

ALATEEN MEETING

Sunday

Juno Beach
6:30 PM
WONDEROUS WAVES
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #202

AL-ANON MEETINGS

Beg. - Beginner's Mtg
Reg. - Regular Mtg
ACF - Adult Child Focus
Alateen - Also Meets
** Handicap Access

NS - Non Smoking
D - Discussion Group
S - Step Meeting
AA - Also Meets
C - Closed Meeting

Sunday

Juno Beach
6:30 pm Reg.
SUNDAY NIGHT SURRENDER
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #202

Palm Beach Gardens
6:00 pm Beg.
SUNDAY NITE OASIS
Beginner's Meeting
Oasis Club
10859 Prosperity Farms Rd.

Monday

Palm Beach Gardens
11:00 am Reg.
NS/D/ACF/**
THE CHILD WITHIN
Tropical Sands Christian Church
2726 Burns Rd - **Log Cabin**

Jupiter
6:30 pm Beg.
7:00 pm Reg.
NS/**
MONDAY NIGHT
JUPITER TEQUESTA AFG
Jupiter First Church
1475 Indian Creek Pkwy
Building C
Enter from Maplewood Dr -
second building on right

Tuesday

Juno Beach
10:30 am Reg.
NS/S/**
STEPPING AHEAD
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #207
Focus: Blueprint for Progress

7:00 pm Reg.
NS
FUN & FREE AFG
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #202

Palm Beach Gardens
12:00 pm Reg.
NS/S/**
LISTEN, LEARN, STEP & STUDY
Tropical Sands Christian Church
2726 Burns Rd - **Log Cabin**

Wednesday

Jupiter
7:00 pm Reg.
NS
PATHWAYS TO SERENITY
The Sanctuary
401 Maplewood Dr.
Suite 14

Palm Beach Gardens
12:00 pm Reg.
NS/D/**
WOMEN ON WEDNESDAYS
Tropical Sands Christian Church
2726 Burns Rd - **Log Cabin**

7:00 pm Reg.
NS/D/**
JUST FOR TODAY
Tropical Sands Christian Church
2726 Burns Rd - **Log Cabin**

Tequesta
10:30 am Beg.
10:30 am Reg.
FREEDOM TO GROW
The Episcopal Church of
the Good Shepherd
400 Seabrook Rd.
Speaker 5th meeting of month

Thursday

Jupiter
6:15 pm Beg.
7:00 pm Reg.
CHANGING ATTITUDES
Jupiter Farms Park Pavillion
16655 Jupiter Farms Rd
*Air conditioned room

Palm Beach Gardens
7:00 pm Reg.
NS/ACF/**
7:00 pm Reg.
NS/D/AA
HOPE FOR TODAY
Church in the Gardens
10049 Dasheen Avenue
THURSDAY NITE SPIRITUAL
Christ Fellowship Church
5312 Northlake Blvd
South Campus (Upstairs)

Friday

Juno Beach
12:00 pm Reg.
BACK TO BASICS
Literature Study Group
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #202

North Palm Beach
10:00 am Reg.
NS/**
PEACE & JOY
1st Presbyterian Church
717 Prosperity Farms Rd
Meets in the Chapel

Saturday

Juno Beach
9:00 am Reg.
AFG ON THE BEACH
South side of Juno Beach pier
on A1A across from Juno Beach
Park. Bring own chair.
Rain meet under pier.

9:00 am Reg.
NS/**
SERENITY ON SATURDAYS
Holy Spirit Lutheran Church
13301 Ellison Wilson Rd.
Room #202

Palm Beach Gardens
10:30am Reg.
NS/D/**
HOW AL-ANON WORKS
Tropical Sands Christian Church
2726 Burns Road - Main bldg

Twelve Steps

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

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Al-Anon & Alateen Where & When Updated 6/26/2025

DISTRICT 160

Palm Beach/Martin County Line/South
To North side of 45th Street, WPB
Phone: 561-888-9732

DISTRICT MEETINGS

District 160 & Palm Beach AFG Information

Service meets at 7:00 p.m. on the 3rd
Wednesday of each month Tropical Sands
Christian Church 2726 Burns Rd,
PB Gardens,
email: district160dr@gmail.com

AL-ANON WEB SITES:

Al-Anon in North PB County:

www.palmbeachafg.org

Al-Anon in Cent PB County:

centralpalmbeachafg.org

Al-Anon in South Florida:

southfloridaal-anon.org

Worldwide: www.al-anon.org

WORLDWIDE MEETINGS

Phone: 1-800-344-2666

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