

## 1. Deuteronomy 31:8 (NIV)

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

## 2. Joshua 1:9 (NIV)

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

## 3. Psalm 4:8 (NLT)

In peace I will lie down and sleep,  
for you alone, O Lord, will keep me safe.

## 4. Psalm 31:21-22 (NLT)

Praise the Lord,  
for he has shown me the wonders of his unfailing love.  
He kept me safe when my city was under attack.  
In panic I cried out,  
“I am cut off from the Lord!”  
But you heard my cry for mercy  
and answered my call for help.

## 5. Psalm 46 (NIV)

God is our refuge and strength,  
always ready to help in times of trouble.  
So we will not fear when earthquakes come  
and the mountains crumble into the sea.  
Let the oceans roar and foam.  
Let the mountains tremble as the waters surge! Interlude

A river brings joy to the city of our God,  
the sacred home of the Most High.  
God dwells in that city; it cannot be destroyed.  
From the very break of day, God will protect it.  
The nations are in chaos,  
and their kingdoms crumble!  
God's voice thunders,  
and the earth melts!  
The Lord of Heaven's Armies is here among us;  
the God of Israel is our fortress. Interlude

Come, see the glorious works of the Lord:  
See how he brings destruction upon the world.  
He causes wars to end throughout the earth.  
He breaks the bow and snaps the spear;  
he burns the shields with fire.

“Be still, and know that I am God!  
I will be honored by every nation.  
I will be honored throughout the world.”

The Lord of Heaven's Armies is here among us;  
the God of Israel is our fortress.

## 6. Psalm 56:3 (NLT)

But when I am afraid,  
I will put my trust in you.

## 7. Psalm 73:28 (NIV)

But as for me, it is good to be near God.  
I have made the Sovereign Lord my refuge;  
I will tell of all your deeds.

## 8. Psalm 91 (NIV)

Whoever dwells in the shelter of the Most High  
will rest in the shadow of the Almighty.  
I will say of the Lord, “He is my refuge and my fortress,  
my God, in whom I trust.”

Surely he will save you  
from the fowler’s snare  
and from the deadly pestilence.  
He will cover you with his feathers,  
and under his wings you will find refuge;  
his faithfulness will be your shield and rampart.  
You will not fear the terror of night,  
nor the arrow that flies by day,  
nor the pestilence that stalks in the darkness,  
nor the plague that destroys at midday.  
A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.  
You will only observe with your eyes  
and see the punishment of the wicked.

If you say, “The Lord is my refuge,”  
and you make the Most High your dwelling,  
no harm will overtake you,  
no disaster will come near your tent.  
For he will command his angels concerning you  
to guard you in all your ways;

they will lift you up in their hands,  
so that you will not strike your foot against a stone.  
You will tread on the lion and the cobra;  
you will trample the great lion and the serpent.

“Because he loves me,” says the Lord, “I will rescue him;  
I will protect him, for he acknowledges my name.  
He will call on me, and I will answer him;  
I will be with him in trouble,  
I will deliver him and honor him.  
With long life I will satisfy him  
and show him my salvation.”

## 9. Psalm 121:7-8 (NIV)

The Lord will keep you from all harm -  
he will watch over your life;  
the Lord will watch over your coming and going  
both now and forevermore.

## 10. Proverbs 12:25 (NIV)

Anxiety weighs down the heart,  
but a kind word cheers it up.

## 11. Isaiah 26:3 (NIV)

You will keep in perfect peace  
those whose minds are steadfast,  
because they trust in you.

## 12. Isaiah 41:10 (NLT)

Don't be afraid, for I am with you.

Don't be discouraged, for I am your God.

I will strengthen you and help you.

I will hold you up with my victorious right hand.

## 13. Jeremiah 17:14 (ESV)

Heal me, O Lord, and I shall be healed;

save me, and I shall be saved,

for you are my praise.

## 14. Jeremiah 29:11-13 (NLT)

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen. If you look for me wholeheartedly, you will find me."

## 15. Matthew 11:28 (NLT)

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."

## 16. Mark 4:38-40 (NLT)

Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, “Teacher, don’t you care that we’re going to drown?”

When Jesus woke up, he rebuked the wind and said to the waves, “Silence! Be still!” Suddenly the wind stopped, and there was a great calm. Then he asked them, “Why are you afraid? Do you still have no faith?”

### 17. John 14:1 (NLT)

"Don't let your hearts be troubled. Trust in God, and trust also in me."

### 18. John 14:27 (NLT)

"I am leaving you with a gift - peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."

### 19. John 16:33 (NIV)

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

### 20. Romans 8:38-39 (NIV)

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

### 21. 1 Corinthians 15:50-58 (NLT)

What I am saying, dear brothers and sisters, is that our physical bodies cannot inherit the Kingdom of God. These dying bodies cannot inherit what will last forever.

But let me reveal to you a wonderful secret. We will not all die, but we will all be transformed! It will happen in a moment, in the blink of an eye, when the last trumpet is blown. For when the trumpet sounds, those who have died will be raised to live forever. And we who are living will also be transformed. For our dying bodies must be transformed into bodies that will never die; our mortal bodies must be transformed into immortal bodies.

Then, when our dying bodies have been transformed into bodies that will never die, this Scripture will be fulfilled:

“Death is swallowed up in victory.

O death, where is your victory?

O death, where is your sting?”

For sin is the sting that results in death, and the law gives sin its power. But thank God! He gives us victory over sin and death through our Lord Jesus Christ.

So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.

## 22. 1 Corinthians 16:13-14 (NIV)



Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love.

## 23. 2 Corinthians 1:10 (NLT)

And he did rescue us from mortal danger, and he will rescue us again. We have placed our confidence in him, and he will continue to rescue us.

## 24. Ephesians 6:12 (NIV)

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

## 25. Philippians 4:6-7 (NIV)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

## 26. 2 Timothy 1:7 (NIV)

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

## 27. Hebrews 4:16 (NIV)

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

## 28. James 4:8 (NLT)

Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world.

## 29. 1 Peter 5:7 (NLT)

Give all your worries and cares to God, for he cares about you.

## 30. 1 John 5:14 (NIV)

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.