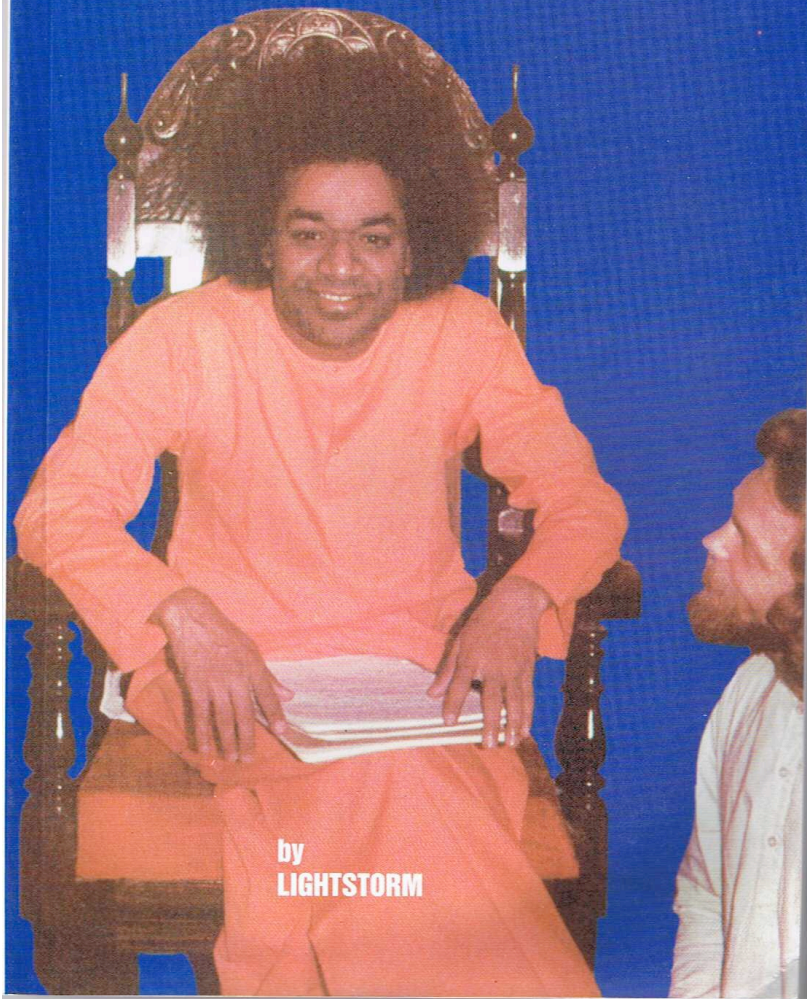


# THE L.A.D.D.E.R.



by  
LIGHTSTORM

THE  
**L.A.D.D.E.R.**  
(Love And Dutiful Devotion, Eternal Rama)

by  
*Lightstorm*

ॐ  
*Shanti Publishing Co.*  
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*Dedicated*  
**TO THE ONE SUPREME GOD WHO IS ALL.**  
**GOD IS LOVE**  
**AND LOVE IS GOD.**



This epic poem was compiled through the vehicle of  
Lite Storm (Lightstorm) only by the Omnipresent  
Grace and Love of  
***The Indweller of all Hearts***  
From the lectures of the 1973  
SRI SATHYA SAI Summer Course In  
Indian Culture And Spirituality  
in Brindavan, Bangalore, India.

These few pages are also dedicated to all who mistakenly believe themselves to be individual souls (Jivas). Who are enraptured by HARI'S (GOD'S) most illusive and sportive quality of Maya, who is none else but the MOTHER of CREATION HERSELF and who forever adores and worships the Blue Lotus Feet of SRI HARI. We also bow at Your most beautiful Blue Lotus Feet, OMNIPRESENT INDWELLER OF ALL HEARTS.

By Your Grace, in total devotion to Your Blue Lotus Feet,

***Sai Rama,***

In Divine Love & Service,

Atma (playing as)

*Lightstorm (LiteStorm)*



## *Dedicated*

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*Lightstorm (LiteStorm)*



***THE ONE***

**The ONE** who without feet  
walks across the sky of our mind  
**The ONE** who without ears  
hears the songs in our heart  
**The ONE** who without eyes  
sees the love-light in our life  
**The ONE** who without hands  
lifts our soul up into bliss  
**The ONE** who without a body  
touches our waking dreams  
**The ONE** who without a tongue  
speaks through the moon of our intelligence  
**The ONE** whose names and forms  
are innumerable upon the face of creation,

Like -- **SRI RAMA, SRI KRISHNA,  
SRI SATHYA SAI BABA,  
ETERNAL VISHNU, BRAHMA,**

**SHIVA,**

**ALLAH, GOD, HARI,  
JESUS CHRIST, THE BUDDHA,  
MOHAMMED, BAYAZID, RUMI &  
SHAMS, KABIR, GURU NANAK,  
RAMANA MAHARSHI,  
RAMAKRISHNA PARAMAHANSA,  
YOGANANDA, SRI YUKTESWAR,  
ST. FRANCIS, MOTHER MARY,  
HEAVENLY FATHER, JEHOVAH,  
SUPREME LORD,  
GOD ALMIGHTY, OMNIPRESENT**

**DIVINE MOTHER, MILARIPA  
THERESA NEUMAN  
MOTHER MEERA, AMMA,  
ANANDAMAYI MA,  
OM, HOLY GHOST,  
ETERNAL SELF,  
TOTAL BLISSFUL AWARENESS,  
OR OMNIPRESENT LOVE ---**

**The ONE** whose ways are  
supernatural in every respect  
**The ONE** who is the Lord of the Three Worlds  
and all animate and inanimate creation  
**The ONE** whose Glory and Beauty  
is beyond description  
**The ONE** whom we adore  
as the Lord of Maya  
**The ONE** who is  
the Eternal Hari  
**The ONE** who is All  
and All is the ONE  
**THAT ONE** has descended upon the earth again  
in a Life of Love!

**OM BHAGAVAN SAI RAMA  
OM BHAGAVAN SAI KRISHNA  
OM BHAGAVAN SAI HARI  
OM BELOVED DIVINE SELF  
OM SHANTI \* SHANTI \* SHANTI**





## ***STEP 1***

OH IDIOT, YOUR MIND IS DULL,  
WHY CAN'T YOU UNDERSTAND  
THAT YOUR LIFE'S BUT A FICKLE DREAM  
DREAMT IN DELUSION'S LAND  
YOU FILL YOUR SKULL, YOUR EMPTY HEAD,  
WITH GRAMMAR AND WITH GAMES,  
YOU SPEND YOUR WHOLE LIFE CHASING FOOD,  
MONEY, LUST, NEW FAMES --  
LOOK, YOUR ANIMAL NATURE SHOWS  
IN EVERYTHING YOU DO!  
SO CALL THE COWHERD BOY DIVINE  
AND LET HIM RULE FOR YOU.  
GOVINDAM\* SAI WITH NAME AND FORM  
WILL ENTER IN YOUR DREAM,  
TO RULE YOUR ANIMAL NATURE  
WHEREVER IT IS SEEN.  
OH IDIOT, LEARN THE WAY TO LIVE  
WITHOUT GUILT, WORRY, FEAR,  
GOPALAM\*\* SAI IS NEAR AT HAND,  
AND OH SO VERY DEAR  
THE DAY WILL COME WHEN YOU MUST DIE,  
AND THEN WHERE WILL YOU BE?  
FOR ONLY UTTERING THE NAME  
OF GOD WILL SET YOU FREE.  
SO IF YOU WASTE MORE TIME, YOU FOOL,  
YOU WASTE YOUR LIFE THE SAME,  
SO START RIGHT NOW TO LEARN THE TRUTH  
START SINGING THE LORD'S NAME.

\*Lit., 'by whom heaven is obtained' (a name of Lord Krishna).

\*\*Sanskrit word for animal herder.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

The image shows four staves of musical notation in G major (one sharp) and 4/4 time. Each staff is accompanied by lyrics. The first staff contains the lyrics 'SING GO - VIN - DAM SAI GO - VIN - DAM'. The second staff contains 'IN - DWEL - LER OF MY ART'. The third staff contains 'OM GO - PAL - AM SAI GO - PAL - AM'. The fourth staff contains 'OM OM - NI - PRE - SENT HEART.' The music is written in a simple, melodic style with quarter and eighth notes.

SING GO - VIN - DAM SAI GO - VIN - DAM

IN - DWEL - LER OF MY ART

OM GO - PAL - AM SAI GO - PAL - AM

OM OM - NI - PRE - SENT HEART.

## ***STEP 2***

COME ASK YOURSELF, "WHAT IS THIS LIFE?"  
THEN LOOK CLOSE AT THE TRUTH:  
A CHILD IS BORN INTO THIS WORLD  
AND GROWS INTO A YOUTH.  
THE BOYHOOD TIME IS SONG AND GAME  
AND LIFE SEEMS QUITE CAREFREE,  
UNTIL THE YOUTH HAS LEARNED TO LOVE  
THE WOMEN CONSTANTLY.  
YOUTH WILL VANISH IN A FLASH OF  
EMOTION AND THEIR PAIN,  
THEN OLDER SOON ONE SETTLES DOWN  
AND TRIES TO FIND AGAIN,  
THE TRUTH - THE LIGHT - THE LOVE OF GOD -  
THE REASON FOR YOUR LIFE,  
BUT YOU ARE NOW A SLAVE TO THINGS,  
LIKE BODY, MIND AND WIFE.  
LOOK AT THE 'I' THAT CALLS THESE MINE  
THE 'I' THAT THINKS AND FEELS  
THRUOUT YOUR DAY AND THEN IN DREAMS  
WHO IS THIS 'I' THAT FEELS?  
DREAMS SEEM REAL UNTIL YOU WAKE,  
YET YOUR BODY WAS ASLEEP,  
BUT STILL YOU FEEL AND LAUGH IN DREAMS,  
YOU MOVE AND OFTEN WEEP;  
WHO IS THIS 'I' THAT TELLS OF THESE  
EXPERIENCED DREAM SCENES,  
AND THIRDLY FEELS REFRESHED AND STRONG  
WHEN IT HAS NO DREAMS?  
WHO IS THIS 'I' IN EVERY STAGE  
WAKING - DREAMS - AND BEYOND -

PERVADING THROUGHOUT EVERYTHING  
TO WHICH THIS 'T' RESPONDS?  
WHOM DO YOU MEAN WHEN YOU SAY 'T',  
SO SIMPLE AND SO TRUE?  
IT'S BUT YOUR OMNIPRESENT SELF,  
IT IS THE REAL YOU!

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

### ***STEP 3***

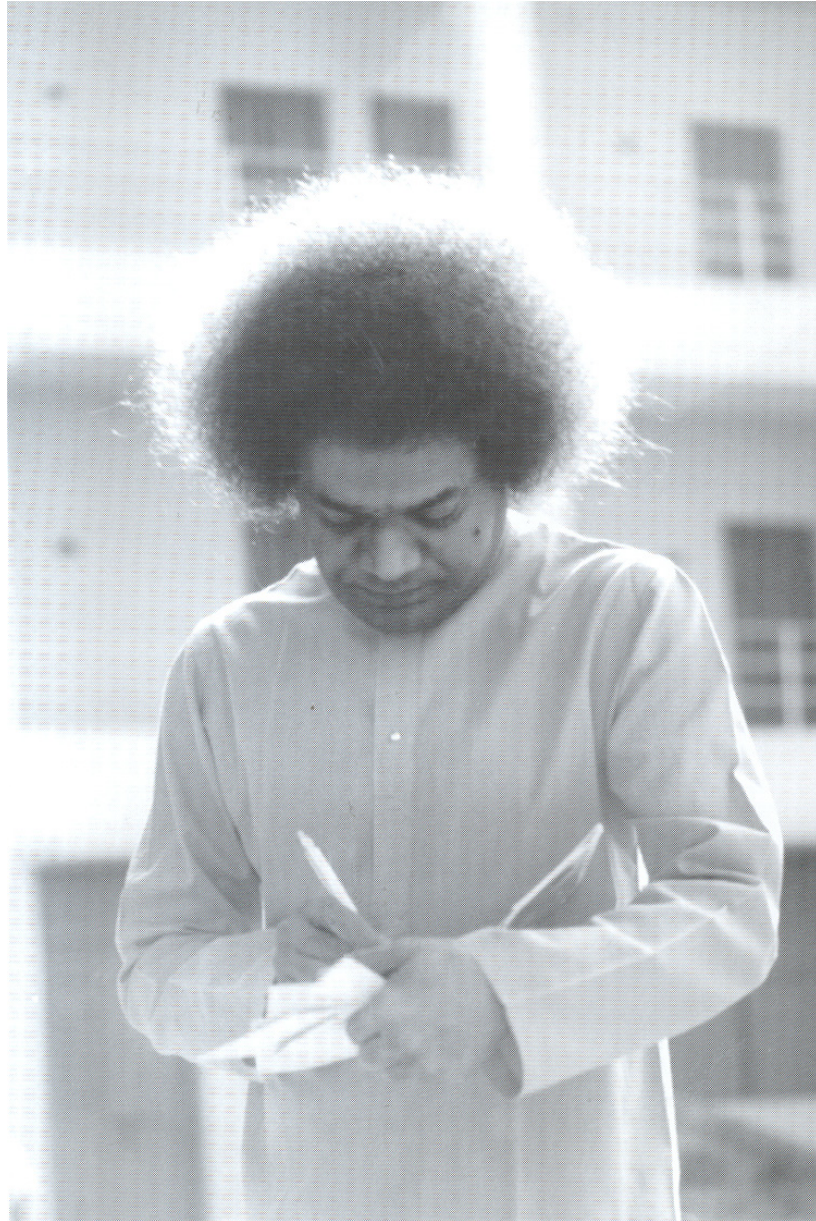
THE ONE THING NOW THAT YOU MUST DO,  
IS KEEP GOOD COMPANY,  
SATSANG\* DEVELOPS STRENGTH AND GROWTH,  
SO THAT SOME DAY YOU'LL BE  
STEADFAST STRONG WITH PEACE OF MIND  
IN EVERY SINGLE WAY,  
THEN LIBERATION CAN BE YOURS  
ON YOUR DYING DAY.  
SOON NATURAL DETACHMENT WILL  
RESULT FROM GROWING STRONG,  
SO GO AND FIND GOOD PEOPLE NOW,  
AND IF YOU MUST, SEARCH LONG;  
WITHOUT THE LIGHT OF DIVINE SELF,  
OF GOD - OF TRUTH - OF LOVE,  
YOU ARE A FEEBLE SPARK OF FLAME  
WHICH IS NOT STRONG ENOUGH  
STRENGTH WILL COME WHEN QUANTITY  
OF QUALITY COMBINES  
AND MIX THEMSELVES WITH DIVINE LOVE,  
YES, THEN THE ATMA\*\* SHINES.  
THINK OF A LIGHTED CIGARETTE,  
THEN OF A FOREST FIRE --  
FIRST IS EXTINGUISHED BY GREEN TWIGS,  
THE SECOND JUST BURNS HIGHER.  
THE SOUL ASLEEP THROUGH MANY BIRTHS  
MUST WAKE ITSELF SOME DAY,  
SO GODLY FOLK AROUND YOU NOW  
CAN HELP YOU ON YOUR WAY.

