

DISCIPLESHIP JOURNEY



GrowthTrack

WELCOME TO GROWTH TRACK!

Our culture is obsessed with growth. If you want proof, go and look at trending podcasts and books on the market. You will see an obsession with growth all over the place:

- Influencers want to grow their social media following with hacks
- Bodybuilders want to grow their muscles with workout routines
- Business bros want to grow their wealth with investments
- Musicians want to grow their audiences

This is good news! Growth is a good thing. Growth means development. While we understand the significance of growth in every visible facet of our lives, growth is also pivotal for our spiritual lives as well. Authentic growth means God is working within your heart. That is why we created Growth Track for you. We want to ensure you know how to grow closer to God. These sessions will help you do that by encouraging you to connect with God, people, and your purpose.

The Growth Track concludes with an interactive workbook that helps you examine your life up to this point and then create a purpose statement for your life. This is the calling you were created to carry out.





YOUR GROWTH TRACK JOURNEY

Over the next ten weeks, we will explore the following topics:

SECTION ONE: Your Path

- 01: The Gospel
- 02: The Bible
- 03: Community
- 04: Prayer
- 05: Serving

SECTION TWO: Your Purpose

- 06: What Brought You Here?
- 07: Why Do You Make Decisions?
- 08: What Did God Design You to Do?
- 09: What Is Your Purpose?
- 10: Growth Track Graduation and Celebration

Whether you are brand new to faith, just getting baptized, or have been a Christian for a long time, Growth Track is made for you. Why? Because every step closer to Jesus is the best next step for your life. Let's walk this journey together—one step at a time.



INTRODUCTION TO GROWTH TRACK

As we kick off our collective experience called Growth Track, every session is designed to help you grow into the person God has created you to be. Every session is specifically created to give you the tools to take your spiritual growth seriously. Because, at the end of the day, your growth is your job. Let's get to work.

First, let's talk about a new phenomenon that has taken over houses all over the planet. It's not fancy technology like robot vacuums or smart refrigerators, either. It's house plants. In recent years, international sales of potted ferns, succulents, and bonsai trees have increased insanely. The National Gardening Association (yes, that's a real thing) estimated that Americans spent more than \$2 billion on indoor plants and accessories in 2021, which is almost double the value two years prior. As you can see, people love bringing the great outdoors, well, indoors.

If you have ever adopted a house plant, you have learned just how difficult it can be to keep these things alive. They require the right temperature, quality sunlight, plenty of water, and key nutrients to flourish in the strange ecosystem of your living room. If you're like me and don't have a green thumb, you have inevitably had to throw a vegetal victim of your incompetence into the trash a time or two.

Ironically, plants do just fine in the wild. They flourish with zero oversight from "plant parents," but it's completely different when you take them out of their natural habitat and into a climate-controlled apartment. Why do plants struggle indoors? This is not the best environment for their growth. They need the right environment to grow, and your house is not that. That's where the work comes in. You have to ensure your plant gets appropriate sunshine, water, and nourishment because nature isn't going to send rain, sunrises, and pollinators. Their growth is your job.

From the time all humans are born, they want to grow. We want to grow from crawling to walking. We want to grow taller. We want to grow a circle of friends. The same is true for you. Your growth is your job. It requires intentional effort and work because it will not just happen naturally. Your spiritual growth requires intentionality. Are you ready to grow?