

DANGER ZONE

Parenting In The Digital Age



TECHNOLOGY AND TODAY

BIBLE BASICS
CHANGING CULTURE
CULTIVATING CREATIVITY
CHALLENGES CREATED
CAPABLE CONCEPTS

DANGER ZONE: Parenting In The Digital Age

Today's Technology

BIBLE BASICS

PARENTING PRINCIPLES

LOVE – 1 JOHN 4:10: “In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins.”

BIBLE BASICS

PARENTING PRINCIPLES

HUMILITY – 1 PETER 5:5: “Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for GOD RESISTS THE PROUD, BUT GIVES GRACE TO THE HUMBLE.”

BIBLE BASICS

PARENTING PRINCIPLES

PURPOSE – COLOSSIANS 3:10: “And have put on the new man who is renewed in knowledge according to the image of Him who created him.”

BIBLE BASICS

PARENTING PRINCIPLES

FORGIVENESS – MATTHEW 6:14-15: “For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.”

BIBLE BASICS

PARENTING PITFALLS

MATERIALISM OF LOT – GENESIS 13:10-11

PARTIALITY OF JACOB – GENESIS 37:3

TOLERANCE OF SAMUEL – 1 SAMUEL 8:3-5

BIBLE BASICS

PARENTING POWER

“So, then faith comes by hearing,
and hearing by the word of God”
(Romans 10:17).

BIBLE BASICS

POWERFUL PARENTING

Colossians 3:21, Ephesians 6:4, Hebrews 12:11, Proverbs 13:24, Proverbs 22:16, Matthew 6:33-34, Philippians 4:6-7, 1 Peter 5:2-3, 2 Timothy 3:14-16, Deuteronomy 6:6-9, Joshua 4:20-24, & Titus 2:2-8

TEACH LIFE - COLOSSIANS 3:21

DISCIPLINE REGULARLY – HEBREWS 12:11

LIFE DAILY – DEUTERONOMY 6:6-9

BIBLE BASICS

POWERFUL PARENTING

“And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates”
(Deuteronomy 6:6-9 NKJV).

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CHANGING CULTURE

DO YOU REMEMBER
THIS NOISE?

CHANGING CULTURE



JUST GIVE IT A LISTEN

CHANGING CULTURE

Smartphone ownership has expanded dramatically among teens over the past six years. Less than half of teens (41 percent) had phones in 2012. Today, 89 percent of teens do.

CHANGING CULTURE

Compared to teens who only spend an hour on electronic devices daily, teens who spend five or more hours a day on electronic devices are 71% more likely to exhibit suicide risk factors.

CHANGING CULTURE

47% of parents surveyed believe their child has a smartphone addiction.

CHANGING CULTURE

41% of teenagers feel overwhelmed by the quantity of notifications they receive on a daily basis.

CHANGING CULTURE

At least 1 in 4 teens are receiving sexually explicit texts.

At least 1 in 7 are sending sexts.

More than 1 in 10 teens are forwarding w/o consent.

About 1 in 12 teens have had sexts they've sent forwarded without their consent.

CHANGING CULTURE

Teenage girls have a few reasons for why they participate in sexting: 40 percent do it as a joke, 34 percent do it to feel sexy, and 12 percent feel pressured to do it.

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CULTIVATING CREATIVITY

CC#1-The Lancet Child & Adolescent Health:

Mental health harms related to very frequent social media use in girls might be due to a combination of exposure to cyberbullying or displacement of sleep or physical activity, whereas other mechanisms appear to be operative in boys.

CULTIVATING CREATIVITY

CC#2-JAMA Network:

Adolescents who spend more than 3 hours per day using social media may be at heightened risk for mental health problems, particularly internalizing problems.

CULTIVATING CREATIVITY

CC#3-American Academy of Pediatrics:

A variety of surveys dating back as far as the 1930's have shown that a substantial proportion of children experience acute fearful reactions to various aspects of the content of media, especially movies, television dramas, and the news.

