

The Divine SELF



## The Divine SELF

Only the Divine SELF IS!

All of Creation is always & only The SELF, there is nothing that is NOT the SELF.

AWARENESS is the Illuminant, The PRIMAL SOURCE, GOD, PARAMATMA or Abstract, Pure INTELLIGENCE, The SELF or the Eternal SAT!

Abstract Intelligence is a word illusion label simply used to signify that it is beyond the mind's capability; that it is nothing the mind can concretely think about, like all other name & form things in this Creation.

The Eternal SAT is the self-aware, self-luminous (or conscious), unchanging, self-sufficient Completeness or SINGULARITY, ONENESS or WHOLE, called The SELF!

Then suddenly (due to an inner impulse or desire within) The SELF appears as Cosmic Consciousness. We can call it SHAKTI or Cosmic Consciousness, or moving AWARENESS, the AUM SOUND or PARA BINDU, TRIPURA or DIVINE MOTHER or simply Divine Unconditional LOVE ENERGY, which is simply the inwardly imagined MOVEMENT of the SAT principle we call AWARENESS that is the primal SOURCE of EVERYTHING!

This imagined movement now appears to The SELF as new or as a separate reflection or projection within The SELF!

The Self might say something like this: "Ahha, this is also MYSELF!"  
This idea then becomes the first ILLUSION of DUALITY or MAYA!

Let us play with the mind a moment and maybe we could think of it like this:  
It might appear like a shining inner mirror or reflector within the SELF (just remember, it is always only the same pure illumination of intelligence) that now becomes visible as the eternal conscious ILLUMINATION principle or the natural COGNIZING ability of AWARENESS!

The instance that there is the slightest impulse or MOVEMENT (like a desire) within the SELF (or AWARENESS) it becomes the first reflection within the SELF of the SELF and it might appear to the SELF like a projected dream reflection of an endless elliptical Space of Consciousness wherein all the possible seeds of Imagination are present and instantly ready to emerge as name & form creations. Again, think of it like a mirror reflecting images (the mirror being Abstract Intelligence of SELF) and the reflections from within itself are the images seen in the mirror. Or maybe perceive it as the dark T.V. screen before you turn on the electricity (energy or the moving light of Love Consciousness) and then all the various pictures appear on it, but the screen or the mirror is never affected by whatever transpires on or in it.

It is therefore always and only this inwardly imagined MOVEMENT of the SAT principle we call AWARENESS that is everything in Creation!

Everything in Creation can only exist within AWARENESS or Consciousness!

Which is still only The ILLUMINATION PRINCIPLE!

NO THING / nothing can exist outside of AWARENESS or Consciousness!

Everything is NOW, will always BE and has ever BEEN only the imagined projection of SAT, The SELF or AWARENESS as Cosmic Consciousness.

That is why ALL IS ONE!

ONLY The SELF IS!!!

To experience our simple natural BEING state of pure Awareness, we just have to empty the mind of all thoughts, feelings, attachments, fears & desires. In other words just stop thinking whatever the thought is at this moment and just BE aware.

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The mind is nothing else but Pure Consciousness. The difference lies in the fact that the mind is always restless and reaching outward thru the five senses and the SELF, God or Pure Eternal AWARENESS or Consciousness is always peaceful by being centered within. Still to qualify the false idea of our ego-personality-mind a bit more, we can simply characterize it as being only a bundle of thoughts & desires (but still always Consciousness) as Swami has always explained to all of us. So the moment that thoughts or desires arise we are again faced with the Maya projection – dream – game of Consciousness.

What we generally call the mind is the false idea that Consciousness is limited due to some belief of self-imposed limitations. Since we are indeed always the One Divine Self, this belief becomes a momentary reality due to our primal false concept that we (or anything for that matter) could ever really be “Separate” from the Self or God.

So remind yourself again and again that the mind is actually Unlimited Consciousness, which is falsely believed to be limited or to be shackled to have imaginary boundaries: labeled as MY MIND idea or MY BODY, MY FEELINGS, MY MEMORIES etc...). EVERYTHING exists only within Consciousness & No Thing (nothing) at all exists outside of Consciousness.

Realization of the SELF therefore is the process of subduing the restless mind and stopping the outward projection thru the senses. The mind is really nothing else but the dynamic aspect of Consciousness also known as cosmic energy.