\*Indian word for good company.

\*\* Omnipresent Soul

DON'T MIX WITH EQUAL BAD AND GOOD,  
FOR THEN YOU WILL FALL SOON,  
MAKE OVERWHELMING ODDS FOR GOOD  
THEN GOD'S GRACE IS YOUR BOON.  
COMPANY OF BAD AND GOOD  
TEACH HABITS BOTH THE SAME,  
BUT ONLY ONE HABIT CAN SAVE,  
THAT'S SINGING THE LORD'S NAME.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***





***STEP 4***

THAT VISHNU STATE OF EVENNESS,  
OF PATIENCE, PEACE OF MIND,  
THIS MUST BE REACHED BY EVERYONE  
FOR ALL ARE ONE YOU'LL FIND;  
THE GOD IN ME, THE GOD IN YOU,  
IT IS THE SAME IN ALL,  
IDENTICAL IN EVERYTHING  
AWARENESS IS IN ALL.  
HE GIVES THE STRENGTH TO EVERYONE,  
TO STRONG, TO WEAK, TO STRIFE,  
TO ALL CREATION EVERYWHERE,  
TO MOONS, TO SUNS, ALL LIFE,  
HE IS THE OMNIPRESENT ONE  
THE ONE CALLED GOD AND LOVE,  
DEVELOP EQUALMINDEDNESS  
THEN SOON YOU'LL KNOW ENOUGH.  
REALIZE THAT NAME AND FORM  
ARE PROJECTIONS OF YOUR MIND,  
AND THAT WE'RE PLAYING AUDIENCE  
PRETENDING TO BE BLIND.  
THE ACTOR ACTING DIFFERENT PARTS,  
HE'S REALLY ONLY ONE,  
BUT HE TAKES ON NEW FORMS AND NAMES  
SO THAT THE GAME'S MORE FUN,  
SO CHANNEL THROUGH YOUR HEART INSTEAD  
YOUR SENSES AND YOUR MIND,  
THEN SOON YOUR INTUITION VOICE  
WILL CALL OUT FROM BEHIND,  
AND GUIDE YOU AS SADGURUJI  
TO EQUANIMITY

AND THEN TRUE KNOWLEDGE OF THE ONE,  
WITHIN YOURSELF, YOU'LL SEE!  
THE HILL, THE BIRD, THE STONE, THE TREE,  
THEY ALL EXIST, THEY ARE  
THEIR 'BEING' IS THE SAME IN ALL,  
IN RAIN -- IN SKY -- IN STAR --  
DESIRE FROM EACH EGO STATE,  
THAT MAKES THE DIFFERENCE  
IN EVERYTHING THAT IS PERCEIVED  
THROUGH THE INTELLIGENCE!  
SO PURIFY YOUR 'BEING' STATE  
THROUGH YOGA AND LOVE-DEED,  
AND GAIN YOUR INNER KNOWLEDGE SIGHT  
THAT'S HOW YOU CAN BE FREED  
FROM DELUSIONS OF ALL RIGHT AND WRONG,  
FROM EGO YOU CALL YOU,  
AND SOON YOU'LL SEE THAT BAD AND GOOD  
CAN NOT BE JUDGED BY YOU.  
YOUR PATIENCE IS ONE FREEDOM KEY  
TO STOP YOUR ANGER COLD,  
ONE MINUTE'S ANGER KILLS THREE MONTHS  
OF SADHANA\*, I'M TOLD.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

\*Spiritual practice (self-discipline)

## ***STEP 5***

SELF-SACRIFICE IS NEEDED NOW  
AND INQUIRY TO FIND  
THE KNOWLEDGE THAT BRINGS SAMADHI\*,  
THE REAL BLISSFUL KIND.  
SAMADHI'S NOT BLANK EMPTINESS,  
NOR DARKNESS WITHOUT THOUGHT,  
THIS STATE OF EQUANIMITY  
IT CAN'T BE SOLD OR BOUGHT.  
IN EVENNESS, UNCHANGING BLISS,  
YOUR CONSCIOUSNESS IS LOVE,  
YOU'LL SEEM PART OF SOCIETY,  
YET MIND IS TUNED ABOVE.  
IN UNAFFECTED EVENNESS  
ALL PLEASURE AND ALL PAIN,  
WITHIN YOUR EQUALMINDED SELF,  
YOU'LL TREAT BOTH AS THE SAME.  
THROUGH MEDITATION ON THE LORD,  
FORMLESS, OR FORM, OR NAME,  
IN PATIENT SILENT STEADINESS  
THAT'S HOW YOU CAN ATTAIN,  
THE KEY TO TURN YOUR SENSES OFF;  
THIS TURNS YOUR MIND WITHIN  
YOU'LL GAIN YOUR INNER VISION SOON,  
SAMADHI YOU WILL WIN.  
IF WITH IT YOU USE BREATH CONTROL  
OF THE FIVE VITAL AIRS,  
AND FLOW IN EVENMINDEDNESS  
WITHOUT ATTACHMENT, CARES,

\*The blissful state of meditation (EVENNESS).

THEN CONCENTRATE, PEACEFUL AND CALM,  
WITH SINGLE PURPOSENESS  
YOU'LL KNOW SATHYAM, SHIVAM, SUNDRAM,  
PROSPERITY, TRUTH, AND BLISS.  
DOUBT TO SOME SCHOLARS OFTEN COMES  
ABOUT DUALITY,  
NATURE AND GOD SEEM SEPARATE,  
TO THEM, THEY ONLY SEE  
THE SEED, THE PLANT, THE TREE, THE FRUIT,  
AS THEY LOOK WITH THEIR EYE,  
BUT BORN FROM MUD, ALL IS BUT MUD,  
ALL ELSE IS MAYA'S LIE.  
MUD IS THE BASIS OF THE FRUIT  
WE CALL OUTSIDE ILLUSION.  
TO COMPREHEND THIS TRUTH, YOUR MIND  
NEEDS SHARPNESS AND CLEAR REASON.  
ABSORB GOOD QUALITIES FROM ALL,  
AND CLEAN DESIRE'S SLATE,  
THIS WISH SHOULD BE YOUR ONLY GOAL,  
TO REACH THE BRAHMAN STATE!  
FOR GOD AND NATURE ARE THE SAME  
ALL COMES FROM ONLY HIM,  
INQUIRE NOW WITHIN YOURSELF,  
COME, START RIGHT NOW AND SING:

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

\*Godlike state, Brahma is one aspect of God in the Hindu Trinity,  
BRAHMA-VISHNU-SHIVA.

***STEP 6***

EACH SINGLE THING THAT COMES TO YOU  
IN YOUR LIFE PRESENTLY,  
REACTIONS REAPED FOR THINGS YOU DID  
IN YOUR LIVES PREVIOUSLY.  
SO DON'T YOU SAY, "BOY, LOOK AT HIM,  
HE'S RICH AND I'M SO POOR,"  
OR "WHY DON'T I HAVE LUCK LIKE HER?  
SHE'S BEAUTIFUL, SO SURE."  
REMEMBER ALL GETS FULLY PAID  
AS KARMA OF PAST DEED --  
SO START RIGHT NOW TO FIND THE LORD,  
THEN SOON YOU WILL BE FREED!  
YES, START RIGHT NOW, SERVE EVERYONE  
WITHOUT THE WISH OF GAIN,  
DO SERVICE FOR THE SICK, THE OLD,  
IN THAT WAY YOU'LL ATTAIN  
THE QUALITY OF LEADERSHIP  
THAT'S SORELY MISSED TODAY.  
MOST SO-CALLED LEADERS IN THE WORLD  
HYPOCRISY'S THEIR WAY.  
THEY ARE RIDICULOUS TO WATCH  
WHEN THEY PRETEND TO BE  
SPIRITUAL OR SERVING MAN  
WITH GREED, STUPIDITY.  
THE TEACHING CODE OF MODERN MAN  
IS FALSEHOOD IN DISGUISE,  
IT STEALS ALL NATURAL GOODNESS  
AND DIRECTS CHILDREN'S EYES  
TO MONEY, SEX, TO LIES AND HATE,  
IT BRAINWASHES THE MIND

WITH WAYS OF UNDERHANDED TRICKS,  
TELL ME, WHERE DO YOU FIND  
LOVE, JUSTICE, EQUANIMITY,  
TRUTH, CHARACTER, RESPECT,  
OBEDIENCE, SELF-SACRIFICE  
THESE MODERN SCHOOLS NEGLECT?  
MOTHER DIVINE, CREATOR, GOD,  
HERSELF IS SERVING MAN.  
SHE COMES TO US IN HUMAN FORM  
AND DOES ALL THAT SHE CAN,  
TO BRING MAN BACK ONTO THE ROAD  
OF SERVICE, TRUTH AND LOVE!  
SO START SOME SERVICE INSTANTLY,  
AND BATHE IN HER SWEET LOVE.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
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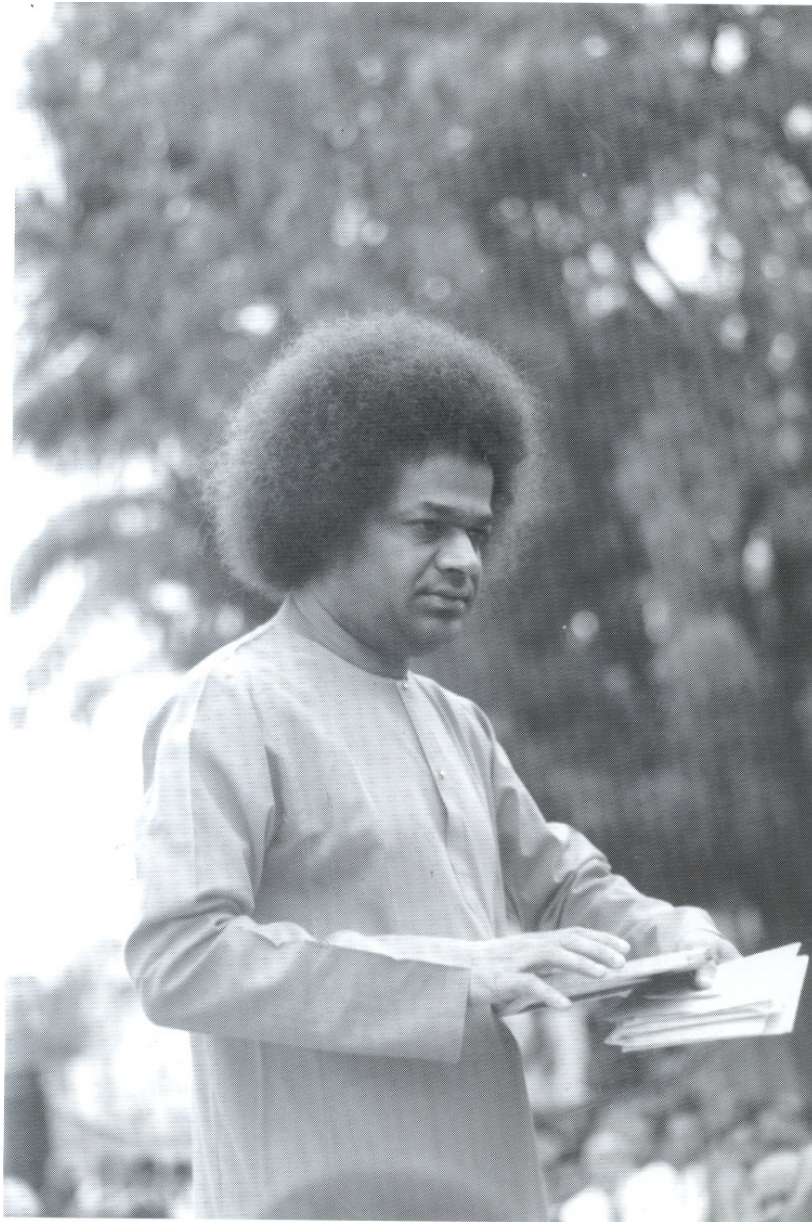
***STEP 7***