CULTIVATING CREATIVITY

CC#4-Open Access:

Rather than enhancing well-being, as frequent interactions with supportive “offline” social networks powerfully do, the current findings demonstrate that interacting with Facebook may predict the opposite result for young adults—it may undermine it.

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CHALLENGES CREATED

Explicit Content:

Nearly half of parents of teens (46%) say they are extremely or very worried that their teen's use of social media could lead to them being exposed to explicit content.

Parents more likely to be concerned about their teen seeing explicit content on social media than these sites leading to anxiety, depression or lower self-esteem

% of U.S. parents of teens ages 13 to 17 who say they are ___ worried that their teen's use of social media could lead to their teen ...

	Extremely/very	Somewhat	A little/not at all
Being exposed to explicit content	46	25	28
Wasting too much time on these sites	42	28	30
Being distracted from completing homework	38	23	38
Sharing too much about their personal life	34	26	40
Feeling pressured to act a certain way	32	27	40
Being harassed or bullied by others	29	25	45
Experiencing problems with anxiety or depression	28	25	47
Experiencing lower self-esteem	27	27	46

Note: Those who did not give an answer are not shown.

Source: Survey conducted April 14-May 4, 2022.

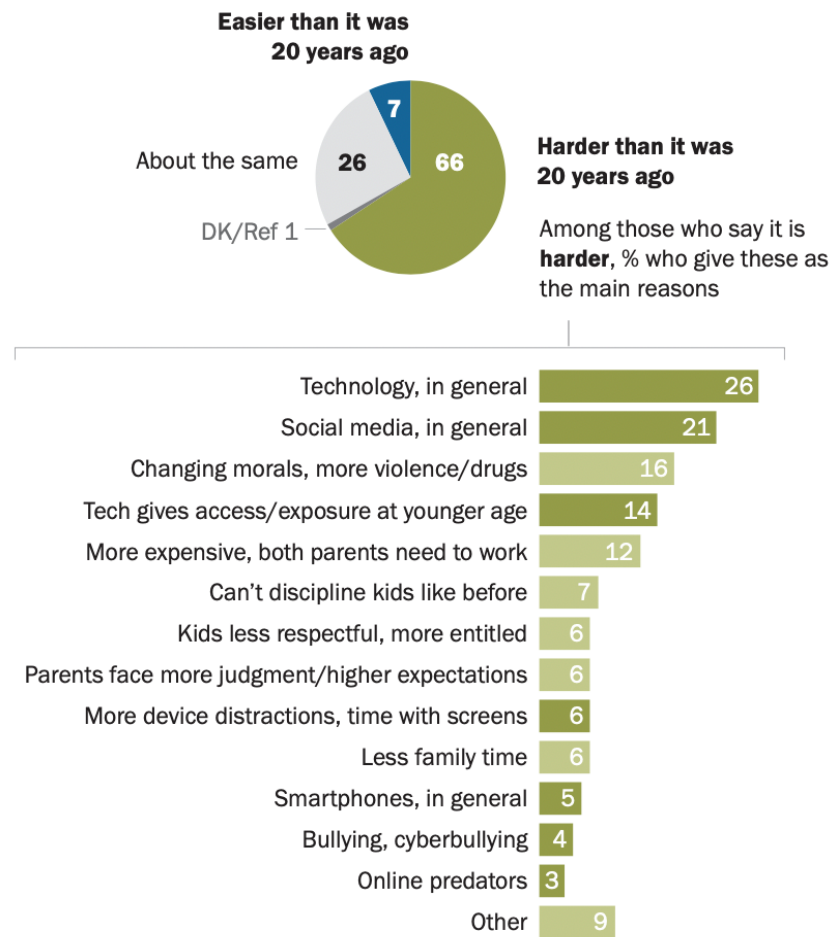
CHALLENGES CREATED

Parenting Is Harder:

Two-thirds of parents say parenting is harder today than 20 years ago, with technologies like social media and smart phones being cited as a reason.

