

One on One

Discipleship

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Getting started

WHAT IS A DISCIPLE?

“What does it mean to be a disciple of Jesus?”

‘It means first of all that we want to learn from Him—and we will, as we study God’s Word, the Bible, and listen to others teach from it. Make the Bible part of your life every day.

The Psalmist said, *“The unfolding of your words gives light; it gives understanding to the simple”* (Psalm 119:130).

But being a disciple also means we want to put God’s Word into action by seeking to live the way Christ wants us to live—with God’s help.

Thank God every day for His great love for you and ask Him to help you share His love with others.”¹

Billy Graham

You are about to begin the amazing journey of becoming a disciple of Jesus! A disciple is simply a *LIFELONG learner under discipline*. In other words, a constantly growing follower of Jesus Christ.

As we follow Jesus through the Bible, we will see how Jesus grew, handled the challenges of life, and how He interacted with all kinds of people.

This guide was designed to help you to become a disciple by growing spiritually. Spiritual growth is simply the process of becoming more and more like Jesus as you pursue an intimate personal relationship with Him, learning what He has done for you, and what He wants to do *in* you and through your life. Here are some of the ways Jesus is our role model for spiritual growth:

- ▶ A growing disciple obeys God’s will and says, “God, what do you want me to do?” (John 6:38).
- ▶ A growing disciple prays to God often and asks for His wisdom (Mark 1:35).
- ▶ A growing disciple knows the power of God’s Word and obeys it (Matthew 4:1-11).
- ▶ A growing disciple strives to please God (John 8:29).
- ▶ A growing disciple looks for ways to help others know Christ (Luke 19:10).
- ▶ A growing disciple focuses on serving God and other people (Matthew 28:18).

The content of each session will direct you to read sections of the Bible relating to that week’s topic, and prompt you to answer specific questions to help you put into practice what you are learning. You and your mentor will meet weekly to discuss each lesson, so you will need to study and complete the lessons prior to meeting. You can share your questions and comments at that time.

Our prayer is that as you become obedient and faithful to Jesus, you will become a servant to others, guiding them in their walk, motivated by His love.