WHO IS YOUR MOTHER - FATHER - KIN ?  
HUSBAND, WHO IS YOUR WIFE ?  
THE CHILD YOU HAVE, WHERE IS IT FROM ?  
WHO GAVE YOU ALL YOUR LIFE ?  
WHY DOES THIS CAUSE ASTONISHMENT ?  
TELL ME WHERE YOU COME FROM !  
WHO IS IT, THAT YOU CALL YOUR OWN ?  
TO WHOM DO YOU BELONG?  
I GUESS THIS IS THE MYSTERY  
THAT YOU MUST UNDERSTAND,  
THAT ALL WORLDLY RELATIONSHIPS  
ARE NEVER PERMANENT.  
ALL DESTINATIONS ARE BUT ONE,  
ORIGINS ARE THE SAME;  
THROUGH ILLUSIONS OF THIS WORLDLINESS  
YOU'VE TAKEN ON A NAME.  
BUT PEOPLE ALL TAKE BIRTH FROM MUD,  
AND IN THIS MUD THEY GROW.  
RELATIONSHIPS ARE MUD TO MUD,  
LOOK MAN, WHY DON'T YOU KNOW  
THAT EVERYTHING IS ONLY MUD,  
BUT OF A SPECIAL KIND --  
OH, YOU GET SO MIXED UP IN MUD,  
MAN, YOU APPEAR SO BLIND.  
YET STILL YOU INCREASE ATTACHMENTS  
TO MONEY, HOUSE, AND KIN.  
BEWARE, DEATH IS THE GREATEST PAIN  
ATTACHED TO YOUR MUD THING.  
DEATH LIKE A THOUSAND SCORPIONS  
WILL BITE YOU WITH ITS STING,

IF YOU HOLD ON TO MAYA'S DREAM  
TO WORLDLINESS AND KIN.  
THERE IS NO KIN, NO WEALTH, NO HOUSE,  
IT'S ONLY YOUR SENSE DREAM.  
THAT HIDES THE TRUTH WITH MAYA CLOUDS  
SO ATMA CAN'T BE SEEN.  
FIVE ELEMENTS MAKE UP THIS WORLD  
YOUR DAYDREAM LIFE AND YOU.  
THINK ! WHEN YOU LIE ASLEEP EACH NIGHT  
YOU FEEL NIGHT DREAMS ARE TRUE --  
SINCE BOTH ARE DREAMS OF DIFFERENT FORMS,  
KNOW ALL DREAMS ARE UNTRUE,  
SO CATCH THE TRUTH BEHIND THEM ALL  
THE AWARENESS WITHIN YOU.  
YOUR BODY'S LIKE A FLOATING STICK  
UPON THE STREAM OF LIFE,  
WHERE STICKS DRIFT CLOSE AND THEN APART,  
LIKE PARENTS, KIN, AND WIFE.  
EACH FLOATS SEPARATE TO THE SEA  
TO GOD, THE SEA OF BLISS,  
FOR THERE TOGETHER ALL MUST COME,  
CREATION'S BUILT LIKE THIS.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***





***STEP 8***

NIGHT TURNS TO DAY WHEN TWILIGHT COMES,  
AND SUNSET FADES TO NIGHT,  
    SOON WINTER CHILL TURNS SUMMER WARM,  
    AND THIS, OF COURSE, SEEMS RIGHT.  
    TIME IS THE THING THAT CAUSES CHANGE  
    FROM NIGHT TO DAY TO YEAR,  
AND EVEN THOUGH YOUR LIFE GROWS SHORT,  
DESIRES ARE STILL NEAR.  
IT SEEMS LIKE PEOPLE HATE THE TRUTH,  
BUT CALL UNTRUTH THEIR FRIEND,  
    WHILE TIME, JUST LIKE A BLOCK OF ICE  
    IS MELTING IN THEIR HAND.  
    THE GODDESS KALA -- TIME HERSELF --  
I LIKE THE MOVING WIND,  
YOU CANNOT STOP OR HOLD HER FAST  
DON'T TRY, YOU'LL NEVER WIN.  
MAN REALIZE, ALL MUST PASS ON  
YOUR BODY, FRIENDS, YOUR SON,  
    SO ANALYZE THE LIFE YOU LEAD  
    AND DO WHAT MUST BE DONE.  
    NOW SENSUAL INVOLVEMENTS ARE  
    YOUR VIGIL EVERY DAY,  
BUT THAT IS WASTING SACRED TIME,  
NO MATTER WHAT YOU SAY.  
TIME MUST BE USED TO FIND THE TRUTH,  
ALWAYS IN SACREDNESS --  
    TIME'S THE ESSENTIAL FACTOR NOW,  
    YOUR BODY'S LIKE A DRESS  
    THAT YOU TAKE OFF WHEN IT IS OLD  
    BUT YOUR SOUL'S EVER NEW --

YOUR MIRROR OF INTELLIGENCE,  
USE IT, IT WILL SHOW YOU.  
THAT YOU ARE REALLY NOT THIS FORM,  
THIS BODY MADE OF CLAY,  
TURN ON THE SPOTLIGHT OF YOUR MIND  
AND FIND THE TRUTH TODAY.  
USE EVERY SECOND WISELY NOW,  
LOOK DEEP INSIDE AND SEARCH  
FOR THE 'I AM' AWARENESS,  
MAKE YOUR HEART GOD'S TRUE CHURCH.  
RAMAKRISHNA PARAMAHANSA  
SPENT EVERY BREATH TO SEE,  
DIVINE MOTHER'S PERFECT FORM,  
HIS TEARS FLOWED ENDLESSLY --  
WHENEVER HE WOULD GO TO SLEEP  
WITHOUT FEELING HER GRACE,  
HE'D SAY, "I'VE WASTED ONE MORE DAY  
WITHOUT SEEING LOVE'S FACE."  
YOUR MIND IS LIKE THE CAMERA LENS  
THAT IMPRINTS ON YOUR HEART,  
SO ONLY LET IT FOCUS ON  
GOD'S BEAUTY, NATURE'S ART.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
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***STEP 9***

IT DOES NOT MATTER WHO YOU ARE,  
FAMILY MAN, OR YOGI,  
RENUNCIATE, OR LUXURY MAN,  
WHO'S OFTEN CALLED A BHOGI,  
ONCE YOU HAVE SEEN THE TRUTH AND BLISS  
ASPECTS OF THE DIVINE,  
NOTHING CAN KEEP YOU THEN FROM GOD,  
YOU WILL BECOME DIVINE.  
BUT YOU WILL NEED A STEADY MIND,  
UNWAVERING AND STRONG,  
SO WHILE YOU'RE YOUNG, DEVELOP THIS,  
WITH FAITH, IT WON'T TAKE LONG.  
THROUGH INNER SILENCE YOU'LL FIND BLISS,  
THAT'S HOW YOU CAN CONTROL  
EXCITEMENT, ORGANS, AND SENSES --  
SOON YOU WILL KNOW YOUR SOUL.  
AND DON'T BE FOOLED BY ANYONE  
PRETENDING HOLINESS,  
THE WORLD IS FILLED WITH FAKES AND LIES,  
JUST PRACTICE STEADINESS;  
OF BODY, MIND, AND SENSE CONTROL,  
THEN THERE WILL SURELY BE  
THE GURU HEARD INSIDE YOUR HEART  
WHO'LL TEACH REALITY.  
THIS GURU DWELLS IN EVERYONE  
AS CONSCIENCE, LOVE AND TRUTH,  
UNCHANGING BEINGNESS COMPLETE,  
THAT IS THE REAL NEWS --  
NOT PAPERS PRINTED EVERY DAY,  
OR MOVIES FULL OF TRASH,

OR SENSUAL SEX MUSIC SOUND  
THAT MAKES ALL GOODNESS CLASH.  
YOU STUPID, SILLY, TAUNTING FOOL,  
YOU THINK OF THOSE AS JOY,  
AND TRY TO OUTFOX EVEN GOD  
BY OFFERING A TOY.  
THE PALTRY TOY OF FALSE PRETENSE,  
THE GAME OF LIES AND TEARS,  
IF YOU CONTINUE IN THIS WAY,  
YOU'LL LOOSE YOUR YOUTHFUL YEARS,  
AND THEN, DEAR ONE, IT IS TOO LATE  
TO GAIN A STEADY MIND,  
CAUSE SELF-CONTROL AND DISCIPLINE  
WITH YOUTH YOU'VE LEFT BEHIND.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 10***

COME, STUDY IMMORTALITY  
AND GAIN THE KNOWLEDGE OF  
HEAVEN - EARTH - AND THE NETHERWORLD -  
FOR ALL THREE ARE PART OF  
EVERYONE, DEPENDING ON  
HIS STATE OF MIND TODAY.  
THE GUNAS, ATTRIBUTES OF MAN,  
THEY FOLLOW IN THIS WAY:  
IF YOU PERCEIVE NO DIFFERENCE  
FROM ANT UP TO A MAN,  
AND SEE THE SAME ATMA IN ALL,  
WITH GOD AND BLISS YOU STAND,  
YOU'RE SATHWIC THEN, OR COLORED WHITE  
IN HEAVEN, YOU CAN SAY,  
THEN LOVE WILL BE YOUR ONLY GUIDE  
THROUGHOUT YOUR LIFE EACH DAY.  
BUT IF DISTINCTION'S SEEN AND FELT  
'TWEEN ANIMALS AND YOU,  
AND YOU THINK SEPARATE ATMA, FRIEND,  
WHICH IS OF COURSE NOT TRUE --  
THEN YOU ARE SAID TO LIVE ON EARTH  
IN RESTLESSNESS AND PAIN,  
WHERE EMOTION GOVERNS MOST YOUR STEPS,  
ANGER DRIVES YOU INSANE.  
RED OR RAJASIC AS IT'S CALLED.  
EMOTIONS THEN ARE KING,  
AND YOU EXIST AS SLAVE TO ALL,  
FEAR, GREED, LUST, WEDDING RING --  
THE THIRD, THE NETHERWORLD IN MAN,  
IS COLORED DARK AND BLACK.

IT'S CALLED THAMASIC AT THIS STAGE  
IT TURNS YOUR SPIRIT BACK.  
DULL ANIMAL NATURE THEN WILL RULE,  
THE DEMON FORM IN ALL,  
THROUGH VIOLENCE, GREED, LUST, AND HATE  
FROM HUMANNESS YOU FALL.  
SO READ ONE LITTLE GITA VERSE,  
OR BOOK OF DIVINE LOVE,  
OR DRINK ONE DROP OF WATER FROM  
THE GANGES\*, THAT'S ENOUGH.  
TO CHANGE YOUR HEART FROM BLACK TO RED,  
THEN SOON FROM RED TO WHITE,  
SOON GODLINESS WILL BE YOUR TRAIT,  
AS DARKNESS TURNS TO LIGHT.  
NO ONE CAN SERVE TWO MASTERS WELL,  
OR RIDE TWO HORSES, FRIEND,  
FOOLISH AND DANGEROUS THIS IS  
YOU'LL GET HURT IN THE END.  
BEING A NON BELIEVER IS  
FAR BETTER FOR YOUR SOUL,  
THEN A BELIEVING NON BELIEVER  
WHO'LL NEVER REACH HIS GOAL;  
AND IF YOU REALIZE JUST ONCE  
ONENESS OF EVERYTHING,  
THEN DYING HOLDS NO TERROR, FRIEND,  
WHEN YAMA\*\*, DEATH, IS KING.  
MOTHER-IN-LAWS WERE ANGRY ONCE,  
AND HUSBANDS TRIED TO HURT  
THE GOPIES, WHEN THEY WORSHIPPED GOD  
AS KRISHNA, SO I'VE HEARD.

\*The sacred river in India that originates from the Crown of  
Lord Shiva's Head.

\*\*Yama, Hindu God of Death.

STILL THEY JUST STAYED IN BLISS AND JOY,  
AND CALLED ON KRISHNA BLUE,  
THEIR DIVINE LOVE REALITY,  
THEY HAD NO FEAR LIKE YOU.  
IN CONSTANT BLISS THEIR LOVE OF GOD  
WAS PRINTED ON THEIR HEART,  
LORD KRISHNA WAS THEIR EVERYTHING.  
FROM HIM THEY WOULD NOT PART.  
HIS IMAGE FILLED EACH HEART AND MIND,  
FOR THEY HAD MERGED AS ONE,  
LIKE FACES PRINTED ON PAPER,  
AS PICTURES, ARE CALLED ONE.  
THEY WERE COMPLETE IN EVERY SENSE  
MERGED INTO HIS SWEET LOVE,  
THE REST OF LIFE TOOK SECOND PLACE,  
THEY HAD NOT ROOM ENOUGH  
FOR DOUBTS AND FEARS, FOR HURT AND PAIN  
FOR LUST OR HATE OR GREED,  
THEY ONLY LIVED TO SERVE THE LORD  
WITH EVERY SINGLE DEED.  
YOU SPEND MUCH TIME ON FAMILY,  
AND MUCH EFFORT TO GAIN  
POWER, PLEASURE, FAME AND WEALTH,  
BUT YOU FORGET GOD'S NAME.  
ONE THOUSANDTH PART OF EFFORT SPENT  
ON RAMA, KRISHNA, SAI,  
WOULD SAFEGUARD YOU FROM FEAR AND DEATH  
YOU, TOO, COULD TOUCH THE SKY.