A majority of parents today say parenting is harder today than two decades ago, with many citing technology as a reason why

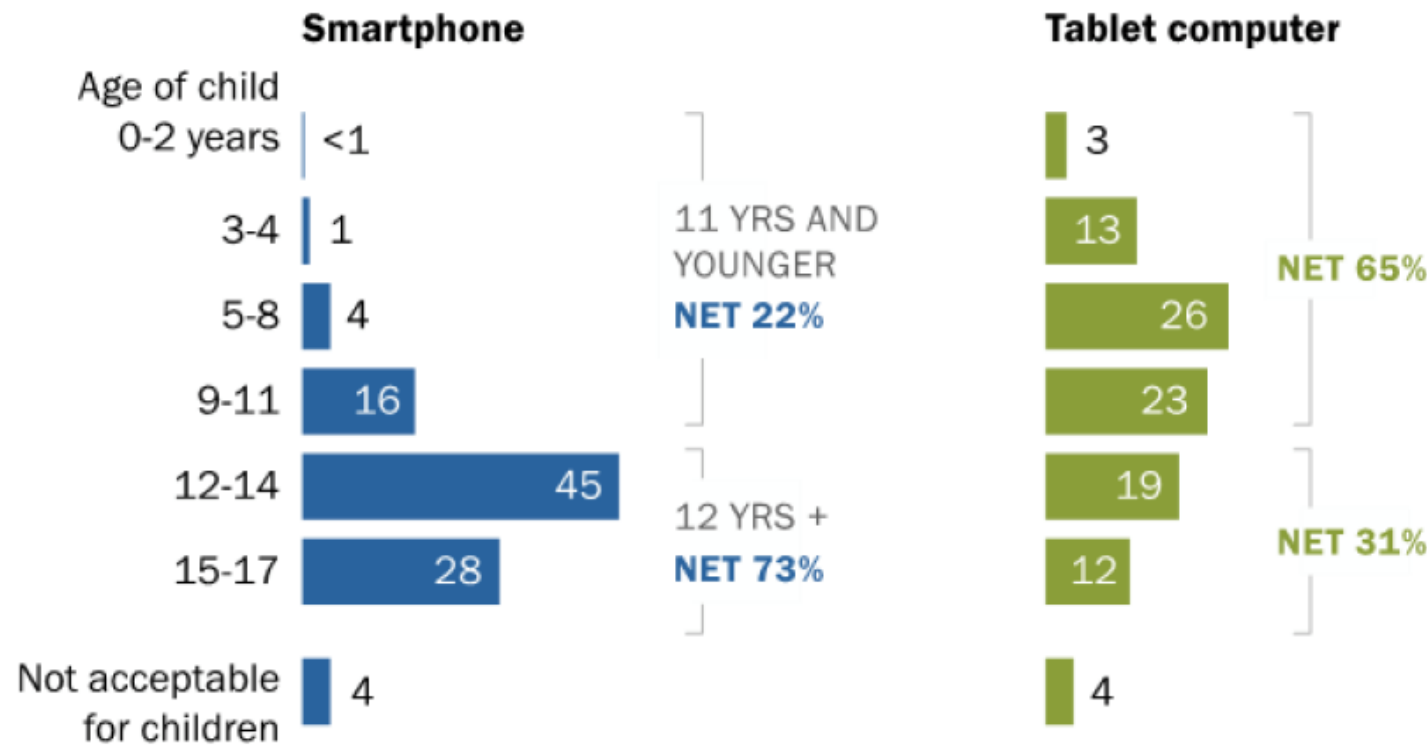
% of U.S. parents who say that for most parents, parenting is ...



