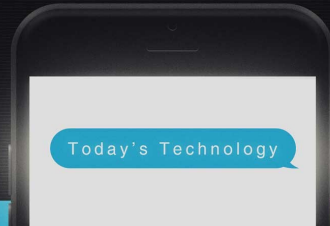


DANGER ZONE

Parenting In The Digital Age



MOST POPULAR APPS AMONG TEENS

A LIST OF MAJOR MOBILE APPS
POPULAR AMONG TEENS IN 2024,
ALONG WITH DESCRIPTIONS OF
THEIR PRIMARY FEATURES AND
APPEAL.

JONATHAN BURNS

SOCIAL MEDIA & COMMUNICATION

Instagram

- Risks: Exposure to inappropriate content, cyberbullying, unrealistic beauty standards.
- Safety Tips: Set accounts to private so only approved followers can view posts. Use tools to filter out offensive comments and restrict users who may be harmful. Discuss with teens the curated nature of social media and encourage breaks to avoid overuse.

Snapchat

- Risks: Disappearing messages can encourage risky behavior; location sharing (Snap Map) can be dangerous.
- Safety Tips: Turn off Snap Map or set it to "Ghost Mode." Remind teens that screenshots and third-party apps can save snaps, even if they appear temporary. Regularly review who is on their friend list.

TikTok

- Risks: Inappropriate content, harmful trends, and predators.
- Safety Tips: Use the "Family Pairing" feature to link a parent's account to their teen's for content filtering and screen time limits. Encourage reporting inappropriate videos or comments. Keep profiles private to control who interacts with posts.

Discord

- Risks: Exposure to explicit content in unmoderated servers; cyberbullying.
- Safety Tips: Join servers appropriate for the teen's age group. Disable direct messaging from strangers in privacy settings. Discuss proper online behavior and encourage reporting of harmful interactions.

Kik

- Risks: Anonymity makes it easy for predators to contact teens.
- Safety Tips: Monitor account creation and usage. Encourage teens to communicate only with people they know in real life. Avoid apps with poor moderation, such as Kik, for younger users.

VIDEO & ENTERTAINMENT

YouTube

- Risks: Exposure to age-inappropriate or harmful content.
- Safety Tips: Use "Restricted Mode" to filter out explicit videos. Discuss why some videos might not be truthful or safe to emulate. Monitor what channels they subscribe to.

Spotify

- Risks: Some music or podcasts may have explicit language or themes.
- Safety Tips: Enable "Explicit Content Filter" in settings. Encourage teens to share playlists to monitor what they're listening to.

Netflix

- Risks: Easy access to mature content.
- Safety Tips: Use parental controls to restrict access to specific shows or movies. Set up profiles based on age and maturity level.

GAMING

Roblox

- Risks: In-app purchases, unmoderated chat, and inappropriate user-created games.
- Safety Tips: Turn off chat features or restrict who can communicate with your teen. Use parental controls to block inappropriate games and limit purchases. Monitor gameplay for any red flags.

Fortnite

- Risks: In-app purchases and exposure to strangers through voice chat.
- Safety Tips: Disable voice chat or limit it to friends. Discuss limits on spending for in-game items.

Minecraft

- Risks: Online multiplayer exposes teens to strangers.
- Safety Tips: Use private servers or realms to limit exposure to unknown players. Monitor the chat and multiplayer interactions.

CREATIVE APPS

VSCO

- Risks: Minimal privacy controls can expose users to predators.
- Safety Tips: Keep accounts private. Avoid sharing personal information or geotags in photos.

Pinterest

- Risks: Some content, while inspirational, may be triggering or mature.
- Safety Tips: Monitor pins for any harmful content or trends. Discuss the difference between inspiration and unrealistic expectations.

EDUCATION & PRODUCTIVITY APPS

Khan Academy

- Risks: No direct risks but ensure balanced screen time.
- Safety Tips: Integrate app use into homework schedules. Encourage discussions about what they learn.

Evernote

- Risks: Minimal, but it can expose sensitive data if not used carefully.
- Safety Tips: Discuss the importance of password-protecting sensitive notes.



Jonathan has been preaching in various roles since 2006. He is a graduate from Tennessee Technological University (2011) and the Memphis School of Preaching (2013).

Jonathan is married to Kelley, and they have two sons, Charlie and Colson. He has served congregations in Tennessee and Mississippi.

He is on the Executive Board of the Short Mountain Bible Camp and is the minister at the Findlay church of Christ. Jonathan actively participates in Gospel Meetings and Lectureships, and mission trips in various parts of the United States, Singapore, Philippines, and Malaysia.

The Burns Family



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