ALLAH, RAMA, KRISHNA, CHRIST,  
SRI SATHYA SAI, VISHNU,  
LORD SHIVA, BRAHMA, AND BUDDHA,  
THEY'RE LOVE, THE SAME AS YOU.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 11***

YOUR LIFE'S A TINY WATER DROP  
SEEN ON A LOTUS LEAF,  
SO TRANSIENT AND SHAKY, FRIEND,  
AND SO HUNG UP WITH GRIEF.  
YOUR LIFE IS LIKE THESE QUIVERING DROPS  
THAT CHANGE WITH TIME AND SUN.  
FOOL, DON'T YOU SEE YOUR SOUL CAN'T DIE,  
FOR IT IS PART OF ONE !  
JUST LIKE THE SUN APPEARS EACH MORN'  
EVAPORATES THE DEW,  
AND PULLS IT UP UNTO ITSELF,  
AND THEN FORMS CLOUDS ANEW.  
THEN DEW OR RAINDROPS COME TO EARTH  
AND START THE GAME ONCE MORE.  
IN THIS WAY ALL THINGS REAPPEAR  
QUITE SIMILAR AS BEFORE.  
IT'S NEVER QUITE THE SAME, OF COURSE,  
DEPENDING ON GOD'S GRACE,  
YOUR KARMA AND THOUGHT, WORD, AND DEED  
WILL CHANGE YOUR FATE AND PLACE.  
ALL THINGS GO BACK ONTO THEIR SOURCE,  
THAT IS THE COSMIC LAW,  
IT'S ALL BASED ON GOD'S TRINITY,  
THAT'S WHAT THE SAINTS ALL SAW.  
FROM OMNIPRESENCE -- GOD -- THE ONE,  
CAME NATURE AS HIS GAME,  
FROM NATURE'S ATTRIBUTES OF FIVE  
THE ELEMENTS BECAME  
MOLDED INTO INTELLIGENCE,  
WHICH SOON APPEARED AS MAN

WHOSE BASIS IS NONE ELSE BUT GOD.  
KNOW THIS AND THEN YOU CAN  
PASS THE TWO GUARDS THAT WATCH THE GATE  
LEADING TO GOD'S ABODE.  
EFFORT AND PATIENCE ARE THEIR NAMES,  
THAT'S WHAT SAI BABA TOLD.  
SURRENDER ALL, AND LET THE LORD  
JUST GIVE YOU WHAT IS BEST,  
THEN BLISS AND PEACE WILL COME YOUR WAY  
YOUR MIND WILL FINALLY REST.  
DESIRE IS THE SEED OF MAN,  
IT MAKES HIM WANT REBIRTH.  
LEAVE ALL DESIRES FAR BEHIND  
THEN YOU CAN LEAVE THIS EARTH.  
TAKE POSITIVE AND NEGATIVE  
AND MAKE THE CURRENT FLOW,  
THE FIRST IS GOD, SECOND, THE WORLD,  
IN THAT WAY YOU CAN KNOW  
YOUR ATMA AS THE INFINITE,  
THE SEED FROM WHICH ALL SPRINGS,  
THE VISHNU ASPECT, AS IT'S CALLED,  
FROM LOVE COMES EVERYTHING.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



***STEP 12***

DEAR SEARCHING ONE, PLEASE LISTEN WELL,  
EVEN IF YOU ARE BLIND,  
IF YOU CONTROL YOUR SENSE ORGANS,  
GOD'S GRACE YOU'LL SURELY FIND.  
MOKSHA, OR LIBERATION,  
WILL BE THE END RESULT,  
TOTAL EFFORT IN SENSE CONTROL  
WILL CHANGE YOUR LIVING CULT.  
OH, TONGUE, YOU ARE A ROUGE OR FRIEND  
FOR YOUR FUNCTIONS ARE TWO,  
YOU TASTE ALL FOOD, YOU UTTER SOUND,  
SO I APPEAL TO YOU.  
EAT ONLY WHAT THE BODY NEEDS  
TO STAY HEALTHY AND STRONG,  
UTTER JUST SWEET AND SACRED SOUND,  
ALL OTHER THINGS ARE WRONG.  
YOU TASTE GOOD FOOD AND PASS IT ON,  
THE BAD THINGS YOU REJECT  
YOU DODGE SHARP TEETH, STAY IN YOUR HOME  
BECAUSE YOU HAVE RESPECT.  
FORBEARANCE, SACRIFICE, RESPECT,  
OH, TONGUE, YOU HAVE THEM ALL.  
NO OTHER ORGAN IS LIKE YOU,  
FOLLOW YOUR DIVINE CALL.  
FOOD, SIMPLE, PURE, WITHOUT MUCH SPICE,  
BASIC, AND NEVER MEAT.  
CURDS, VEGETABLES, SOY, AND RICE,  
FRUITS AND NUTS YOU SHOULD EAT,

YOU SHOULD DRINK WATER CLEAR AND PURE,  
THE VEDAS\* SAY IT PLAIN.  
THAT WAY, YOUR MIND STAYS CLEAN AND PURE  
SO THAT IT CAN REGAIN,  
STABILITY AND PEACE OF MIND,  
THEN TRUTH AND LOVE CAN GROW,  
UNTIL YOU MERGE INTO THE LORD  
THEN SOHUM\*\* YOU WILL KNOW.  
SO START RIGHT NOW WITH SENSE CONTROL,  
AND MAKE YOUR TONGUE DIVINE,  
USE DISCIPLINE WITH FOOD AND TALK,  
THEN THROUGH YOU LIGHT WILL SHINE.  
THE LIGHT OF TRUTH, OF LOVE AND PEACE,  
WILL TRANSFORM YOU THAT DAY,  
SO COME AND SING THE GLORY OF  
THE NAMES OF LOVE, I PRAY.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

\*The most ancient scriptures of the Hindus, direct Divine Revelation and  
Supreme Authority in all religious matters.

\*\*Oneness (He is in me, I am in Him), or I am God.

***STEP 13***

HIP MODERN YOUTH TREAD THE BROAD PATH  
OF CRIME AND RUINATION,  
MATERIAL DESIRES HOLD  
BACK THEIR MEDITATION.  
THEY HAVE FEW GUIDES, OR TRUE TEACHERS,  
TO TEACH THEM RIGHT FROM WRONG  
LUST, ANGER, CRIME, FEAR, ARROGANCE  
ARE RAMPANT, GROWING STRONG.  
ANGER AND LUST MAKE YOU A CORPSE  
EVEN WHILE YOU STILL LIVE  
SENSE PLEASURES AND YOUR LUXURIES  
ARE UNABLE TO GIVE  
YOU ENTRANCE INTO ATMA'S PLACE,  
TO BLISS -- TO LOVE -- TO GOD --  
EVEN THE GREATEST YOGI FALLS  
IF LUST BECOMES HIS ROD.  
HUMILITY AND SELFLESS LOVE,  
FOR WORLD, TOWN, FAMILY,  
ARE NEEDED IN QUITE LARGE AMOUNTS  
FOR WORLD PROSPERITY.  
SELFLESS LOVE OF LIVING THINGS,  
IS LOVE OF THE MOST HIGH.  
THE SUPERSOUL RESIDES IN ALL,  
THIS LOVE CAN NEVER DIE.  
UNITE ALL HEARTS INSIDE YOUR MIND  
SEE ALL AS TRULY ONE,  
CARE NOT FOR DIFFERENCES SEEN  
OF RACE, CREED, RELIGION.  
THESE GAMES ARE ONLY MAYA'S PLAY  
SINCE AWARENESS IS THE SAME,

IN EVERY SINGLE LIVING THING  
WE CALL IT 'GOD' BY NAME.  
MORALITY WITH SELF-CONTROL  
WITH SELFLESS LOVE AND TRUTH  
SHOULD BE THE PATH OF LIFE AND DEED  
FOR THE WORLD'S MODERN YOUTH.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



***STEP 14***

ENEMIES, FRIENDS, FAMILY,  
ECHO THROUGH YOUR THOUGHT HALL,  
BUT THESE ARE ONLY EARTH BODY  
RELATIONSHIPS, THAT'S ALL.  
ATTACHMENT TO THESE BODY SHELLS  
IS FOOLISH AND ABSURD;  
THE ATMA IS THE SAME IN ALL,  
IT FLIES FREE LIKE A BIRD.  
SO WITH GREAT PATIENCE BEAR ALL HURT  
ALL HAPPINESS OR FAME,  
FRIEND, ACTOR, FOE, TEACHER, OR GOD,  
ARE DIFFERENT JUST BY NAME.  
THE CUSTOM OF DISLIKE OR LIKE  
IS WRONG AND RATHER STRANGE,  
STAY CLOSE TO GOD, TO LOVE, TO TRUTH,  
THEN YOU WON'T HAVE TO CHANGE.  
JUST USE YOUR BODY LIKE A CAR,  
SERVICE IT FREQUENTLY.  
KEEP IT IN GOOD SMOOTH RUNNING SHAPE,  
THEN NO DIFFICULTY  
WILL SPOIL YOUR TRIP CALLED LIFE ON EARTH,  
YOU WON'T GET STUCK SOMEWHERE.  
JUST KNOW YOUR GOAL, BE SURE AND CALM,  
THE REST LEAVE IN GOD'S CARE.  
EIGHTY PERCENT OF PEOPLE ARE  
SPOILING THEIR BODY'S PARTS,  
WITH WRONG HABITS OF FOOD, AND THOUGHT  
THEIR TRIP'S DOOMED FROM THE START.  
FIFTEEN PERCENT, LIKE SHOWROOM CARS  
NEVER GET ON THE ROAD,

THEY PRIMP THEMSELVES WITH CUSTOM JOBS  
BUT WON'T REACH GOD'S ABODE.  
WHY CAN'T YOU BE LIKE SMALL CHILDREN  
WHO HAVE NO BIG ILLUSION  
ABOUT THEIR BODIES' IMPORTANCE?  
THEY DRAW NO FALSE CONCLUSION.  
THEY ARE IN BLISS SO FREQUENTLY,  
THEIR CATCHING SMILE'S FOR REAL  
NOT LIKE PHONY EMOTIONS SHOWN  
THAT YOU PRETEND TO FEEL.  
DEVOTE YOUR BODY, MIND, AND LIFE  
TO ALL HUMANITY,  
LIKE JESUS CHRIST, OUR BROTHER LOVE,  
WHO DIED FOR ALL TO SEE,  
THAT THERE IS JUST ONE TRUTH, ONE LOVE,  
ONE GOD, SAYS SATHYA SAI,  
LIKE RAMA, KRISHNA, BUDDHA, CHRIST,  
ONE OMNIPRESENT "I".  
SECURELY IN THIS KNOWLEDGE REST,  
BE FREE OF YOUR EARTH TIES,  
ONLY A LAUGHING, HAPPY HEART  
CAN SEE THROUGH MAYA'S LIES:

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 15***

THE THINGS THAT YOU SHOULD WATCH OUT FOR  
ARE WEALTH -- WOMEN -- AND WINE --  
TO BARBAROUS DEPTH OF SENSES  
THEY WILL DRAG YOU IN TIME.  
DO SACRED THINGS FOR EVERYONE  
FOR WORLD, COUNTRY, FOR MAN,  
THEN WORK -- WORSHIP -- AND WISDOM WILL  
FULFILL YOUR EARTH LIFE SPAN.  
SO BE GOOD, SEE GOOD, AND DO GOOD,  
THAT IS THE WAY TO GOD,  
AND ALSO USE YOUR EXTRA WEALTH  
WITHOUT BEING A FRAUD.  
RELIEVE ALL HUNGER, POVERTY,  
DISEASE, AND PAIN, FOR ALL  
YOUR BROTHERS IN THIS WORLD TODAY  
PLEASE HEAR THEIR DESPERATE CALL..  
ALWAYS USE WEALTH IN SELFLESS LOVE,  
FOR DHARMA, TRUTH, FOR PEACE,  
THEN YOUR LIFE BECOMES WORTHWHILE,  
AND YOUR MIND WILL FIND PEACE.  
FOUR MOTHERS THIS CREATION HAS  
FOUR PRINCIPLES COMPLETE:  
PREMA,\* SATHYA,\*\* DHARMA,\*\*\* SHANTI,\*\*\*\*  
BOW DOWN AT THEIR FEET.

