyterian Church of Tulsa

April 15, 2023 · 🌐



Tomorrow, we welcome highly regarded Presbyterian pastor and author, Dr. John Ortberg. We've been on a spiritual journey this Lenten season as we've gone through Dr. Ortberg's series "From Ashes to Beauty" and are excited to hear a great message in person from Dr. Ortberg.

If you would like to hear Dr. Ortberg speak, follow the link to one of his latest devotionals <https://buff.ly/3lnwmlN>

First Church welcomes special guest speaker

John Ortberg
Pastor and author

Sunday, April 16

- 9:30 a.m., Stephenson Hall
- 11 a.m., Sanctuary

Book covers shown: JOHN ORTBERG, ME, JOHN ORTBERG, FAITH DOUBT

First Church 1885

👍❤️ Mariesa Worman, Jackie Peggy Allison and 3 others

1 share

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💬 Comment

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First Presbyterian Church of Tulsa

March 14, 2023 · 🌐



Grief is a part of each of our lives. Perhaps the loss of a loved one, the loss of a relationship, the loss of a job ... it takes many forms. But the common denominators are grief and sorrow, and the role they play in all our lives. In this Tidings article by Rev. Wally Johnson, he describes the process of grief and how it calls us to sit, to ponder, to reflect and to pray.



FIRSTCHURCHTULSA.ORG

"Living with grief" by Rev. Wally Johnson


Grief seems an apt topic for the Lenten Season. This is a season in which we quiet ourselves wi...





Mariesa Worman, Jenette Rockey McEntire and 19 others




3 comments 6 shares





 **The University of Tulsa College of Law** ...
February 23, 2018 · 🌐

TU Law student Dalton Downing is being honored today by the Association of Securities and Exchange Commission Alumni for winning first place in its annual writing competition. The title of his winning paper is titled, "Picket Signs Versus Pocket Books: Using U.S. Securities Law to Compel Corporate Lobbying Disclosure," originally published in the Tulsa Law Review. He is receiving his award this evening at the ASECA awards dinner in Washington, D.C.
<http://bit.ly/2sPTjbr>

  69

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The University of Tulsa College of Law

March 30, 2018 ·

TU Law alumnus and sponsor of the Richard B. Risk CLE Practicum Series, Dick Risk, attended the viewing of *A Civil Action* at the Circle Cinema with TU Law alumni and students. The movie is based upon the story of attorney Jan Schlichtmann and his work on *Anderson v. Cryovac, Inc.*, where he represented eight families in a water contamination case. Thanks to the generosity of Risk, Schlichtmann will be speaking at TU, Wed., April 4 at 6pm, at the Lorton Performance Center. The event is free and open to the public. [See less](#)

15

2

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 **The University of Tulsa College of Law** July 18, 2018 · 🌐

More TU Law students are participating in internships than ever before to gain practical experience. Recent graduate Murphy Mitchell externed with New York County Defender Services in the spring of 2018 and interned with Brooklyn Defender Services during the summer of 2017. See a sampling of summer externships here and learn more about how TU Law externships work. <http://bit.ly/2msvVhH> See less

👍❤️ 32 2 🗨️ 7 ➦


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Most relevant ▾


 **Ray Penny**
This pic is 100% Murph.
5y Like Reply 4 👍

 **John Farley**
Nice tie/sock combo.
5y Like Reply 2 👍

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 **The University of Tulsa Oxley**
College of Health & Natural
Sciences





October 1, 2018 · 🌐

Inviting all TU undergrads to attend Health Professions Night on Oct. 22 at the Student Union for pizza and to learn about careers in health care. Pizza will be served at 6 p.m. in the Alcove Room of the TU Allen Chapman Student Union and the program begins at 6:30 p.m. in the Chouteau room. <http://bit.ly/2MYvqDt>


 Laura Ross and 4 others 1 📌

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    ➔




 **The University of Tulsa Oxley College of Health & Natural Sciences**
July 13, 2017 · 🌐

This fall, the TU Oxley College of Health Sciences is offering a course for TU grad students and upper level undergrads called "The Science of Health Care Delivery" in which students will learn how to leverage scientific principles to solve today's care delivery issues. For information and to enroll visit <http://buff.ly/2ueq6G9>

 You and 7 others  2

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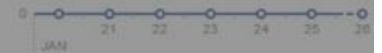
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Duo - Darin and Russell

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WWW.TULSASCHOOLS.ORG [Learn More](#)

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1

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Iba Awards

July 2, 2017 · 🌐

Thank you to all who attended the Iba Awards benefiting the [Rotary Club of Tulsa](#) Foundation. Do you wish you had a picture from the event? Visit our photographer Shane Bevel's website and order prints at <https://goo.gl/dbnSu2>.