Note: Based on parents who have at least one child under the age of 18 but may also have an adult child or children. Those who did not give an answer are not shown. Verbatim responses have been coded into categories and figures may add up to more than 100% because multiple responses were allowed.
Source: Survey of U.S. adults conducted March 2-15, 2020.
“Parenting Children in the Age of Screens”

Most parents don't think it's acceptable for a child under the age of 12 to have their own smartphone

% of U.S. parents who say, in general, it is acceptable for children to have *their own* ___ at age ...



Note: Based on parents who have at least one child under the age of 18 but may also have an adult child or children. Those who did not give an answer are not shown.

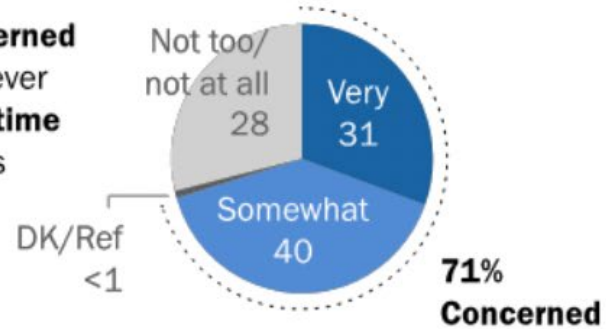
Source: Survey of U.S. adults conducted March 2-15, 2020.

“Parenting Children in the Age of Screens”

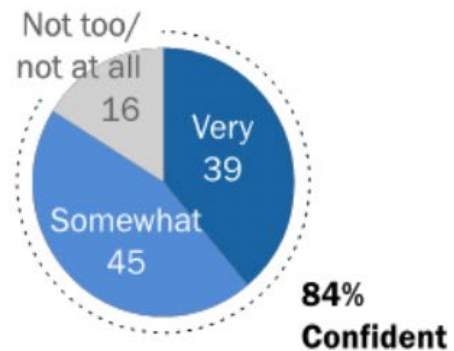
A majority of parents are concerned that their child might ever spend too much time on screens and have reached out to doctors for advice about this

% of U.S. parents of a child age 11 or younger who say ...

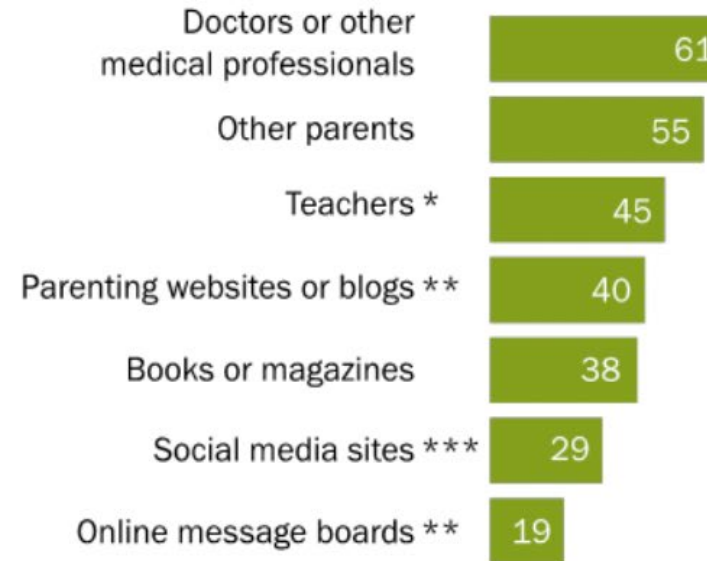
They are __ **concerned**
their child might ever
spend too much time
in front of screens



They are __ **confident**
in their ability to **know**
how much screen
time is appropriate
for their child



They ever get **parenting advice or information** about
screen time from ...



*Based on parents of a child age 5 to 11.

**Based on internet users.

***Based on social media users.

Note: If parent has multiple children, they were asked to focus on one child when answering this question. Those who did not give an answer are not shown.

Source: Survey of U.S. adults conducted March 2-15, 2020.