\*Love

\*\*Truth

\*\*\*Right conduct (Righteousness)

\*\*\*\*Peace

OBEY THEM ALL RESPECTFULLY,  
THEN BLISS THEY'LL GIVE TO YOU.  
FULFILL THE PURPOSE OF YOUR LIFE,  
PERCEIVE THE LORD IN YOU.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



***STEP 16***

IF YOU ARE KIND AND DONATE MUCH  
TO EVERY CHARITY,  
THAT'S NOT ENOUGH TO MAKE YOU WISE  
AND KNOW REALITY.  
MORALITY, HUMILITY,  
ARE REQUISITES, TO KNOW  
YOURSELF, THE TRUTH, THE ATMA, GOD,  
AND EVERY THOUGHT MUST SHOW,  
RESPECT FOR DHARMA'S CODE COMPLETE,  
IN HUMBLENESS AND LOVE,  
THEN YOU WILL EARN THE GRACE OF GOD  
LIKE SUNSHINE FROM ABOVE.  
WHY ARE YOU GOING TO THE MOON ?  
WILL YOU FIND PEACE UP THERE ?  
WHY SPEND THESE MANY MILLIONS, FRIEND,  
TO SHOOT MAN IN THE AIR ?  
INSTEAD, HELP THOSE POOR NEEDY ONES  
ALL OVER THIS EARTH PLANE --  
FOOLS, STOP LOOKING OUTSIDE YOURSELF  
FOR PEACE, THIS IS INSANE.  
ON THE MOON -- IN HEAVEN -- OR ON EARTH --  
YOU'LL NOT FIND PEACE AND BLISS,  
ONLY INSIDE YOUR SACRED HEART  
CAN YOU EVER FIND THIS.  
EAT ALL YOUR ANGER AND BECOME  
A KNOWLEDGEABLE MAN,  
EAT ALL YOUR EGO AND BECOME  
A YOGI, IF YOU CAN.  
THEN EAT YOUR ARROGANCE AND PRIDE  
THEN SOON YOU WILL BE WISE,

DIGEST THEM ALL WITHOUT A TRACE  
THEN YOU WILL REALIZE  
YOURSELF, THE ATMA, GOD, AND BLISS,  
A GREAT YOGI YOU'LL BE.  
SO COME AND START THESE MEALS TODAY,  
THEN SOON YOU WILL BE FREE.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 17***

DO YOU REMEMBER THE GREAT PAIN  
BEING IN MOTHER'S WOMB ...  
LYING DORMANT AND SUFFERING,  
NOT HAVING ENOUGH ROOM ?  
THUS BORN AGAIN, LIKE TIMES BEFORE,  
TO DIE EACH TIME IN PAIN,  
THIS TROUBLE CYCLE IS ENDLESS,  
WHEN WILL YOU STOP THIS GAME ?  
WHY IS IT THAT YOU TOOK THIS BIRTH  
IN PAIN AND MISERY,  
STUCK IN THE WHEEL OF GODDESS TIME  
WITHOUT BECOMING FREE ?  
IS NOT THE REASON, SO THAT YOU  
WILL FIND THE TRUTH THIS LIFE,  
AND REALIZE YOUR FINAL GOAL  
THROUGH ALL YOUR TRIALS AND STRIFE ?  
OH MAN, YOU SACRED ANIMAL,  
YOUR BODY IS GOD'S GIFT,  
SO THAT THROUGH IT YOUR MIND IS SEEN  
AND IGNORANCE CAN LIFT.  
"OH PLEASE, DEAR OMNIPRESENT GOD,  
LET ME SEE YOU THROUGH THIS !"  
THIS IS THE PRAYER YOU SHOULD SAY,  
THEN SEARCH FOR TRUTH AND BLISS.  
THE WORLD IS LIKE A BIG MACHINE  
WITH MANY MILLION PARTS,  
BUT ALL THESE PARTS MAKE UP THE WHOLE  
ONE SMALL PIN MAKES IT START.



THE WHOLE MACHINE SOMETIMES DEPENDS  
UPON THE SMALLEST PIN,  
SO DO NOT THINK YOUR LIFE IS SMALL,  
AN UNIMPORTANT THING.  
"WHO IS THE BEST AMONGST ALL MEN ?  
AND TELL ME THE BEST TIME ?  
AND WHAT IS BEST AMONGST ALL WORKS ?"  
ONCE ASKED A FRIEND OF MINE.  
THE ONE SEEKING SERVICE FROM YOU  
HE IS BEST IN MY EYE,  
THE PRESENT TIME, RIGHT NOW, IS BEST,  
FUTURE'S DREAM, PAST'S GONE BY.  
THE BEST OF WORKS IS WHAT YOU DO  
AS SERVICE FOR EACH ONE,  
WHO COMES ALONG SEEKING YOUR HELP,  
DO SERVICE LIKE THE SUN.  
OH MAN, YOU CRY WHEN YOU ARE BORN,  
AND CRY THE DAY YOU DIE,  
AND TEARS YOU SHED ALL IN BETWEEN  
CAUGHT IN DELUSION'S LIE.  
BUT DO YOU CRY WHEN RIGHTEOUSNESS  
DECLINES ALONG WITH TRUTH ?  
OR DO YOU CRY WHEN AWARENESS  
OF ATMA BECOMES NEWS ?  
SO CHANGE YOUR LIFE, AND DO IT NOW,  
SURRENDER HAPPILY,  
ALL THINGS TO GOD, AND PAY YOUR DEBTS  
YOU OWE THE FAMILY

OF MOTHER, FATHER, RISHI, GOD,  
SHOW GRATITUDE TO ALL,  
AND PAY DEVOTION TAX CALLED LOVE,  
THEN ON YOU GRACE WILL FALL.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 18***

LUST, ANGER, GREED, AND ATTACHMENT,  
ASSUME HONOR AND PRIDE  
AS THEY ENTER INTO YOUR MIND,  
BUT SOON THEY TURN ASIDE.  
THIS UGLY BROOD BEHAVES LIKE THIEVES,  
THEY STEAL ALL PEACE OF MIND --  
BUT SEE THEM ONCE LIT UP BY TRUTH,  
AND THEY'LL BE LEFT BEHIND.  
KAMA -- LUST -- REPRESENTS YOUR BIRTH,  
AND KALA -- TIME -- MEANS DEATH,  
BUT RAMA -- GOD'S -- BETWEEN THE TWO,  
HIS GRACE OUTSHINES THE REST.  
IF YOU COULD ONLY CONCENTRATE  
ON ALL GOD'S SACRED NAMES,  
THEN LUST AND TIME WON'T TROUBLE YOU  
WITH ALL THEIR DUAL GAMES.  
GOD'S LOVE, THE ONLY CURE FOR LUST  
FOR OUR HUMAN RACE,  
THROUGH WISDOM WHICH IS CLOSE TO GOD,  
MANKIND CAN EARN HIS GRACE.  
WISDOM IS KNOWLEDGE, THE MOST HIGH,  
ACQUIRE IT AND FIND,  
ALL OTHER KNOWLEDGE WILL BE YOURS  
WHEN WISDOM RULES THE MIND.  
WHEN EGO'S GONE, YOU'LL UNDERSTAND  
GOD, LOVE, YOURSELF, AND ALL,  
THEN ARROGANCE MUST OBEY TRUTH,  
AND SLOWLY FADE AND FALL.  
HUMILITY AND SERVICE WILL  
THEN TAKE THE PLACE OF PRIDE,

THAT'S EDUCATION'S HIGHEST FORM,  
IT IS MAN'S MISSING SIDE.  
WHAT GOOD WILL ALL YOUR KNOWLEDGE DO  
IF YOU DON'T USE IT WELL ?  
YOU WASTE YOUR LIFE FEEDING YOUR FRAME  
WHILE LUST DRAGS YOU TO HELL.  
OM KRISHNA BLUE, THIEF OF ALL HEARTS,  
OM SATHYA SAI, OUR LOVE,  
OM RAMA, OM SWEET JESUS CHRIST,  
OM MATRA DEVI\*, LOVE,  
HOW CAN WE FIND YOU, DEAR SWEET GOD ?  
YOU ARE MUCH SMALLER THAN  
THE SMALLEST PARTICLE OF ALL,  
YET YOU'RE MUCH BIGGER THAN  
ALL OF CREATION ANYWHERE.  
HOW CAN WE UNDERSTAND,  
THAT YOU'RE THE BIGGEST THIEF OF ALL ?  
LORD, COME AND TAKE MAN'S HAND.  
PLEASE LET YOUR GRACE DESCEND ON ALL,  
SO ALL CAN FIND YOU THROUGH  
THE WISDOM OF TRUE KNOWLEDGE EARNED,  
WHEN EGO BOWS TO YOU.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
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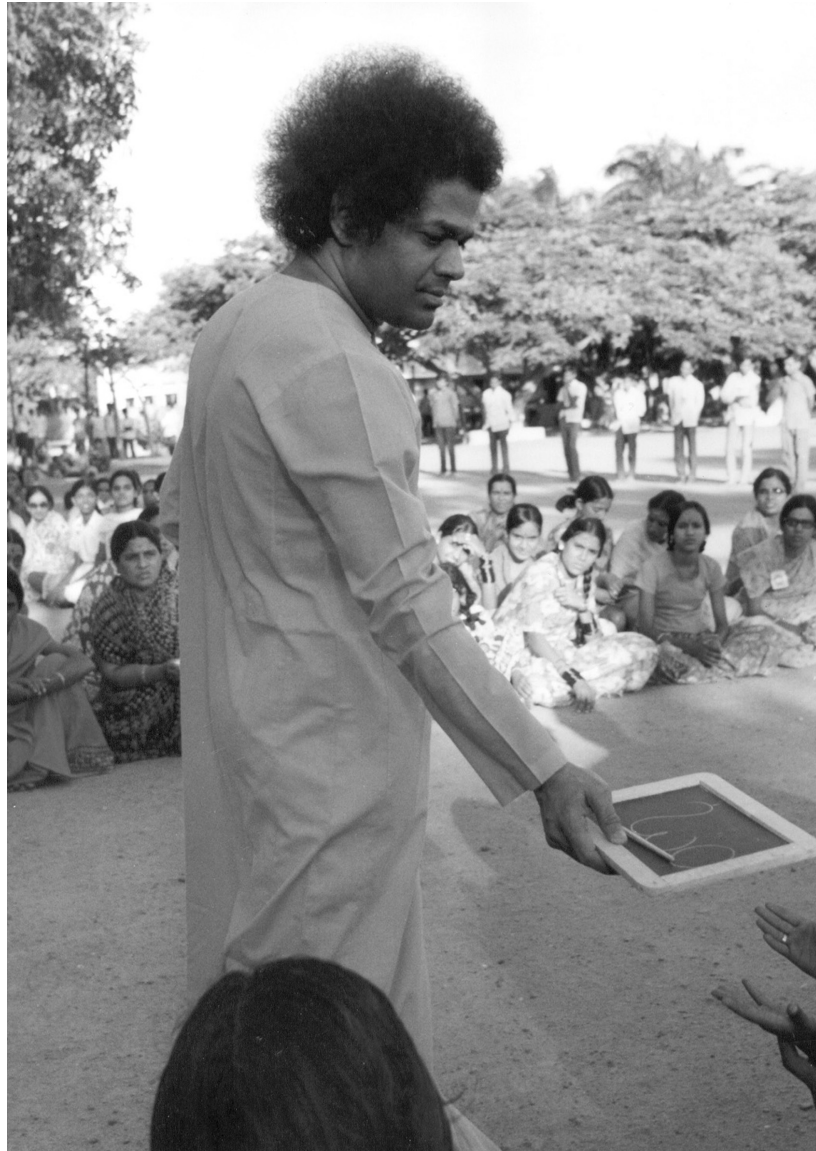
\*Divine Mother (A name for God)

***STEP 19***

THE EMPTY WORDS YOU SPOUT ALL DAY  
CONFER NO TRUTH OR BLISS,  
THEY JUST ENLARGE CONFUSION'S WEB  
FOR THOSE YOU SPEAK ALL THIS  
PHONINESS THROUGHOUT EACH DAY  
YOUR LYING WORDS AND DEED,  
HOW CAN YOU HAVE HARVESTS OF BLISS  
WITHOUT SOWING THE SEED?  
EXPERIENCE THE TRUTH AT FIRST,  
THEN LIVE YOUR LIFE THAT WAY;  
SOON BLISS WILL BE YOUR END RESULT,  
SO START RIGHT NOW, TODAY.  
THREE WORDS ARE THERE FOR YOU TO FIND  
KNOWLEDGE AND DEVOTION  
WITH LIBERATION AS THE THIRD,  
YOU WILL REACH THE OCEAN.  
THE OCEAN OF ETERNAL BLISS  
WHERE ALL LIVING STREAMS MEET  
AND MERGE INTO THE SEA CALLED LOVE.  
LAY ALL AT THE LORDS FEET!  
WHAT IS ALL TRUTH TO YOU, MY FRIEND?  
ONLY WHAT YOUR EYES SEE?  
THIS IS ABSURD IT'S MAYA'S LIE,  
FOR WHAT MAKES UP A TREE?  
THE TRUNK, THE BRANCHES, FLOWERS, LEAVES  
THAT'S ALL YOUR EYES CAN SEE,  
AND YET YOU KNOW THAT WITHOUT ROOTS,  
THERE'D NEVER GROW A TREE.  
THE MIND'S THE BASIS OF EACH MAN,  
YOUR MIND, YOU CAN NOT SEE.

YET YOU INSIST YOUR BODY IS  
THE "I," "MYSELF," THE "ME."  
THIS WORLD'S ILLUSION JUST RELATES  
TO YOUR EARTH BODY SHELL,  
DETACH YOURSELF FROM THIS BAG O' BONES,  
THEN YOU WILL SEE QUITE WELL.  
THE ULTIMATE TRUTH OF ALL OF LIFE,  
THE BASIS YOU WILL FEEL,  
CAUSE NAME AND FORM'S NOT PERMANENT,  
GOD'S FORMLESSNESS IS REAL.  
YOUR BODY MIGHT BE NEW AND YOUNG,  
BUT WHAT ABOUT YOUR MIND?  
INSIDE OF YOU IT MIGHT BE OLD  
WITH MANY LIVES BEHIND.  
SO DON'T BE FOOLISH AND PRETEND  
WITH EMPTY WORDS AND LIFE  
THAT YOU NOW LIVE IN TRUTH AND BLISS,  
AND THEN BEAT UP YOUR WIFE.  
SO STOP SEEING DUALITY  
AS THE TRUTH AND BASIS OF  
CREATION, OR YOURSELF, THE SOUL,  
ALL IS JUST ONE, CALLED LOVE.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



***STEP 20***

YOUR EYE OF WISDOM IS CLOSED NOW  
WITH "MINE" AND "I" AND "MY."  
DISMISS SELFISH POSSESSION THOUGHTS  
THE LID OVER THIS EYE.  
MOST OF THE PEOPLE YOU WILL SEE  
ARE LIKE THE IRON KIND,  
LIFE'S FIRE MAKES THEM SOFT AND RED  
COOL THEM, NO CHANGE YOU'LL FIND.  
FEW ARE LIKE RAW GOLD FROM THE GROUND  
HEAT THEM AND YOU WILL SEE,  
THAT THEY BECOME QUITE PRECIOUS THEN  
THEY LOOSE IMPURITY.  
THE THIRD KIND'S VERY RARE INDEED,  
LIKE CLEAR DIAMONDS THEY SHINE;  
CUT THEM TO PIECES ALL YOU WANT,  
THEIR VALUE CLIMBS EACH TIME.  
THEN LASTLY YOU WILL SEE THE KIND  
WHO ALWAYS STAY THE SAME,  
REMOVED FROM ANY WORLDLINESS  
AS "WATCHERS" THEY REMAIN.  
THEIR STATE IS PERMANENT IN BLISS,  
TRANSCENDED FROM THE WORLD,  
A HANDFUL MAYBE YOU WILL FIND  
IF YOU SEARCH THE WHOLE WORLD.  
NOW DHARMA, RIGHT CONDUCT OF ALL,  
IS WHAT MANKIND MUST LEARN.  
THRU THIS THEY'LL KNOW THE TRUTH SOMEDAY  
AND THUS EACH ONE CAN EARN  
THE GRACE OF GOD, THE LIGHT OF LOVE,  
AND WITH IT THEY WILL KNOW,