When the mind is subdued, the inner experience is self-aware space, which shines, appears, radiates or gleams as that inner peaceful awareness of Being, that perfect evenness or equanimity known as conscious Bliss. This is the meaning of emancipation.

The false idea that has often been so misunderstood when we share “Just silence the mind and Stop Thinking” that there will be an interlude of blank “nothingness” or non-existence is nothing more than a figment of imagination.

Once the SELF is consciously experienced within, all we should do (at any time when our outward reaching senses seem to overwhelm us in our daily life experience) is to re-connect with that inner evenness or conscious Bliss. When we become proficient at this, then this inner peace, evenness or conscious Bliss will always be present as a complete foundation or backdrop in our conscious day-to-day awareness. This will enable us to always remember, who we really are, no matter what the momentary life experiences will bring and then act in that mode of understanding our underlying Oneness and Unconditional Love. It does not mean that this Self-awareness always needs to show itself only as hugs & kisses, no not at all. Think of it as being a Loving parent disciplining an unruly child only for the child’s own good, in order to learn certain lessons. Sometimes outwardly a sweet, loving & caring interaction is required, but then sometimes harsh and almost cruel or callous discipline is the best tool. Still no matter what, inwardly there should always only be inner peace with no judgment or expectation and the clear understanding of our Oneness and Unconditional Love.

Remember the mind is only meant to be a tool in order to have continuity in our reflection of our name & form dream experiences. Having an “empty mind” simply means you are just experiencing without constantly “thinking” about the present experiences. Then, when our “Interaction” with the moment is required, we simply interact from our awareness of who we really are. Use the thoughts, words & deeds as tools and when you do not need them “stop thinking, dreaming, projecting, wanting, needing, desiring, expecting, wishing, hoping, worrying, dreading etc... etc... etc...”

Dearest Self, listen once more, our imagined bondage either conscious or sub-consciously believed to be real (the karmic wheel of birth & rebirth) and every self-created pain & suffering, it simply always boils down to some form of attachment and desire, and their child called fear, which (as we shared) comes from the idea that we are separate from God or SELF and that we have to protect our imagined separate little mind-created personality self which is afraid that it is all alone & has to fend for & take care of only itself.

Remember, a present experience does not require thinking, just experience it.

So...Yes, let things happen as they do and don't resist what is right in front of you, NOW in the moment, then do your best (interact, address, deal with it) in each moment with that consciousness in the moment from your true awareness of our underlying SINGULARITY or Underlying Connected ONENESS & Love without any condition, judgment or expectation. This is our job while playing in this Maya dream game-illusion of Separation.

Listen Dearest Self, to cut right to the chase about all of the many questions. As long as the false belief (even if only sub-consciously) that Separation & Bondage is real and actually exists, we are caught in the cosmic dream-game of duality, or the idea of duality.

Once again Beloved Self, everything in Creation "IS" the SELF & nothing but the SELF. The SELF is the AWARENESS of BEING when in the SAT mode (spaced out or empty mind space) or "Pure Mind" as it is called in the Vedas. Free of all NAME & FORM projections, reflections, dreams, imagination experiences or perceptions like thoughts, words, feelings, pictures, memories, deeds etc... It simply IS!!!

As explained before, Pure Awareness/Consciousness has NO movement! The instance that there is the slightest impulse or imagined MOVEMENT (like a desire) within the SELF (AWARENESS) it becomes the first reflection within the Self of the Self and we can call it SHAKTI or Cosmic Consciousness, or moving AWARENESS, the AUM SOUND or PARA BINDU, TRIPURA or DIVINE MOTHER or simply Divine LOVE ENERGY. It appears to the SELF like a projected dream reflection of an endless elliptical dark space of Consciousness wherein all the possible seeds of Imagination are present.

Once more, think of it like a mirror reflecting images (the mirror being Abstract Intelligence or SELF) and the imagined reflections from within itself are the images seen in the mirror. Or maybe perceive it as the dark T.V. screen before you turn on the electricity (energy or moving light of Consciousness) and then all the various picture experiences appear on it, but the screen or the mirror is never affected by whatever transpires on or in it.

LOVE, LOVE, LOVE & LIGHT to all  
Yourself