"Parenting Children in the Age of Screens"

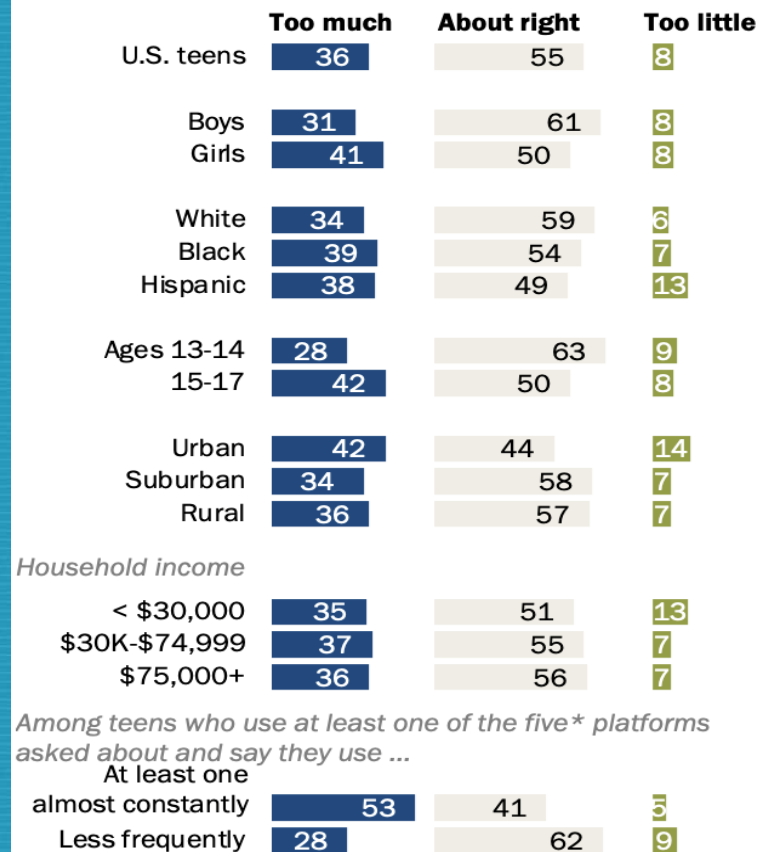
CHALLENGES CREATED

Teens Speak:

Roughly half (54%) believe they spend too much time on their cellphone, while 41% say they spend too much time on social media. By contrast, only around one-quarter (26%) believe they spend too much time playing video games – comparable to the share (22%) who say they spend too little time gaming.

36% of teens say they spend too much time on social media; teen girls are more likely than boys to say this

% of U.S. teens who say the amount of time they spend on social media is ...



*The survey only asked about time on about Facebook, Snapchat, Instagram, YouTube and TikTok among users of these platforms.
 Note: Teens refer to those ages 13 to 17. White and Black teens include those who report being only one race and are not Hispanic. Hispanic teens are of any race. Those who did not give an answer are not shown.