THAT EACH RELIGION IS ONE PATH  
LEADING WHERE ALL MUST GO.  
INTELLIGENCE MUST ALWAYS BE  
WITNESS TO EVERYTHING;  
    INVOLVED IN NOTHING BUT THE LORD,  
        THEN LIFE WILL BE LIKE SPRING.  
        HAVE NO ATTACHMENTS TO RESULTS  
        OF KARMA, GOOD OR BAD,  
    USE ONLY EVENMINDEDNESS,  
THEN GOD'S GRACE CAN BE HAD.  
ALL BODIES HAVE BEEN BORN TO WORK,  
DUTY NONE CAN ESCAPE,  
    BUT GIVE THE FRUITS OF WORK TO GOD,  
        THEN HE WILL GUIDE YOUR FATE.  
        IN WAYS THAT ARE THE BEST FOR YOU,  
        LEAVE ALL IN GOD'S GREAT HAND,  
    OBEY ALL DHARMIC LAWS COMPLETE  
AS YOU WALK THROUGH LIFE'S LAND!  
THREE PATHS OF DHARMA, KNOW THEM NOW,  
WISDOM -- WORSHIP -- WORK --  
    ALL LEAD TO ONENESS IN THE END,  
        NO MATTER HOW YOU SMIRK.  
        A SYNTHESIS OF RELIGIONS  
    WILL SOON REVEAL TO YOU,  
    THAT EACH REFLECTS ONE PART OF TRUTH  
AND ALL ARE VALID, TRUE.  
IN WISDOM SEE THEM ALL COMBINED,  
TRUE DHARMA WILL THEN SHOW  
    THE SUM OF ALL MORALITIES,  
        THROUGH WISDOM ALL CAN KNOW.

DON'T CRITICIZE, FOR EVERYONE  
IS RIGHT IN HIS OWN WAY,  
IT'S JUST EGO THAT WANTS TO FIGHT  
AND ARGUE EVERY DAY.  
JUST MAKE THE LORD YOUR CHARIOTEER,  
AND HE WILL SAFELY GUIDE  
YOU THROUGH YOUR UPS AND DOWNS OF LIFE,  
IN PEACE AND BLISS YOU'LL RIDE.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 21***

BY MAKING ACTIONS THAT ARE BAD  
WILL YOUR RESULTS BE GOOD?  
BY PLANTING SOUR LEMON SEEDS  
DO YOU THINK THAT YOU SHOULD  
HARVEST ALL DIFFERENT KINDS OF FRUIT?  
WHAT KIND OF FOOL ARE YOU?  
LIVING IN SENSE -- DESIRE -- DREAMS --  
YOU THINK OF THEM AS TRUE?  
DHARMA'S THE DUTY OF EACH MAN,  
ITS FORM COMES FROM WITHIN.  
IT'S WHAT LAYS DOWN THE RULES FOR MAN,  
PROTECTS EACH LIVING THING,  
THAT WALKS UPON THE PATH OF TRUTH  
RIGHT CONDUCT AND OF LOVE.  
DHARMA HURTS ALL WHO MAKE IT FALL,  
BUT HELPS THOSE STRONG ENOUGH  
TO UPHOLD FORMS OF DHARMA TRUE  
WHICH ALL COME FROM THE HEART.  
KNOW IF HARSH WORDS OR SWORDS ARE USED  
THEY ALSO MIGHT BE PART  
OF DHARMA, IF THEY'RE USED FOR TRUTH  
TO HELP IN LOVE, FOR GOOD,  
TO SHOW PAST -- PRESENT -- FUTURE -- FAULTS,  
WHICH A PURE HEART SHOULD.

MERGE PRESENT WITH FUTURE AND PAST  
KNOW ATMA IS IN ALL,  
THE HEART'S THE HOME OF AWARENESS  
WHERE YUGAS\* RISE AND FALL.  
SO READ GOOD BOOKS, LIKE THE VEDAS,  
THE BIBLE, AND KORAN,  
RAMAYANA, AND GITA,  
THEN YOUR LIFE WILL BE CALM.  
DON'T BE A PART-TIME YOGI, FRIEND,  
JUST BE ONE ALL THE TIME!  
DON'T LEAVE GOODNESS BEHIND AT HOME  
AS THROUGH EACH DAY YOU CLIMB.  
HAVE FAITH IN DHARMA, GOD, YOUR HEART,  
THEN LIVE BY DHARMIC RULES.  
THAT IS THE WAY TO OVERCOME  
THE IGNORANCE OF FOOLS.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

\*The span of life of the universe is one Kalpa (4,320,000,000 earth years); each Kalpa is divided into 1,000 Epochs (Chaturyugas); each Chaturyuga is made up of four yugas or ages: Sathyayuga, Tretayuga, Dwaparayuga, and Kaliyuga.

***STEP 22***

"I'VE SEARCHED FOR MAN'S TRUE SPIRIT SELF,  
THROUGH PLACE AND SPACE AND TIME,  
BUT ONLY LOOKING AT MAN'S FORM  
I CAN'T SEE THE DIVINE."  
DON'T BE DECEIVED BY FORMS OF MAN,  
OR BY HIS NAME OR FAME,  
IMPORTANT ARE HIS ATTRIBUTES,  
HIS WISDOM WHICH CAN CLAIM,  
MAN'S HERITAGE OF DIVINE LOVE,  
THAT'S ALWAYS BEEN HIS OWN,  
BY MEDITATION ON SOHUM  
BLISS CAN BE MAN'S NEW HOME.  
TODAY THE ACT OF MEDITATION  
HAS BEEN MISCONSTRUED,  
AS MEANING ANY FOCUSED THOUGHT  
WHEN CONSTANTLY RENEWED.  
YOU THINK IT'S MEDITATION  
WHEN YOU SIT AND CONCENTRATE;  
BUT THAT WILL LEAD YOU NOWHERE FAST,  
SENSES CONTROL THAT STATE.  
MEDITATION'S THE PROCESS  
BY WHICH YOU MERGE IN GOD  
THAM--THAT--ASI MEANS "THIS IS THAT,"  
IT MEANS GURU IS GOD;  
AND YOU ARE HIS DISCIPLE 'TILL  
YOU UNDERSTAND COMPLETE  
AND IN DEEP SILENCE MERGE WITH HIM,  
BY SITTING AT HIS FEET.  
UNTIL YOU FINALLY REALIZE  
THAT, THIS IS THAT, IS ONE --

THROUGH REPETITION OF GOD'S NAMES  
OR SOHUM IT IS DONE;  
AS WELL AS PICTURING ONE FORM  
OF OMNIPRESENTNESS  
SAI BABA, CHRIST, RAMA, KRISHNA,  
OR SIMPLY THE FORMLESS.  
BY PUTTING OM EACH TIME BEFORE  
THE NAME THAT YOU REPEAT  
WITH SLOW AND STEADY FLOW OF BREATH  
AWARENESS WILL SINK DEEP.  
THIS WAY YOU'LL SLOWLY CLEANSE YOUR HEART  
THE MIRROR OF YOUR MIND.  
UNTIL THE TRUE NATURE OF MAN  
CAN SHINE FORTH FROM BEHIND.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 23***

WHY DO RENUNCIATES OR MONKS  
WISH FOR NO FUTURE BIRTH?  
THIS SHOWS THEY HAVE NO WISDOM YET  
THEY'RE STILL TIED TO THE EARTH.  
BIRTH IS RESULT OF DIVINE WISH,  
SO DON'T YOU TRY TO DIE,  
INSTEAD JUST BECOME ONE WITH GOD  
AND SEE THROUGH MAYA'S LIE.  
ONCE UNDERSTOOD IN WISDOM'S LIGHT  
NOTHING WILL MATTER, FRIEND,  
YOU WILL BE SO IMMERSED IN LOVE  
WHICH HAS NO START OR END.  
YOU'LL REALIZE THAT ALL IS LOVE,  
ALL SERVICE IS THE SAME,  
HOW COULD IT EVER MATTER THEN  
TO WEAR A FORM AND NAME?  
TRUE WISDOM KNOWS NO DIFFERENCE,  
IT'S FREED FROM EVERYTHING.  
DUALITY IS JUST A GAME,  
SO PLAY IT WELL AND WIN.  
LOOK AT YOUR MOTHER WHO JUST DIED,  
YOU CRY, "SHE'S GONE AWAY."  
BUT HER BODY LIES IN FRONT OF YOU,  
SO WHAT HAS GONE TODAY?  
THE THING CALLED LIFE, THE SPARK OF GOD,  
THE ATMA, OR THE SOUL.  
THE BODY YOU'VE CALLED "MOTHER, DEAR"  
IT'S STILL THERE DEAD AND COLD.

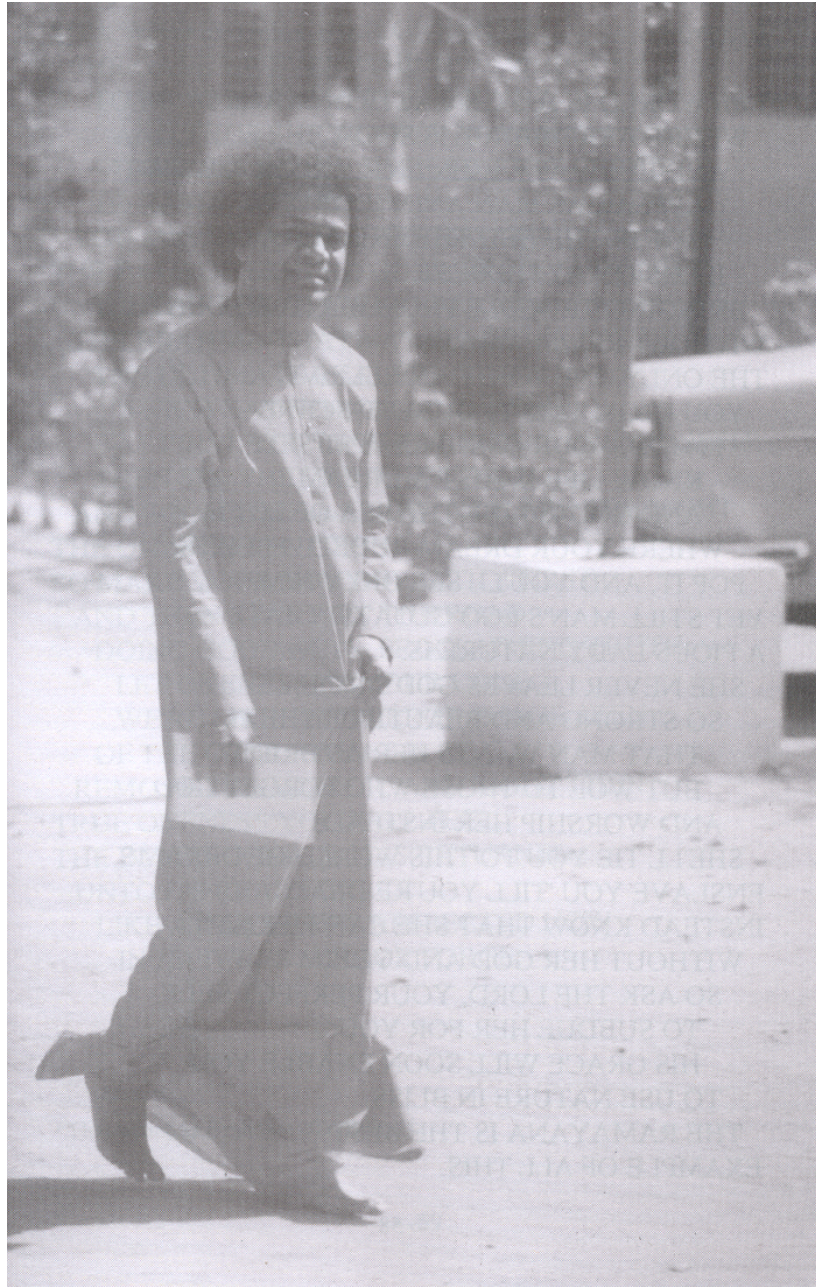
INDULGE YOURSELF IN ALL GOOD WORKS  
WITH MIND AND BODY NOW,  
THIS WILL IMPROVE YOUR QUALITIES  
YOUR SUBTLE STATE SOMEHOW.  
YOU'LL SLIGHTLY CHANGE AND THEN EXPAND  
YOUR CAUSAL BODY SOON,  
WHICH WILL EXPOSE DUALITY  
'TILL DIVINE LOVE HAS ROOM.  
THE OCEAN OR THE BASIC SOURCE  
OF LIFE AND WATER CLEAR,  
THE SUN RAYS OR INTELLIGENCE  
MAKE VAPORS CALLED IDEA;  
THEN TURNS THEM INTO CLOUDS OF TRUTH,  
TO RAIN AS DROPS OF LOVE,  
WHICH JOIN TO MAKE A RIVER FULL  
OF BLISS AND DIVINE LOVE.  
THIS RIVER THEN FLOWS BACK TO SEA  
AS WATER, SWEET AND COOL,  
CALLED WISDOM OF EXPERIENCE  
YOUR LIFE'S ESSENTIAL TOOL.  
STRAIGHT SALT WATER FROM THE SEA  
IS LIKE KNOWLEDGE OBTAINED  
BY ONLY READING HOLY BOOKS  
WITHOUT YOU HAVING GAINED  
THE WISDOM OF EXPERIENCE  
THAT COMES FROM LOVE AND TRUTH.  
FIND IT! THEN BACK AGAIN YOU'LL MERGE  
IN GOD, THE SEA OF TRUTH.  
BOOK KNOWLEDGE IS AN ALLERGY



