Module 2

Overview of Learning Objective 1

Cultural care navigators have gone through many terminology changes and may have been labeled as care navigators, patient liaisons, and/or healthcare advocates. In healthcare, it can be difficult to maneuver through the medical system and coordinate care that is needed for those who are diagnosed with terminal illness.

Palliative care is a specialty that provides services to lessen the burden of serious illnesses and help patients receive comfort care during their most fragile state in their lives. The combination of having a care navigator that shares in the patient’s cultural beliefs and practices becomes an important bridge to help patients who are diagnosed with a terminal illness.

It is important to incorporate culture into this care navigator role to build trust and community for vulnerable groups. Black patients will be the focus throughout this course as a vulnerable group who have endured historical medical trauma, and hardships in healthcare due to structural racism which have led to perceptions of mistrust towards healthcare professionals.

**Please take Health Equity Quiz below:**

<https://1drv.ms/w/s!As43wosVosQznHoRXSrPb-A-4DhX?e=M8KeqJ>

**Please view the following videos to review health disparities.**

* + [What Is Health Equity, and Why Does It Matter? (Full Interview) - YouTube](https://www.youtube.com/watch?v=NWNgUXyvDuo)

<https://www.youtube.com/watch?v=NWNgUXyvDuo> (33:35)

* + [Living in Disadvantaged Neighborhoods is Bad for Your Health (youtube.com)](https://www.youtube.com/watch?v=pzafgHG7EFE)

(3:38)