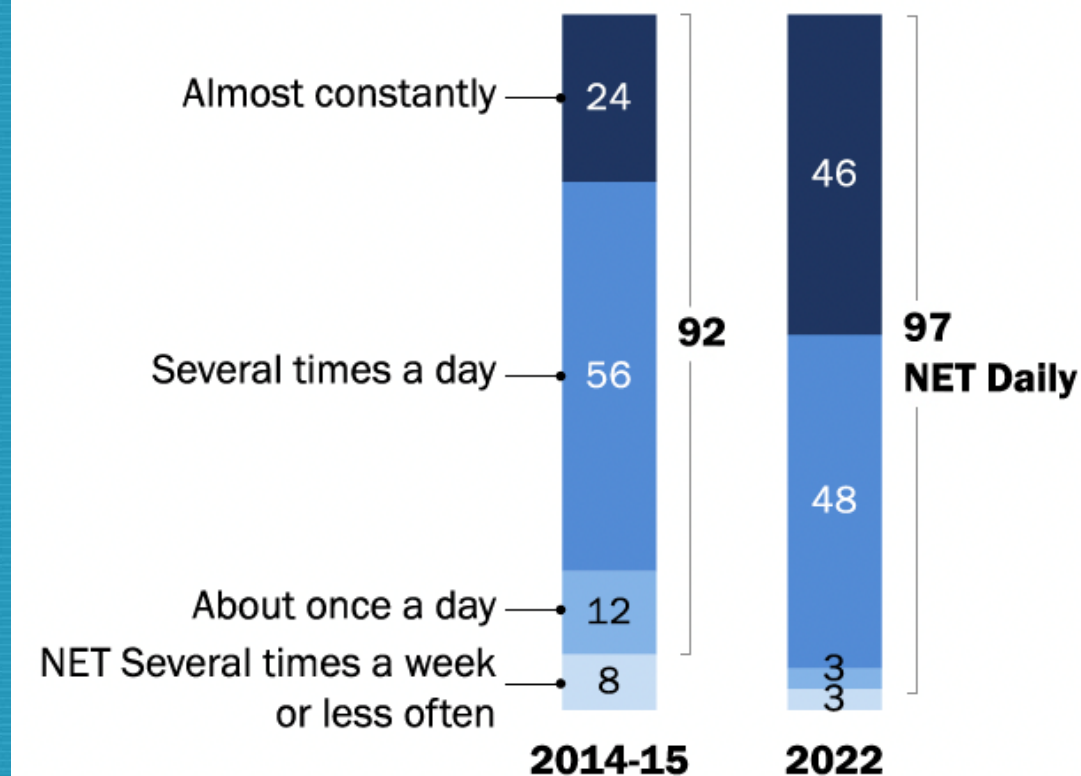
Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

Nearly half of teens now say they use the internet 'almost constantly'

% of U.S. teens who say they use the internet ...



Note: Teens refer to those ages 13 to 17. Figures may not add up to the NET values due to rounding. Those who did not give an answer are not shown.

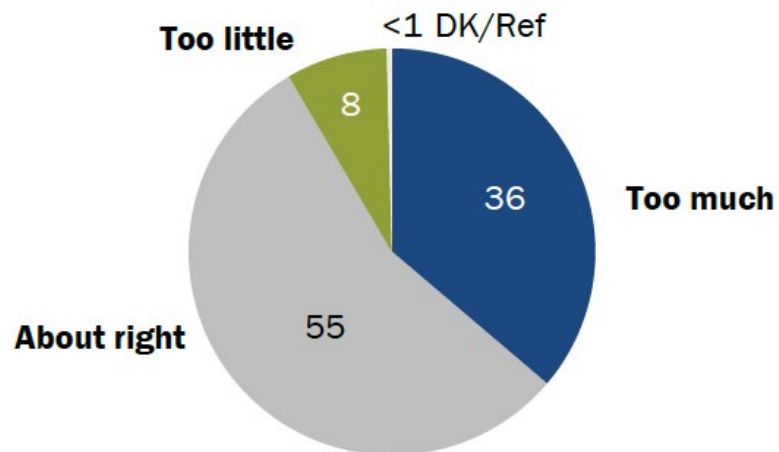
Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

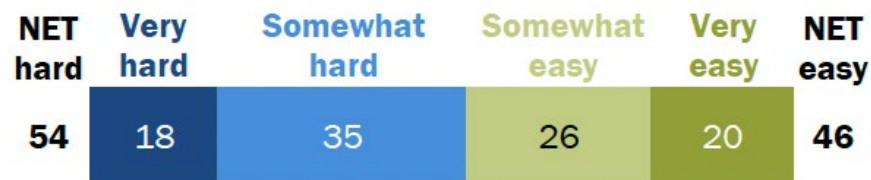
PEW RESEARCH CENTER

54% of teens say it would be hard to give up social media

% of U.S. teens who say that overall, the amount of time they spend on social media is ...