WHICH IRRITATES YOUR MIND,  
EXPERIENCE IS ENERGY  
.THAT CURES YOUR BEING BLIND.  
RADHA\*, DEVOTION, IS THE ACT  
SURRENDER THAT'S COMPLETE,  
FOR RADHA GAVE HER KRISHNA ALL,  
SHE LAID ALL AT HIS FEET.  
GOD NEVER SEES DISTINCTION 'TWEEN  
A WOMAN OR A MAN,  
SURRENDER TOTALLY TO HIM,  
THEN HE WILL TAKE YOUR HAND.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

\*Devoted wife of Lord Krishna



***STEP 24***

THE WORLD IS JUST AN ACTION STAGE  
WHERE ARROGANCE IS SHOW,  
AND LUST, ATTACHMENT, ANGER, GREED,  
APPEAR AS MAN AND GROW.  
BUT IN THE END THEY'RE ALL A LIE,  
ILLUSION AT ITS BEST,  
BRINGING TROUBLE FROM BIRTH TO DEATH  
WITHOUT RELIEF OR REST.  
THE ONLY ONE WHO CAN RELIEVE  
YOU FROM THIS TROUBLED SCENE  
IS GOD, YOUR OMNIPRESENT SELF,  
KNOW LIFE IS JUST A DREAM.  
AND GOD IS LIKE THE SEA OF LOVE,  
WHERE YOUR DREAM BUBBLE FLOATS,  
POP IT, AND YOU'LL SEE ONLY HIM,  
YET STILL MAN'S EGO GLOATS!  
A PIOUS LADY NATURE IS,  
SHE NEVER LEAVES GOD'S SIDE,  
SO STRONG AND BEAUTIFUL SHE IS  
THAT MAN WANTS HER AS BRIDE.  
BUT WOE TO THOSE WHO FORGET GOD  
AND WORSHIP HER INSTEAD;  
SHE'LL TIE YOU TO THIS WORLD OF DREAMS,  
ENSLAVE YOU 'TILL YOU'RE DEAD.  
INSTEAD KNOW THAT SHE CAN'T EXIST  
WITHOUT HER GOD AND YOU,  
SO ASK THE LORD, YOUR PERFECT SELF,  
TO SUBDUE HER FOR YOU.  
HIS GRACE WILL SOON ENABLE YOU  
TO USE NATURE IN BLISS,

THE RAMAYANA IS THE BEST  
EXAMPLE OF ALL THIS.  
SITA WHO IS THE CHILD OF EARTH  
SHE GAVE UP EVERYTHING,  
TO BE WITH RAMA IN EXILE,  
AND THUS SHE STAYED NEAR HIM.  
IT MEANS IF YOU WISH TO STAY CLOSE  
TO RAMA, WHO IS GOD,  
YOU MUST GIVE ALL DESIRES UP,  
THE PATH OF TRUTH YOU'LL TROD,  
UNTIL YOU REACH THE FINAL GOAL,  
THE BRAHMA-THATWA\* STAGE,  
THE ULTIMATE REALITY  
WHICH HAS NO FORM, NO CAGE.  
AT FIRST YOU'LL KNOW YOU'RE IN THE LIGHT  
THEN SEE THE LIGHT'S IN YOU,  
AND SOON YOU'LL KNOW, YOU ARE THE LIGHT,  
THE OMNIPRESENT YOU!  
SO MAKE YOUR BODY HEALTHY FIRST  
AND THEN START ON THE ROAD  
DOING GOOD ACTS, PROCLAIMING TRUTH,  
LET ONENESS BE YOUR CODE.  
WE'RE LIKE THE MIRROR IMAGE SEEN  
OF THE OBJECT THAT IS REAL,  
REMOVE THE MIRROR, AND RIGHT THEN  
TRUE ONENESS YOU WILL FEEL.  
THE IMAGE GONE, IT HAS RETURNED  
UNTO ITS REAL SOURCE --  
LIKE ATMA THAT'S REFLECTED NOW  
IN NATURES MIRROR FORCE.

\*That which is Brahman (God) itself.

WHAT CAN YOU EVER TAKE WITH YOU  
WHEN YOU DEPART FROM HERE?  
NOTHING THAT YOU OWN IN THIS WORLD  
CAN GO WITH YOU, I FEAR.  
WHAT MATTERS IS WHAT'S LEFT BEHIND  
AS YOUR IMMORTAL DEED,  
SACRED IDEALS AND GOOD IDEAS  
THAT HELP FILL SOMEONE'S NEED.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 25***

IF YOU DON'T KNOW ATMA OR GOD  
YOU DON'T KNOW ANYTHING,  
    BUT IF YOUR KNOWLEDGE IS JUST GOD,  
    THEN YOU'LL KNOW EVERYTHING.  
    WHEN ONLY ONENESS IS PERCEIVED  
    AND PRACTICED EVERY DAY,  
CAN YOU SAY YOU KNOW GOD IN TRUTH,  
AND LET HIM LIGHT YOUR WAY.  
IF YOU FIND YOURSELF AMIDST TEN MEN  
THEN YOU SHOULD BE A MAN.  
    BUT WHEN YOU ARE WITH TEN WOMEN,  
    AS WOMAN YOU SHOULD STAND.  
    AND IF YOU PLAY WITH TEN CHILDREN  
    A CHILD THEN YOU SHOULD BE,  
BUT THEN, WHEN YOU ARE ALL ALONE,  
BE PARAM BRAHMA\* -- FREE.  
MAN'S MIND IS LIKE A SHREW AT BEST,  
BUT YOU MUST HOLD HER FAST,  
    AND NOT INDULGE AND WANDER TO  
    WORLDLY IDEAS OR PAST.  
    THAT'S HOW MAN DEFEATS HIMSELF,  
    IS SOON HUMILIATED,  
THROUGH SENSE DESIRE OF PLEASURE  
MAN IS ANNIHILATED.  
COMBING YOUR HAIR, PAINTING YOUR FACE,  
YOU WASTE THOSE PRECIOUS HOURS,  
    AND STILL YOU CAN'T SPARE FIVE MINUTE'S  
    TO PLUCK LIFE'S GREATEST FLOWERS,

\*Absolute God.

LIKE SINGING, CHANTING DIVINE NAMES  
IN SILENT MEDITATION,  
DOING GOOD WORKS FOR EVERYONE,  
OR SIT IN CONTEMPLATION.  
THE INGREDIENT THAT'S NEEDED NOW  
CALLED OLD, NEW, STRANGE OR ODD  
IS THE INTENSE DESIRE OF  
JUST BEING ONE WITH GOD.  
NINE\* DOORS HAS YOUR EARTH BODY CAGE,  
INSIDE IT YOU RESIDE,  
THE FORMLESS ONE, CALLED CONSCIOUSNESS,  
WHO TOOK MAYA AS BRIDE.  
THEY HAD A SON WHOM WE CALL MIND,  
HE FOLLOWS MOTHER'S WAYS,  
FORGETTING FATHER ALL ALONG,  
WHILE CHASING THROUGH LIFE'S MAZE.  
THIS BLIND SON, MIND, HE TOOK TWO WIVES,  
BUT ONE HE LIKES THE BEST,  
SHE IS THE FIRST CALLED WORLDLINESS  
SHE NEVER LETS MIND REST.  
MATTERS CONCERNING SPIRIT LIFE,  
THAT IS MIND'S SECOND WIFE.  
SOON MANY CHILDREN HAS THE FIRST,  
THE SECOND ONLY FIVE.  
LOVE AND TRUTH, RIGHT CONDUCT, PEACE,  
WITH BROTHER GENTLENESS,  
BUT THE BROOD OF ALL BAD QUALITIES  
ARE BORN OF WORLDLINESS.

\*Nine openings of the body.

THEY SYMBOLIZE THE BAD AND GOOD  
QUALITIES OF EACH MIND,  
WHO FIGHT FOR KINGDOM OF THE HEART,  
THEIR STORY YOU CAN FIND  
WRITTEN IN MAHABHARATHA,  
FOR EVERYONE TO READ.  
AND IN THE GITA, KRISHNA TAUGHT  
HOW EACH MAN CAN BE FREED.  
TWO POISON FANGS YOU HAVE TO PULL  
OUT OF YOUR COBRA MIND,  
THEY'RE CALLED ATTACHMENT AND EGO,  
THEN PEACE OF MIND YOU'LL FIND.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART,  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



***STEP 26***

THE PATH OF DHARMA, DUTY (WORK),  
IS LIKE GOING ON FOOT,  
BHAKTI, DEVOTION IS JUST LIKE  
DRIVING A CART OF WOOD.  
BUT JNANA IS THE SWIFT AIRPLANE  
CALLED WISDOM THE MOST HIGH,  
WHILE YOGA IS THE STEAMSHIP WAY  
WHICH ALWAYS GETS YOU BY.  
BEFORE YOU START ON ANYTHING  
DEVELOP TRUE AFFECTION,  
'CAUSE WITHOUT FAITH AND LOVE, YOU WILL  
NOT REACH YOUR PERFECTION.  
THESE THINGS THE GITA SAYS YOU'LL GAIN  
BY DEEP INQUIRY.  
SO USE THESE THINGS, PUT THEM TO WORK,  
SURRENDER ALL, BE FREE.  
KNOW LOVE IS CALLED THE COMMON THREAD,  
AND THAT IS WHAT YOU'LL NEED,  
TO VENTURE CLOSE AND MERGE WITH GOD,  
THROUGH LOVE ALL WILL BE FREED.  
SURRENDER EVERYTHING, BUT FIRST  
LEARN PERFECT SELF CONTROL.  
THEN GIVING UP WILL BE A JOKE,  
TO YOU, ETERNAL SOUL.

SELF-CONFIDENCE, WILL GUIDE YOU TO  
SELF-SATISFACTION SOON,  
SELF-SACRIFICE WILL BRING ABOUT  
REALIZATION'S BOON.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

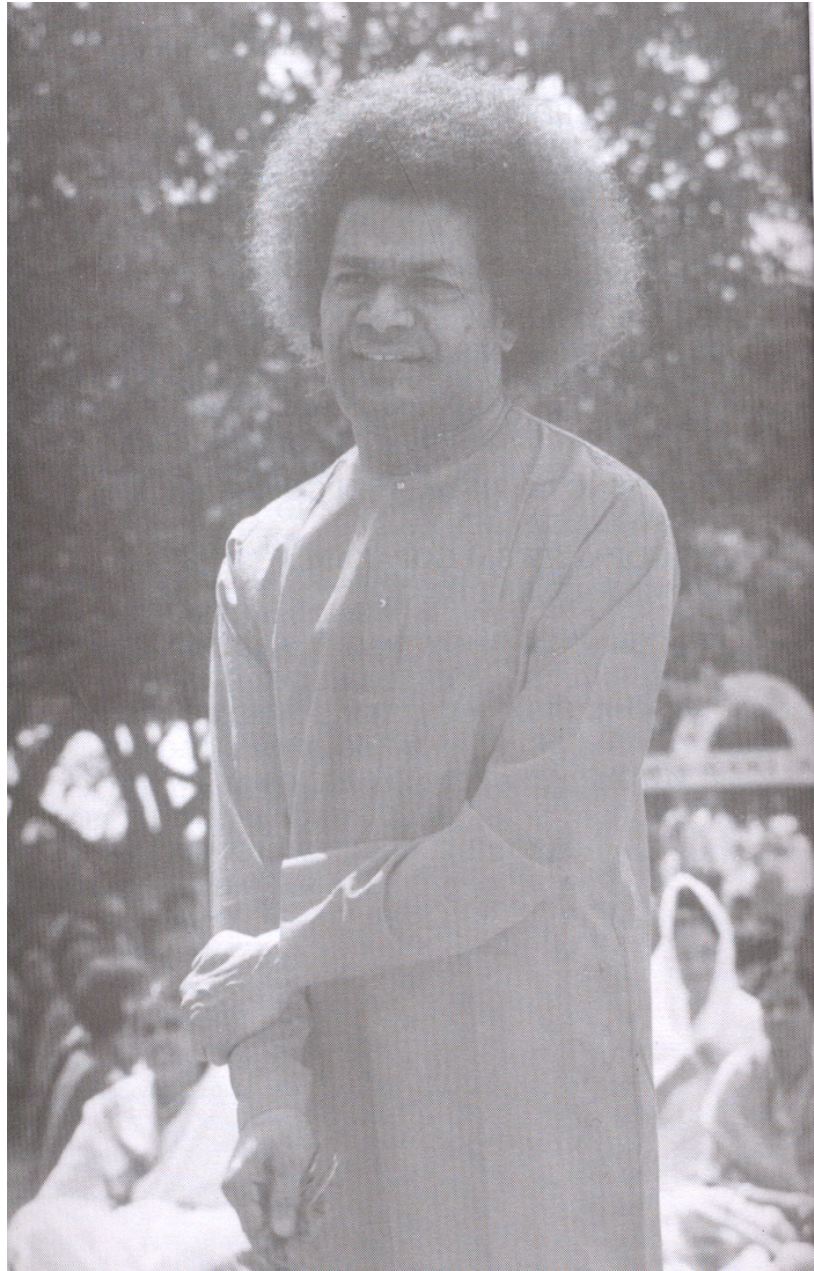
***STEP 27***

OH, SING THE 1,000 NAMES OF GOD  
THE GITA CONTAINS ALL,  
KEEP SATSANG WITH GOOD COMPANY  
THEN YOUR GOODNESS WON'T FALL.  
GIVE PORTIONS OF YOUR WEALTH AWAY  
TO NEEDY AND THE POOR,  
TO FOLKS DESERVING CHARITY,  
THAT WAY YOU CAN BE SURE.  
RESPECT, PATIENCE, TRUTH, GENTLENESS,  
THEY MAKE GOOD COMPANY,  
SO FILL YOUR HEART WITH PREMA, LOVE,  
THEN THAT WAY THERE WILL BE  
THE PURITY OF MIND IN YOU  
WHICH WILL REFLECT GOD'S FACE  
TO YOU INSIDE YOUR SHINING HEART,  
HIS ONE ETERNAL PLACE.  
TO EARN THE GRACE THAT YOU WILL NEED  
TO FIND AND TOUCH THE SKY  
THROUGH GITA, CALLED THE SONG OF GOD,  
ALSO THE SONG OF SAI,  
THE WAYS TO GOD ARE CLEARLY SHOWN  
BY KRISHNA, LORD GOPAL,  
ALL JIVAS\* KNOW HIM AS THE LORD,  
THE ONE GOD OVER ALL.