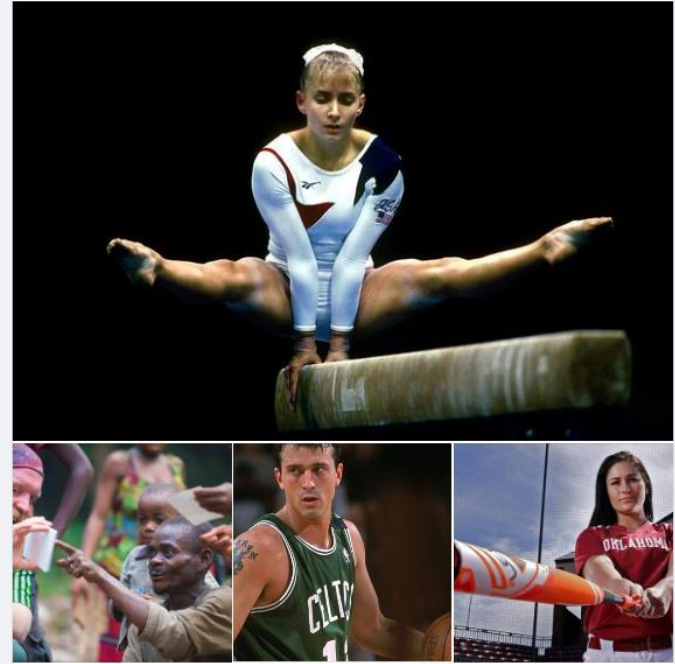
For a limited time, you may also download digital versions by entering "iba" in lowercase as the password. Downloads may be used for non-commercial purposes only and rights belong to the Rotary Club of Tulsa Foundation. Questions? Email Louann Buhlinger at lbuhlinger@outlook.com.



Iba Awards

June 20, 2017 · 🌐

[Rotary Club of Tulsa](#) members, make plans now to support the Rotary Club of Tulsa Foundation by purchasing tickets for the [Iba Awards](#) June 26. We'll hear from motivating and unique speakers including former gymnast and Olympic athlete [Shannon Miller](#), and former NBA player [Chris Herren](#). Honorees include USSSA Pride softball star [Lauren Chamberlain](#) and Bellator MMA fighter [Justin Wren](#).



Iba Awards
June 4, 2017 · 🌐

Help the Rotary Club of Tulsa Foundation raise money by purchasing an autographed set of books from our upcoming Iba Awards speakers including Shannon Miller, Chris Herren and Justin Wren. Contact Rotary Club of Tulsa at 918-584-7642 or email Iba@tulsarotary.com to reserve your copy or to purchase tickets for the Iba Awards. Proceeds benefit the foundation.



👍 You, Matthew Newman, Tiffany Kirkland Egdorf and 70 others

5 shares

Iba Awards
May 24, 2017 · 🌐

Learn more about 2017 Iba Awards male honoree Justin Wren, Bellator MMA fighter and his mission to help the Pygmies in the Congo. This ethnic group, indigenous to Africa, is preyed upon by armed rebels, being killed, raped and even eaten. Having fought for himself as an MMA fighter for his entire life, Justin fights for the Pygmies. To hear Justin talk, join us at the Iba Awards June 26. Tickets at IbaAwards.com.



YOUTUBE.COM

Fighting for Freedom | Justin Wren | TEDxWarwick

A champion Greco-Roman wrestler, Justin's life changed when he traveled to Congo to help th...

👍 You, Barbara A Brooks-Nall and John Rains

1 comment 3 shares

Design work (along with writing and posting).



CLI Workshop
Continuous Learning & Improvement

Thursday, February 22
9 a.m. - 12:30 p.m.; Virtual
Complimentary registration

REGISTER NOW >

ImpactTulsa

The graphic features a blue background with yellow and white geometric shapes. It includes two circular inset images: one showing a laptop with data charts and another showing a person at a computer with a video conference window.

PODCAST

"USING CLI"
with Lauren King

CONTINUOUS
LEARNING

Lauren King, Director of Learning & Activation

ImpactTulsa.