% of U.S. teens who say it would be ___ for them to give up social media



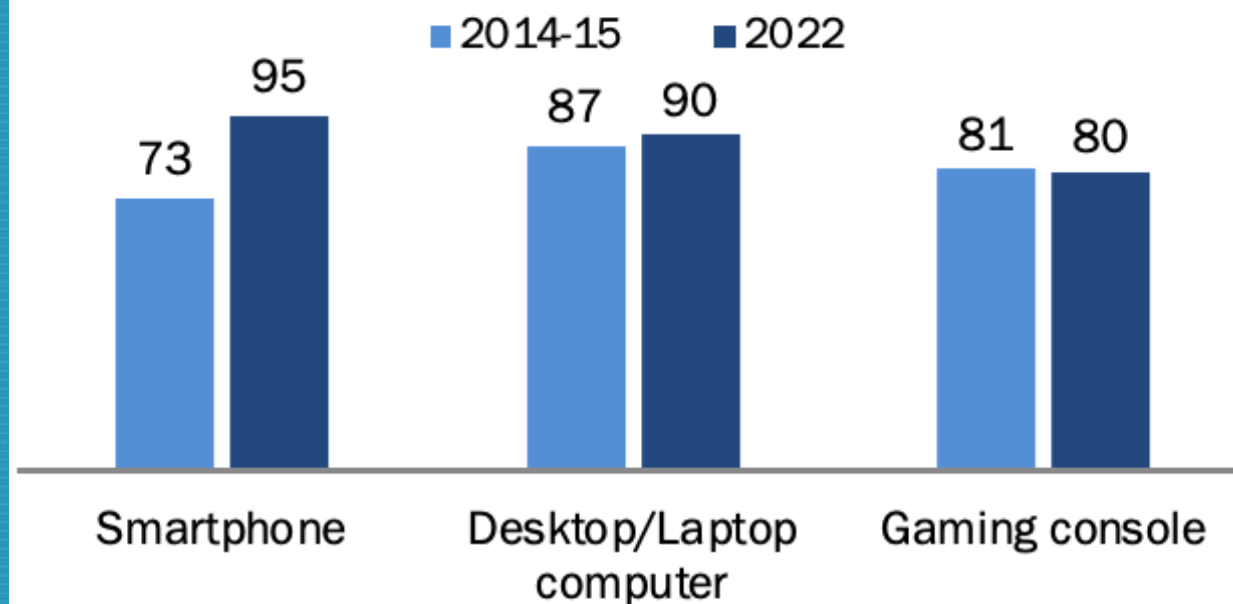
Note: Teens refer to those ages 13 to 17. Figures may not add up to the NET values due to rounding. Those who did not give an answer are not shown.

Source: Survey conducted April 14-May 4, 2022.
"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