\*The individual soul.

THE REASON FOR GOD'S THOUSAND NAMES  
IS ONLY TO TELL YOU,  
NO ONE SHOULD BE OFFENDED 'CAUSE  
ALL OF HIS NAMES ARE TRUE.  
HE'S OMNIPRESENT, ABSOLUTE,  
HE HAS NO FORM, NO NAME.  
NAMES ARE FOR YOUR CONVENIENCE,  
ALL FORMS ARE JUST HIS GAME.  
THE TRUE VISION OF GOD SUPREME  
CAN NEVER BE DESCRIBED.  
HE'S ALL AND ALL'S WITHIN HIMSELF,  
IT MUST BE REALIZED.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***



**STEP 28**

HEY, TROUBLED ONE, WHERE ARE YOUR FRIENDS?  
WHAT HAPPENED TO THEM ALL?  
I SEE, YOU FOUND OUT YOU HAVE NONE,  
NO ONE ANSWERED YOUR CALL.  
SACRED FRIENDSHIPS SEEM TO BE LOST;  
TODAY'S FRIENDSHIPS ARE BASED  
ON MONEY, FAME, POSITION, WEALTH,  
AND TURN OUT AS TWO-FACED.  
FRIENDSHIP MUST FLOW FROM HEART TO HEART,  
BASED ON TRUTH ALL THE TIME,  
HELPING THROUGH TROUBLED TIMES OR JOY,  
WITHOUT "THAT'S YOURS, THAT'S MINE."  
THE TREASURE OF FEELING DEEP LOVE  
FROM DEEP WITHIN YOUR HEART,  
THE CORNERSTONE OF TRUE FRIENDSHIP  
FROM ATMA IT MUST START.  
THREE TYPES OF FRIENDS YOU HAVE IN LIFE,  
BUT ONLY ONE IS REAL,  
'CAUSE WHEN YOU DIE THERE IS A COURT  
HELD BY YOUR OWN APPEAL;  
YOUR FRIEND WEALTH WILL STAY AT HOME  
HE WON'T STAND GOOD FOR YOU,  
ALL YOUR RELATIONS ONLY STAY  
'TILL THE BURIAL IS THROUGH.  
THEY, TOO, GO HOME AND LEAVE YOU THEN,  
ONLY ONE FRIEND WILL STAY  
YOUR GOOD DEEDS, WILL BE THERE WITH YOU  
AND STAND BY YOU THAT DAY.  
AS WITNESS TO YOUR LIFE THEY'LL STAND  
WHEN YOU DEPART THIS EARTH,

ALWAYS ACCOMPANY YOUR SOUL,  
EVEN TO YOUR REBIRTH.  
SO BASE FRIENDSHIPS ACCORDINGLY,  
LET LOVE GUIDE YOU IN THIS,  
FOR GOD IS LOVE, AND LOVE IS GOD,  
THEN YOUR DEEDS WILL EARN BLISS.  
GOD IS YOUR ONLY SACRED FRIEND,  
HE'LL NEVER LEAVE YOUR SIDE,  
SO CLING TO HIM, THROUGH THICK AND THIN,  
ON HIS BLISS LEARN TO RIDE.  
START RIGHT NOW WHILE YOU'RE STILL YOUNG,  
LET NO ONE STOP YOU FROM  
LOVING AND SERVING GOD, YOUR SELF,  
BE HAPPY, SING THIS SONG.

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

***STEP 29***

IF YOU CAN HAVE UNWAVERING ,  
STRONG, STEADY LOVE DEVOTION  
AND FREE THE SHACKLES FROM YOURSELF  
OF FAMILY RELATION,  
AND IF YOUR WAYWARD SENSE ORGANS  
CAN BE CONTROLLED BY YOU,  
AND ALL THE FACULTIES OF MIND  
CALL ATMA IT'S GURU.  
THEN YOU CAN ALSO SEE THE LORD,  
WHO RESIDES WITHIN YOUR HEART,  
AND WITH HIM AS SADGURUJI  
DESIRES WILL DEPART.  
"GU" MEANS DARKNESS, IGNORANCE,  
"RU," THE REMOVAL OF,  
SO, GURU REMOVES DARKNESS, FRIEND,  
AND LIGHTS YOUR PATH TO LOVE.  
"GU" ALSO MEANS TO BE ABOVE  
ALL ATTRIBUTES, AND "RU,"  
IT MEANS TO HAVE NO FORM AT ALL,  
ONLY GOD FITS THESE TWO.  
STILL THERE IS ONE MORE MEANING HERE  
GURU MEANS HEAVY WEIGHT  
A BURDEN TO THE WORLD AND YOU,  
MONEY WILL BE HIS TRAIT.  
YOUR SADGURU, THE LORD IN YOU,  
THE LIGHT INSIDE YOUR HEART,  
OR GURUS WHO SHOW YOU THE TRUTH  
AND OPEN UP YOUR HEART  
THEY ARE THE ONLY ONES WORTHWHILE,  
WITH THEM YOU'LL REACH THE GOAL



EARTH, FIRE, WATER, AIR, AND SKY,  
PAST ALL, THERE IS THE SOUL.  
IN DARKNESS NOW, YOU'RE SO AFRAID  
AND THINK OF GOD MUCH MORE,  
SO IF YOU'RE FEELING BLIND RIGHT NOW  
KNOW HOW TO CHANGE THE SCORE.  
RIGHT NOW THE LANTERN OF YOUR HEART,  
HAS SOAKED THE WICK CALLED MIND  
IN WATERS OF THE SENSES WHERE  
DESIRES LEAVE YOU BLIND.  
THE LAMP OF WISDOM CAN NOT LIGHT  
'TILL DESIRE IS ALL DONE,  
SO POUR DESIRE'S WATER OUT,  
DRY YOUR MIND IN THE SUN.  
RENUNCIATION IS THIS SUN  
NOW ADD A SACRED POTION --  
THE OIL IS CALLED THE NAME OF GOD  
THIS OIL WE CALL DEVOTION .....

POUR IT INTO THE LAMP, YOUR HEART,  
LIGHT IT WITH LOVE, THE FIRE,  
THEN SOON THE LIGHT OF WISDOM WILL  
LEAD EVERYONE MUCH HIGHER!

**\*\*\* SING GOVINDAM SAI GOVINDAM  
INDWELLER OF MY ART.  
OM GOPALAM SAI GOPALAM  
OM OMNIPRESENT HEART \*\*\***

**\*\*\* OM SAI RAM \*\*\***



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## ॐ INFORMATION SHEET ॐ

Dear Atmoself, please be aware that, with Divine Grace, we are constantly working on lowering these prices as the initial costs are recuperated. That is the reason why some prices might appear different now and then.

### **BOOKS**

1. TEN STEPS TO KESAVA - written Book - Adventures of Lightstorm with Sai Baba from 1968 on, with pictures. / 1995 (Reprint) \$ 9.00
2. SONGBIRD - written Book - some of Kalassu's personal spiritual lessons & experiences with Swami. Be real, expose it, express it, live it, follow your heart! / 1996 (Reprint) \$ 5.00
3. STEPPINGSTONES - written Book - an uplifting book which steadily guides the reader towards the 'True Self' & more personal experiences / fall 1998 (Reprint) \$ 7.00
4. THE L.A.D.D.E.R. - written book - An Epic poem/song reflecting 29 discourses from the 1973 summer course of Indian Culture and Spirituality. / 1998 (Reprint) \$ 5.00
5. ALEX the DOLPHIN - Fairy tale for young & old reflecting Divine teachings. Adventures of a dolphin's quest for Self-Realization. / 1995. (Reprint) \$ 5.00
6. BOOK OF SONGS - written book - with Lightstorm song lyrics and with simple chord patterns for guitar or piano. /2000 \$ 6.00
7. PICTURES FROM THE HEART - a table top book edition of 72 Sathya Sai Baba pictures (8x10's) from the early days, with Divine Leelas, stories, poems, Baba quotes and song lyrics, / November 2000 \$14.99
8. RECLAIMING YOUR DIVINITY - a book on how to re-awaken your Divine Consciousness-SELF, and some practical steps on how to control the mind. / 2005 \$ 5.00
9. The TENTH STEP - a 10 page explanation about our Divine SELF.

## *AUDIO TAPES*

ALL tapes are available on CD's (compact disc) by special order. Single disc cost \$ 9.00 Over 70 minutes is a double disc & cost is \$ 12.00

1. GOD IS LOVE - 45 minute Audio cassette. First album English bhajans/songs / 1968-73. \$ 4.00
2. GOD IS TRUTH - 45 minute Audio cassette. English bhajans/songs / 1974. \$ 4.00
3. GOD IS BLISS - 45 minute Audio cassette. English bhajans/songs / 1977-81. \$ 4.00
4. CREATION EARTH - 90 minute Audio cassette. A musical journey, which probes the ultimate mystery of Self-inquiry. / 1977. \$ 5.00
5. THE MAHABHARATA and BHAGAVAD GITA - 60 minute Audio cassette. The Divine Hindu Epic Story in a song format. / 1991 \$ 5.00
6. GOD IS! - 60 minute Audio cassette. English bhajans/songs / 1994. \$ 5.00
7. "PREMA GITA" - 60 minute Audio cassette. Story in song-form of the THREE incarnations of our SAI AVATAR, Shirdi - Sathya - Prema. / 1995. \$ 5.00
8. UNIVERSAL PRAYER - 54 minute Audio cassette of the LOKA prayer with nature sounds. "Loka Samastha Sukhino Bhavantu" / 1995 \$ 5.00
9. SAI BLUES - 60 minute Audio cassette. Enlightening blues type songs, / 1996 \$ 5.00
10. ETERNAL AUM - 60 minute Audio cassette. OM meditation by the sea / 1996 \$ 5.00
11. THE GAYATRI MANTRA - 60 minute Audio cassette. Sung by Sai Baba \$ 3.00
12. I AM GOD - 60 minute Audio cassette. Divine message "I am God, I am not different from God!" Singing, knowing & living this is the most beneficial spiritual practice we can do! Song mantra, (also in Spanish) / fall 1998 \$ 5.00
13. THE WHITE ALBUM - some of the most frequently requested songs of Lightstorm on one tape. From the 60's to the 90's, / August 1999 \$ 5.00
14. DARSHAN MUSIC by Lightstorm - background music for darshan and quiet repose, / fall 1999 \$ 5.00
15. PARAMATMA - (The Primal Source) - 60 min. - Early Swami discourse 1968-69 Swami sings. Lightstorm music & songs / 2002 \$ 5.00
16. INSTRUMENTAL JOY - (Music only) - 60 min. - Orchestrated Joyful music. / 2003 \$ 5.00

### ***AUDIO BOOKS***

1. **TEN STEPS TO KESAVA** - A 4 1/2 hour Audio Book release of the written book. Adventures of Lightstorm with Sai Baba, narrated by author. / 1995 \$ 9.00
2. **THE L.A.D.D.E.R.** - 90 minute Audio Book - An Epic song/poem reflecting 29 discourses from the 1973 summer course of Indian Culture & Spirituality. / 1998 \$ 5.00

### ***VIDEO / DVD RELEASE***

1. **MEET THE AVATAR** - A 30 minute VIDEO cassette. Your own private Darshan with Baba, in Kodaikanal. / 1985. \$ 9.00

Dear Atmaself, Brothers and Sisters of Light & Love, we want you to know that if by chance you do not have the money for any item, we will be glad to send it to you anyway, as long as funds hold out. It is all only Divine Grace, so please don't worry about it.



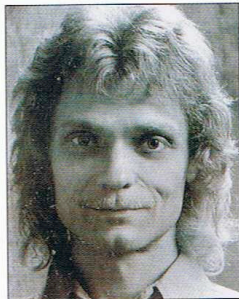
The L.A.D.D.E.R. is an epic poem and song,  
compiled from 29 discourses  
during the Summer School Course of Indian  
Culture and Spirituality in Whitefield, Indiana 1973.

We hope that you, dear Atmaself,  
enjoy the insights of all the discourses and  
cherish the Divine Truth therein.



In Divine Love and Service,

*Atma (playing as) Lightstorm*



JOHNIMA



SATHYA SAI BABA



KALASSU

*Lightstorm*