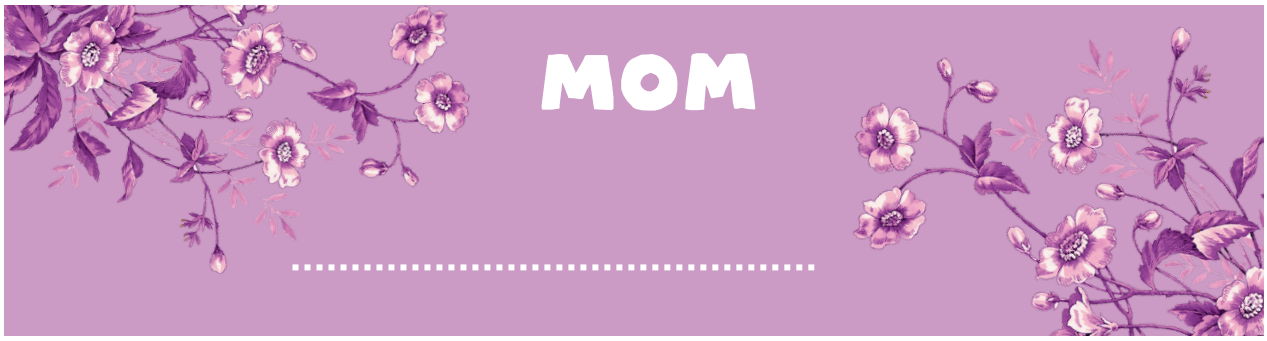
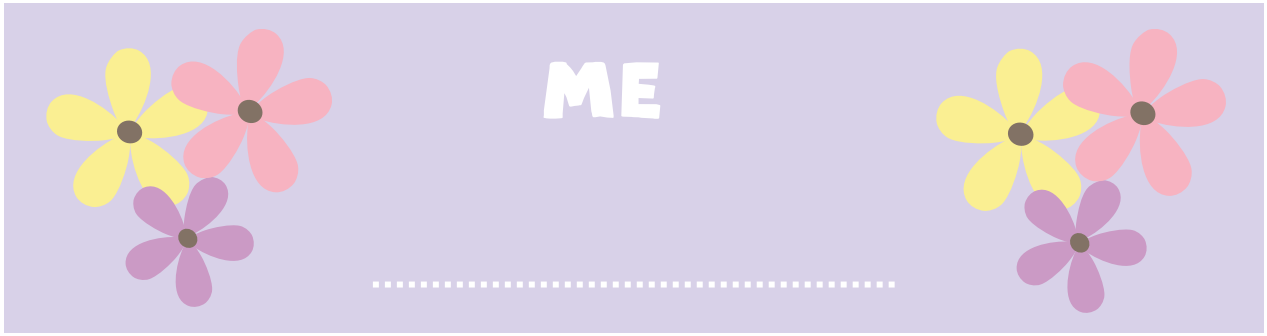
MY MOM & ME
Our first mother-daughter journal
An activity book to share our memories together
BONUS!

Just choose your favorite style of bookmarks, print it on a thick paper, and write your names!


MOM


ME

WOW

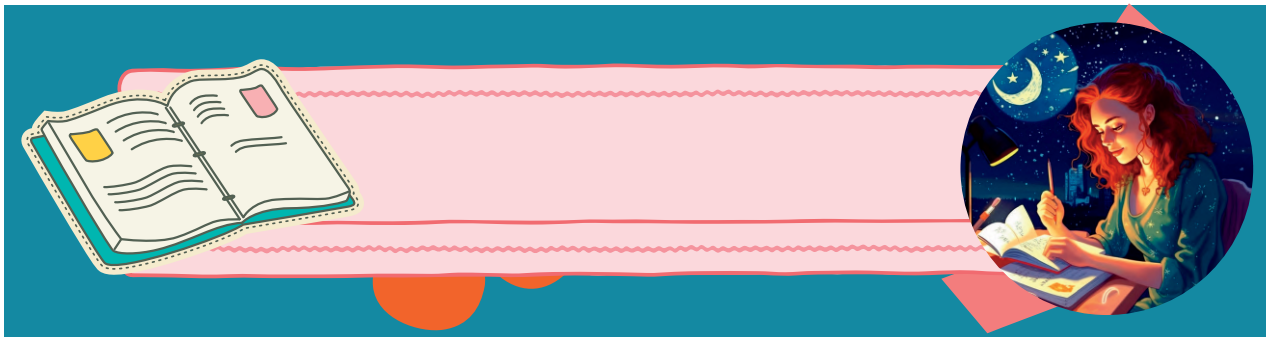
ME

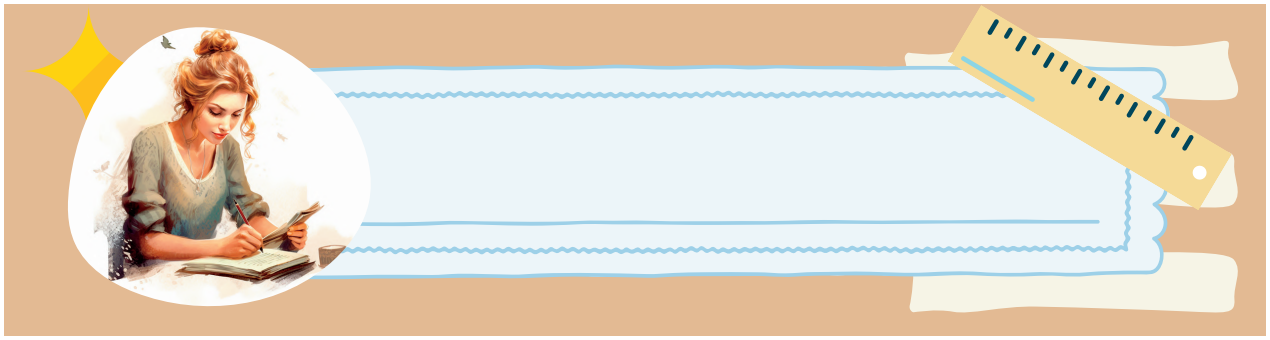
Mom:

Me:

Mom:

Me:





NAME:

NAME:

NAME:

NAME:

Now is the time to color and practice some positive affirmations! Enjoy the following pages relaxing while you are coloring

I am loved

I am unique

I love my hair

My friends
support me

I dream big

I love myself

I always do my best

I accept and
embrace my
emotions

I like being me

I love reading

I am loving and kind

I love my mom

We hope you liked this BONUS! We would appreciate it if you could give us your feedback on Amazon! We'd love to read your thoughts on our mother-daughter journal.
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