Nearly all teens in 2022 have access to a smartphone, up from 73% in 2014-15

% of U.S. teens who say they have access to the following devices



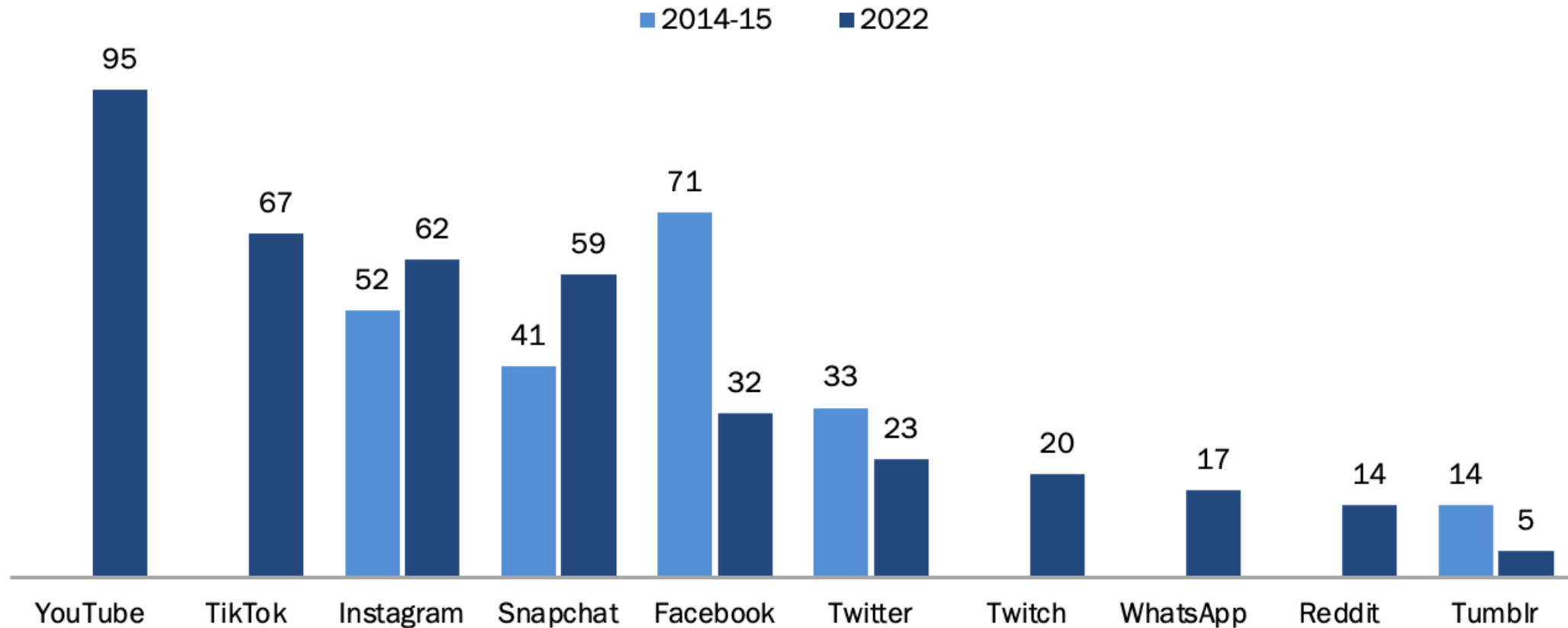
Note: Teens refer to those ages 13 to 17. Those who did not give an answer are not shown. The 2022 question wording further clarified access at home.

Source: Survey conducted April 14-May 4, 2022.
"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

Majority of teens use YouTube, TikTok, Instagram, Snapchat; share of teens who use Facebook dropped sharply from 2014-15 to now

% of U.S. teens who say they ever use each of the following apps or sites



Note: Teens refer to those ages 13 to 17. Those who did not give an answer or gave other responses are not shown. The 2014-15 survey did not ask about YouTube, WhatsApp, Twitch and Reddit. TikTok debuted globally in 2018.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

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CAPABLE CONCEPTS

DO NOT JUST MONITOR
BUT BE A PARENT!

CAPABLE CONCEPTS

YOU MUST LEARN HOW
TO USE YOUR PHONE.

CAPABLE CONCEPTS

YOU ARE RESPONSIBLE FOR WHAT
HAPPENS IN YOUR CHILD'S LIFE.

CAPABLE CONCEPTS

LISTEN TO YOUR CHILDREN'S
INPUT ABOUT TECHNOLOGY.

CAPABLE CONCEPTS

MAKE SURE EVERYONE IS AWARE OF
THE GUIDELINES IN PLACE.

CAPABLE CONCEPTS

WHAT HAPPENS WHEN IT
DOES NOT WORK?

CAPABLE CONCEPTS

QUESTION: HAS THIS BROUGHT
OUR FAMILY TOGETHER?

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